

Believer's Baptism

"And now, what are you waiting for? Get up, be baptised, and wash your sins away, calling on his name." – Acts 22

Before Jesus came preaching 'the good news' and proclaiming that the kingdom was near, the gospels [of Matthew, Mark, Luke and John] record that his coming was announced by a messenger, one John the Baptist. *"Prepare the way of the Lord"*, he proclaimed, *"Clear the road for him."* (Matthew 3:3)

John was a rustic wilderness figure, a wild man clothed in garments made from camel's hair who ate locusts and wild honey. His message was singular and direct: *repent and be baptised; for the Kingdom of Heaven is near.*

People flocked from all over to see this enigmatic figure and to hear what he had to say. Those who were stirred in their hearts by his message confessed their sins and were baptised. Their baptism signified the rejection of their former way of living and repentance of their sinfulness.

Many Pharisees and Sadducees* also joined the procession of people coming from Jerusalem, Judea, and all over the Jordan Valley, keen to participate in "the baptism of John the Baptist". Yet they viewed baptism as merely a hip life experience rather than a complete lifestyle change.

John castigated these leaders of the people for their lack of true repentance. *"Prove by the way you live that you have repented of your sins."*, he proclaimed, without apology.

John the Baptist made it clear when addressing the crowds that a little water meant nothing if they weren't prepared to change their lives. Baptism needed to ignite the kingdom life within a believer, changing a person from the inside out. If anyone wanted to be part of the Kingdom of God that was soon to arrive—that was indeed at their very doorstep—they would

need to be truly born again, dying to their old life and being reborn as a new kind of human.

His words would be echoed years later by James, the brother of Jesus (also called James the Just). He was a leader in the early Christian church in Jerusalem and he would write specifically to Jewish believers on the topic of true, saving faith (of which repentance is a key ingredient). Faith without deeds, James would comment, is dead, and nothing more than a corpse.

Deeds do not save you: the work of salvation was accomplished fully and completely by Jesus on the cross and ratified by his resurrection from the dead. But your trust (faith) in that work is proven by your life of action.

We are made right with God by believing and professing our faith in His promises. Yet, it cannot be real faith, the faith that counts with God, unless it's demonstrated by an active, loving response to God's grace (James 2:17-24).

Repentance—true repentance—involves both a state of the heart and the action of the individual: faith, that is, *trust in God*, worked out in real and tangible ways in every detail of our lives.

Get Up, Be Baptised, And Wash Away Your Sins...

The Book of Acts, which recounts the early days of the first-century church, tells the story of how the great commission of Matthew 28 was outworked, first in Jerusalem, then throughout Judea, in Samaria, and finally to the ends of the earth. Jesus had told his disciples, "*Go and make disciples, baptising them in the name of the Father, Son, and Holy Spirit.*"

The same good news that Jesus preached—that through him, God is saving, rescuing, atoning, justifying, ruling, and

reconciling people for the glory of His name and in pursuit of His purpose—was taken and preached by Jesus' disciples to all who would listen. This message was then followed by the directive: "*Repent of your sins, turn to God, and be baptised for the forgiveness of your sins.*"

A 'baptism' without the repentance that precedes such an act would be a contradiction—in the words of John the Baptist, a little water means nothing if you aren't prepared to change your life. But 'repentance'—turning to God in faith—without the action that demonstrates that faith is, in the word of James, counterfeit faith, in reality dead and completely useless.

The full meaning of '*believe*' in scripture includes action. The first *act of faith* by a person believing the good news about Jesus is to *be baptised*—a public declaration of a personal conviction.

The Bible knows nothing of baptism without repentance and it also knows nothing of repentance without baptism. They go together and are intrinsically linked. To separate them from each other is to destroy the power and significance of either.

Baptism: Faith Expressed in action

Obedience to Jesus' commands—not just in verbal assent but in practical application—is proof your reorientation is genuine. The first step of obedience, the first *action of faith*, is the decision to be baptised. While the act of baptism doesn't contribute to God's saving work in Jesus, it does prove that your faith in that work is real. The kind of faith that makes us right with God does not remain alone but bears fruit.

