

So You Want To Follow Jesus?

Maybe you've been thinking you want to follow Jesus and become a Christian, but just aren't sure how to take that step. You *think* you might know what it means *to follow Jesus*, but it'd be good to get some clarity and direction – *what's next?*

Or maybe you've never thought about following Jesus...until now. But something has got you interested, you don't know what exactly, but you want to know – who is this Jesus person your Christian friends at school or uni call 'Lord and Christ'? What does *that* – *Lord and Christ* – even mean?

separated by sin

In my previous article '[A guide for LGBTQ Christian teens](#)', I talked about how much God loves each one of us. He loved the world so much that 'while we were yet sinners, Christ died for us' ([Romans 5:8](#)). You could be thinking, '*sure, that's nice, but what does it mean 'sinners'? I haven't done anything wrong*'.

Sin is not necessarily a hot button topic in our world today. You're more likely to be encouraged to '*live your truth*' than told '*you are a sinner in need of forgiveness*'. If we do stop to think about sin, we probably tend to view it as *really bad things*, like *murder* or *hating on someone* or *lying*. Most of us would probably think of ourselves as *pretty good people*, but the truth is, when compared alongside a completely holy God, we all fall far short of His standard of 'good'.

Sin is not just about specific actions; it also refers to a broken relationship with God and a tendency to stray from His holiness. The reality is that you are separated from God because of your sin, no matter how small or insignificant it might seem.

The Bible describes our situation as being like slaves.

Although humans were created to rule over this world and all the creatures that live in it wisely and well, as God's image-bearers, we gave that up in the Garden of Eden to give our allegiance to someone other than God. We allowed ourselves to be mastered by sin and so became its slaves (2 Peter 2:19).

No doubt this resonates with your own life experiences. Even when you've wanted to do the right thing or tell the truth, we often don't make the right choice in the moment. You've probably done things or made decisions that you now regret but it seemed impossible at the time to choose differently.

But the good news is that God didn't want to leave humanity in a state of brokenness and separation from him. He wanted to fix up the issue of sin, to make a way for us to be forgiven for our mistakes, and to show us the way to live in right relationship with Him.

He sent Jesus to save us, to redirect our lives towards His good and abundant way of living, and to help us see that our true reality, who we *really are*, is *one beloved of God*, intended for glory and greatness.

Lord + Christ

God sent His Son Jesus into the world "not to condemn its people but to save them! Everyone who has faith in him will have eternal life and never really die." (John 3:16-17, CEV).

Being saved involves *having faith* in Jesus. So the logical next question is, *who is Jesus?* Who *is* this person that I would put my faith in him? What does it even mean to *put my faith in Jesus?* Great questions!

The best place to start* to learn about who Jesus was is in the New Testament with the gospels of Matthew, Mark, Luke, and John.

The gospels provide an account of the life, teachings, death,

and resurrection of Jesus Christ, and are foundational texts for understanding His ministry and message. In them, you'll read many amazing stories of what Jesus did, the miracles he performed, who he said he was, the reason why he came, and, finally, the almost unbelievable account of his resurrection from the dead, which validated Jesus' divine identity and his claim to be the Son of God.

The gospel of John comments that *"these [things about Jesus] are written that you may believe that Jesus is the Messiah, the Son of God, and that by believing you may have life in his name."*

(If you haven't read the gospels for yourself, why not take some time over the next few weeks to read through what they say about Jesus...)

The book of Romans, written by the Apostle Paul, says that "this is the very message about faith we preach: If you openly declare that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved." Romans 10:9

He's telling us that *having faith in Jesus* means believing that Jesus is the one that God sent to save us from our sins (*Christ* or *Messiah*, means 'anointed one' (Isaiah 61:1), that Jesus is Lord and therefore has rightful authority over our life, and that he really is the Son of God, as proven by his resurrection from the dead.

The gospels therefore offer both an invitation and a challenge. Do you accept that you need forgiveness, that you are separated from being in right relationship with God? Do you believe Jesus is the one sent into the world to offer that forgiveness and restore you to God? Do you believe that his claim to be the Son of God is true and that he really did rise again from the dead? Do you believe he is Lord of all, just as capable now, as then, of commanding the winds and waves, and will you trust him with the direction of your life?

If the answer is yes to all of these, then *this* is what it means to follow Jesus! This is what it means to be a Christian.

disciples not decisions

Every Christian's life starts at a certain point, with a decision, but that one decision alone is not enough. Following Jesus is a life marked by *discipleship*, which is really just the process of learning to be like Jesus more and more each day. That's a topic I intend to talk more about in a later article.