Countless references are given throughout Acts and in the pastoral letters and epistles of the New Testament to this life-changing Christian ordinance which became one of the key practices of the early church.

Water baptism, then and now, represents significant truths of the Christian faith, the first of which is the identification with the death, burial, and resurrection of Jesus:

1. Paul the Apostle talks about this in his letter to the Romans, where he says that being baptised joins us to Christ and, in doing so, also joins us to his death. We die and are buried, with our old sinful life 'crucified with Christ'. In doing so, we are no longer 'slaves to sin', set free from its power in our lives. And just as Christ was raised from the dead, we too rise from the waters as a 'new creation', made alive in Jesus by the glorious power of the Father. Someone who has been baptised, Paul says, should consider themselves dead to the power of sin and alive to God through Christ Jesus. This, alone, is one of the most transformative, joyful, and incredible aspects that water baptism symbolises – the reality that sin no longer has power over us and that we have been set free!
2. While baptism itself doesn't contribute to the saving work accomplished by Jesus, it is God's arrangement for a person to gain a clean conscience based on their faith in the sacrifice of Jesus Christ—an outward demonstration of an inward conversion. It represents a moment of crossing over, of rescue and redemption from the dominion of darkness into the kingdom of the Son of God's love (Colossians 1:13). Just as the people of Israel were rescued from the darkness of slavery and bondage in Egypt, the finality of which was marked by 'baptism in the Red Sea' (1 Corinthians 10:2), so too a person's rescue by Jesus from the power of sin is marked by baptism in water.
3. Baptism demonstrates the reality of our great

adoption as true sons and daughters of God. And when we are saved by faith, we are also brought into family. Baptism is a sign of joining the family of God, the community of Christ's body. Other metaphors are given throughout scripture to describe the reality of this *belonging*, of the new identity which each person bears; we become citizens of heaven (Ephesians 2:19), we are a stone built into the holy temple of God (1 Peter 2:5), we are a branch, grafted into the great vine that is Jesus (John 15:1-7) and, collectively, we are part of what the Bible calls 'the bride of Christ', [a living, breathing woman of valour.](#)

Believer's Baptism

If repentance forms part of the equation [of baptism] and if belief must be personally affirmed (Romans 10:9), then it would seem that the practice of infant 'baptism' finds no place in the biblical narrative. While I don't personally believe it's 'wrong' or 'unbiblical' to dedicate a child, as part of a family's commitment to Jesus in some kind of ceremonial way, this is not the baptism described by the Bible and we therefore ought not to confuse the two.

Baptism also requires full immersion in water, not merely a sprinkling. The symbolism commented on in Scripture in relation to water baptism, some of which I've touched on above, is compelling. Infant sprinkling is simply not 'baptism', in biblical terms.

The argument is sometimes made that baptism replaces the ancient Jewish custom of circumcision and therefore, just as infants were circumcised, so, too, Christian families can 'baptise' their children as a sign of their covenant with God.

While there are some similarities between circumcision and the ordinance of baptism—and baptism can be seen as ‘the new circumcision’ (as referenced in Colossians 2)—there are also key differences:

Firstly, circumcision required no faith, personal conviction, or agreement by the child. Circumcision was a rite undertaken without a child’s knowledge and without their understanding. Their *belonging* to God’s covenant people was therefore understood within a completely different framework. And while only males were circumcised, both male and female Israelites (and even Gentiles who had undertaken the rite) were taken to be fully included as God’s covenant people (Exodus 12:48-49).

Secondly, baptism forms part of the new covenant, sealed in Jesus’ blood. This new covenant, unlike circumcision, is not exclusive to Jews but, as Peter the Apostle came to learn, is offered to all people. “*In every nation, God accepts those who fear him and do what is right.*” (Acts 10:41). The great commission, which included the directive to baptise those who believed, was intended to encompass “*all the nations*”. *Belonging*, as one of God’s people, would no longer be defined by the rite of circumcision but rather by faith in the saving work of Jesus, demonstrated to be genuine through baptism.

This particular issue caused some angst in the early church, with Jewish believers finding it difficult to accept circumcision was no longer required. This belief—that circumcision was still necessary—formed part of the ‘false gospel’ that Paul the Apostle tackles in Galatians 3 .

Thirdly, baptism is always linked with personal faith. The Book of Acts bears record to the necessary requirement for personal repentance, belief, and confession. There is no single occasion of someone ever undertaking baptism ‘on behalf of someone else’. When we read of ‘whole households and families’ being baptised (Acts 16:15, Acts 16:33), we should therefore infer, from what scripture teaches about baptism,

that this generalisation necessarily excludes infants or very young children. They are not able to repent or believe, a key ingredient in the ordinance of baptism.

A word of caution, though—the gospel is profound and weighty, with far-reaching and transformative implications. As we journey through the Christian life, we uncover deep theological truths worth exploring.

Yet at its heart, the good news is simple—clear enough for a child to grasp. We shouldn't assume that biblical baptism is 'only for adults'. It is for believers, and often, children with their simple, trusting faith are the clearest examples of what a genuine relationship with God looks like.

Salvation is about faith, not intellectual ability. The 'whole households' could certainly have included children, whose faith, repentance, and baptism were equally as valid as their adult counterparts.

Inward Conviction = Outward Change

The baptism that the Bible speaks about involves personal faith and conviction, a reorientation of one's life (repentance), and full immersion in water.

The word *baptism* comes from the original Greek word "**baptizō**" (βαπτίζω), which means "to dip, immerse, or wash." It was used in ancient times to describe submerging something in water, often a cloth being dipped in dye or ceremonial, full body washing.

As with dying cloth or washing the body, some *change* is to be expected by the act of Christian baptism. While it is deeply symbolic, it is also physically and spiritually real. The person who rises from the water isn't just *metaphorically* made new, but is *actually* changed. They are a *new person* in Christ, joined to God's family, a precious stone added to the house that God is building.

Faith that convicts and faith that commits is like the meeting of two atoms. It is the spark that ignites the kingdom fire inside a person, but not to be merely contained within but radiating outwards, shining like the brightness of heaven, leading many to righteousness (Daniel 12:3).

“And now, What Are You Waiting For?”

Are you someone who is convicted in your heart about the message of Jesus Christ? Have you decided to follow him, put your trust in God’s saving work, and reorient your life in his direction? If the answer is yes, *you should be baptised* (Acts 22:16).

Are you someone who was ‘baptised’ as an infant but now understands that faith must be personal, convicting, and demonstrated in action? If the answer is yes, *you should be baptised* (Mark 16:16, Hebrews 11:6).

Are you someone who would define yourself as ‘a Jesus follower’, whether for a little time or a long time, and yet have never been baptised? If the answer is yes, *you should be baptised* (Matthew 28:18-20).

The Call To Obedience: A Faith That Acts

Baptism is not just a symbolic ritual—it is a declaration of faith, a step of obedience, and a testimony to the transforming power of Jesus Christ. Throughout Scripture, we see that true faith is not merely intellectual agreement but a conviction that moves a person to action. Repentance and baptism are inseparable in the biblical narrative, each reinforcing the reality of the other.

The act of baptism does not save, but it reflects the **faith that does**—a faith that turns from sin, trusts in Christ, and commits to walking in His ways. Just as John the Baptist warned against empty religious acts, so too must we ensure

that baptism is not simply a tradition, but an outward expression of an inward reality: a life truly surrendered to Jesus.