But following Jesus *does* start with *having faith*: confessing that Jesus is Lord, and believing that God raised him from the dead.

So if this is you, if you find yourself fully convinced about who Jesus is and what he came to do, and that he truly was the Son of God, whom God raised to life again, the Bible says that as soon as you realise this, you should declare your faith publicly by being *baptised* – fully immersed in water.

Baptism is God's arrangement for a person to gain a clean conscience based *on their faith* in the work of Jesus Christ. I'll be talking a bit more about that in my next article in this series (Letters To My Kids) so look out for that soon, but if you'd like to chat about baptism in the meantime, I'd love to hear from you!

Let me know your thoughts on this topic (you can message me publicly or privately here or on my socials), or any questions you'd like answers to on this topic (or anything else) in upcoming articles!

“And now what are you waiting for? Get up, be baptised, and wash your sins away, calling on his name.” – Acts 22:16

* the gospels aren't the only place we read about Jesus. Both the Old Testament and New Testament have a great deal to say about Jesus and who he was! In fact, the promise of Jesus is found in the very first book of the Bible, Genesis. [Here are 55 Old Testament prophecies](#) about Jesus, covering his birth, ministry, death and resurrection, and role in the church.

A Guide For LGBTQ+ Christian Teens

Are you a Christian teen struggling with or feeling confused by LGBTQ+ and gender identity issues? Then this is a conversation we need to have...

First of all, know this. You are loved.

The God of all the Universe, the One in whose image you're made loves *you*. He knows you; your innermost fears, your deepest insecurities, and your hopes and dreams for the future. He has counted every hair on your head.

This is the same God who can count the stars by name, who has caused worlds to come into being, and who has decided that no two snowflakes should be the same.

This God is interested in *knowing* and *being known* by you.

There's a beautiful little verse in the gospel of Matthew that tells us just how much God cares for us. In Matthew 6, Jesus says to the listening crowds:

"Look at the birds in the sky! They don't plant or harvest. They don't even store grain in barns. Yet your Father in heaven takes care of them. Aren't you worth much more than birds?" | Matthew 6:26 CEV

God cares *for* us and He cares *about* us.

You are of infinite worth to God.

Know this too, He is not astonished by your mistakes. He's not surprised by your fears or doubts and He isn't shocked by the things you've done wrong. There's nothing you've done that He hasn't already seen coming, that He hasn't accounted for, or that He hasn't already prepared a way through. Your best moments and your worst moments are all known to him.

In fact, he knows exactly how it feels to be human because His Son Jesus became human, just like us. He experienced all that we do; the pressure to conform, the criticism of peers, the rejection of friends, the pull of temptation, the pain of betrayal. He knows and he understands.

You are not alone.

You Might Be Wondering...

Why am I here? What on earth is the point of humanity?

This is a great question and it's really one of life's most basic questions: what is the purpose of human existence?

Well, we're all here for a reason and it starts with God.

God has a plan. I know it sounds a bit cliched but, He really does.

He intends to fill the earth with His glory, with all the amazing attributes and characteristics of Who He is; love, kindness, justice, peace, holiness, beauty... Basically, a perfect, incredible, amazing space, probably better than anything we can really get our heads around! And humanity was created to be a part of this plan; not just as a minor detail but as major character.

Humanity was created to rule over this world and all the

creatures that live in it wisely and well, as God's image-bearers. Being an image bearer of God means that when you look at a person, you see God. And, in a collective sense, when you look at humanity, you see God. You see His character, His values, His glory, His holiness; everything about Him. He's the king of everything and we get to represent Him in this good, good world!

Part of this plan specifically involved the creation of male and female, [a gender binary](#) that many people today are rejecting. Yet this is exactly how God designed humanity, it is a foundational part of each of our identities, and, collectively, it's how humanity reflects the completeness of God's image. When men and women (male and female) come together in one, extraordinary collective, we are the complete image of all that God Himself is. Isn't that incredible?

LGBTQ+, The Gender Binary + More...

You might be struggling with the idea of [a gender binary of male and female](#). You may feel at odds with your body; unhappy or discomforted by your physical appearance, or challenged by how your body is changing, without your 'agreement' or 'permission'. You might be surprised at what you look like or sound like, or maybe at how differently people start to treat you. You might feel like you don't even recognise yourself when you look in the mirror.

All this is normal, and ok, *and you will be ok.*

You are transitioning, *as you have been designed to do*, from a child to an adult to becoming a functional and fully-formed man or woman. This is one of life's great crossings, a time of new discovery and development, but also of great upheaval and emotional angst, and it can be a really tough space.

It's ok to feel a bit out of your depth, super cranky with your parents or siblings, or all jumbled up and unsure of

who.you.really.are.

Think about this for a minute; when a caterpillar changes into a butterfly, it's totally mushed up, taken apart, and reorganised into the beautiful insect that finally emerges. It shouldn't really surprise us that moving from young, dependent children to fully independent adults can feel a bit like this process.

You will feel *a lot of feels*. And while our feelings are real, and they often provide important signals about what is going on in our world, we need to know that *they're not always reliable*. Feelings *alone* are not adequate markers of what might be true.

So it's really important to not rely on *our feelings alone* but to take other things into account as well. These might be things like wise guidance or advice from people we know and trust, and who we know love us, applying a healthy dose of critical thinking to our decision-making and the values we want for our life, and, most importantly, the truths found in God's word and what He has to say about us.

It's really important, particularly during times of transition and change, to remind yourself that you are deeply known and loved by God, even when you feel like you don't know yourself. You have been created with intention and purpose, and God has a hope and a future planned for you. He has taken care of you and he will continue to take care of you, through your good times and (especially) in your bad times. You can take anything to Him and you can ask Him for guidance and help, through prayer and through reading His word. You can trust Him.

Remind yourself, if you are a female, that you have been gifted with unique and diverse qualities, specific to your sex. This is intentional, beautiful, and life-affirming. You are on your way to becoming a woman, with all the inherent and

amazing attributes that God has designed for you. It might feel a little scary, a lot unknown, but you can trust that God knows what He's doing.

If you are a male, remind yourself that you have been gifted with unique and diverse qualities, specific to your sex. This is intentional, incredible, and life-affirming. You're becoming a man, with the opportunity to contribute your incredible characteristics and attributes to the purpose of God, as He has intended for you. You might feel overwhelmed, and more than a bit nervous but you, too, can trust that God knows what He's doing.

(And, just a little note here: one gender isn't better than the other, and neither is complete without the other. We need both men and women to truly image God in this world, as He intended!)

"It is out of the diversity and distinctive separateness of male and female that we humans are called to not only reflect the image and likeness of God, but we also represent God in the stewardship of His good and wonderful creation." (Genesis 1:28-29). | [Focus On The Family](#)

Let's Talk About Sex

You, or somebody you know, might be baffled by a (sudden and new) attraction to someone of the same sex, attraction to people of both sexes, or maybe just confused and overwhelmed by sexuality in general. This is often new and surprising territory for us all when we arrive here.

I want you to know that it's normal to feel these struggles and perhaps even experience confusion and emotional overwhelm. It's actually very common for teens to be attracted to or have sexual thoughts about people of the same sex and/or the opposite sex; it's often part of the emotional and physical changes that humans go through as they mature into adulthood.

The Bible tells us that sex is amazing, that it's been designed by God for the flourishing of humanity, and that it's part of His good creation. You only have to read the [Song of Solomon](#) to realise the Bible isn't shy about talking about sex (some of those passages are certainly blush-inducing!) But, as with everything, sex has been designed for a purpose and to be experienced within boundaries, with our good in mind.

What you need to know is that God has designed sex to be experienced by a man and woman, within the boundaries of a committed, life-long relationship (marriage). This kind of committed sex with a life-long partner provides physical, emotional, and spiritual intimacy, and is the foundation for a secure and stable family unit, into which children may be born.

Part of the original intention for humanity in Genesis was 'to be fruitful and multiply' (to have children) and to fill the earth with humans who will all bear God's image. To this end, God created one man for one woman (Adam and Eve) and they were brought together in the union of marriage, giving us the blueprint for healthy and flourishing sexual intimacy.

The bond that is created between a man and a woman in marriage and, particularly, in their physical unity, is a mirror of the character of God, in all its completeness. (The Bible also tells us in the New Testament that marriage is a symbol of Jesus and the church, who is called 'his bride').

God never intended for sex to be experienced by two women together, or by two men together, or outside of the committed, life-long relationship of marriage. Again, this is very counter-cultural to what you might hear around you, what you think your feelings are telling you, or even what your friends might believe. But this is the Bible's truth about sex, and this is God's will for humanity, in order that we (humanity) will flourish.

If you're a teen struggling with your sexuality or a teen trying to maintain God's will in relation to sex (abstinence), please know you are not alone! It's really important that you find people you can trust, who can pray with you, who can encourage you in pursuing God's will for you, for your good and for your flourishing, and that you understand, too, that even when we mess up, God can still forgive us and help us get back on track (more on this in a minute).

You might find [this online message](#) by Ps Mark Lohman, from [The Bridge Church \(in the Chino Valley, California\)](#), on 'The Gospel & Sex' super helpful, and, if this is an area you're struggling in and would like some Christian advice and guidance on, I'd really encourage you to have a watch.

Getting Back On Track (Why We Need Jesus)

Being an image bearer of God means that when you look at a person, you see God. And, in a collective sense, when you look at humanity, you see God.

Well, at least, that's what was meant to happen.

Adam and Eve really put a spanner in the works on that one. You've probably heard the story; a garden, a snake, 'don't eat from a certain tree', a lie, disobedience, sin, punishment, death... It all gets pretty grim, right from the get-go.

And so even though we're made to image God, to be a significant part of His plan, and even though we were created with all the capability and purpose to do this, it gets messed up pretty quickly. The introduction of sin into the world brings about terrible consequences for not just Adama and Eve but for all creation. We live in a fallen world, with the echoes of our intended greatness all around us, but now subject to decay, death, and, in a lot of cases, hopelessness and despair.

But this is how much God loves you, how much He loves me, how

much He loves *us*, His creation. *While we were still sinners, Christ died for us.* (Romans 5:8)

God sent His son to die for us! To fix up the issue of sin, to make a way for us to be forgiven for our mistakes, and to show us the way to live in right relationship with Him. He sent Jesus to save us, to redirect our lives towards His good and abundant way of living, and to help us see that our true reality, who we *really are*, is *one beloved of God*, intended for glory and greatness.

Every other identity – and the world around us has plenty of ‘identities’ on offer – are false and shallow copies of our true identity; a human made in God’s image, intended to reveal His character and glory, and who, in Jesus, can find forgiveness and restoration and become empowered to live this purpose fully.

“God loved the people of this world so much that he gave His only Son, so that everyone who has faith in him will have eternal life and never really die. God did not send His Son into the world to condemn its people. He sent him to save them!” | John 3:16-17, CEV

God already knew how messed up we all are, He already knew the kinds of bad things we’d do, in fact, He’s already seen all the bad things you’ll ever *do*...and yet He still sent Jesus to die for you!

We all need Jesus. There’s not a single person who hasn’t done something wrong, who hasn’t made a choice or taken an action that wasn’t outside of God’s ideal, who doesn’t need Jesus to get back on track. Jesus gives us hope and a future, belonging, homecoming, and the opportunity *to be fully known and truly loved*.

An Invitation And A Challenge

One of the first things Jesus told people when he began his preaching ministry was *“Repent, for the kingdom of heaven is at hand.”*

It was both an invitation and a challenge to the people then, and it’s no less an invitation and challenge for you today, a 21st-century teen.

Will you turn away from your willfulness, from governing your own life without God’s guidance, your persistence in trying to find identity in shallow and dissatisfying deceptions, and will you turn to the maker and creator of all things, the One in whose image you’re created and with whom you have been intended to experience eternal and satisfying relationship?

God’s story – the one written in the stars and carried on the wind – is the story of who each one of us was intended to be. It’s a story that confirms we were made for more than just this life, that we’re meant to be part of something greater, something eternal.

It’s a story of promise; of *knowing and being known*, of being *fully and completely alive*, and this is what following Jesus is all about.

Maybe you’ve never thought about following Jesus? Or maybe you *have* been thinking about following him and becoming a Christian, but just aren’t sure how to take that step. That’s a topic I intend to talk about more in my [next article](#) in this series (Letters To My Kids) so look out for that soon!

In the meantime, I’d love to hear from you. Let me know your thoughts on this topic (you can message me publicly or privately here or on my socials), or any questions you’d like answers to on this topic (or anything else) in upcoming articles!

“Surely, Lord, you bless the righteous; you surround them with your favor as with a shield.” Psalm 5:12, NIV

Lord, I ask that You will rescue, guide, and protect our teens today. Answer them when they call on You, and be with them in times of trouble. I know that Your plans for them are good, and not for their harm. Guard and protect them with Your favor as with a shield (Psalm 5:12). Amen.” | [Prayers For Teens](#)