So, what are you waiting for? If you have placed your trust in Christ, baptism is the next step—a public witness of your decision to follow Him. Whether you have recently come to faith, were baptised as an infant without personal belief, or have been following Jesus for years but never taken this step, the command remains the same: **“Get up, be baptised, and wash your sins away, calling on His name.”** (Acts 22:16)

***The Pharisees and Sadducees were two influential religious groups in first-century Judaism, often seen in the Gospels opposing Jesus. The Pharisees were a strict, law-keeping sect that emphasised obedience to the Torah (Jewish Law) and the oral traditions of their ancestors. They believed in the resurrection of the dead, angels, and the afterlife (Acts 23:8), making them more aligned with popular Jewish beliefs. The Sadducees, on the other hand, were an elite, priestly group who controlled the Temple in Jerusalem and rejected many of the Pharisaic traditions. They denied the resurrection, angels, and the afterlife, focusing only on the written Law of Moses. Though they were often at odds with each other, both groups resisted Jesus because His teachings challenged their authority, exposed their hypocrisy, and redefined what it meant to truly follow God.**

So You Want To Follow Jesus?

Maybe you've been thinking you want to follow Jesus and become a Christian, but just aren't sure how to take that step. You *think* you might know what it means *to follow Jesus*, but it'd be good to get some clarity and direction – *what's next?*

Or maybe you've never thought about following Jesus...until now.

But something has got you interested, you don't know what exactly, but you want to know – who is this Jesus person your Christian friends at school or uni call 'Lord and Christ'? What does *that* – *Lord and Christ* – even mean?

separated by sin

In my previous article '[A guide for LGBTQ Christian teens](#)', I talked about how much God loves each one of us. He loved the world so much that 'while we were yet sinners, Christ died for us' ([Romans 5:8](#)). You could be thinking, '*sure, that's nice, but what does it mean 'sinners'? I haven't done anything wrong*'.

Sin is not necessarily a hot button topic in our world today. You're more likely to be encouraged to '*live your truth*' than told '*you are a sinner in need of forgiveness*'. If we do stop to think about sin, we probably tend to view it as *really bad things*, like *murder* or *hating on someone* or *lying*. Most of us would probably think of ourselves as *pretty good people*, but the truth is, when compared alongside a completely holy God, we all fall far short of His standard of 'good'.

Sin is not just about specific actions; it also refers to a broken relationship with God and a tendency to stray from His holiness. The reality is that you are separated from God because of your sin, no matter how small or insignificant it might seem.

The Bible describes our situation as being like slaves. Although humans were created to rule over this world and all the creatures that live in it wisely and well, as God's image-bearers, we gave that up in the Garden of Eden to give our allegiance to someone other than God. We allowed ourselves to be mastered by sin and so became its slaves (2 Peter 2:19).

No doubt this resonates with your own life experiences. Even when you've wanted to do the right thing or tell the truth, we

often don't make the right choice in the moment. You've probably done things or made decisions that you now regret but it seemed impossible at the time to choose differently.

But the good news is that God didn't want to leave humanity in a state of brokenness and separation from him. He wanted to fix up the issue of sin, to make a way for us to be forgiven for our mistakes, and to show us the way to live in right relationship with Him.

He sent Jesus to save us, to redirect our lives towards His good and abundant way of living, and to help us see that our true reality, who we *really are*, is *one beloved of God*, intended for glory and greatness.

Lord + Christ

God sent His Son Jesus into the world "not to condemn its people but to save them! Everyone who has faith in him will have eternal life and never really die." (John 3:16-17, CEV).

Being saved involves *having faith* in Jesus. So the logical next question is, *who is Jesus?* Who *is* this person that I would put my faith in him? What does it even mean to *put my faith in Jesus?* Great questions!

The best place to start* to learn about who Jesus was is in the New Testament with the gospels of Matthew, Mark, Luke, and John.

The gospels provide an account of the life, teachings, death, and resurrection of Jesus Christ, and are foundational texts for understanding His ministry and message. In them, you'll read many amazing stories of what Jesus did, the miracles he performed, who he said he was, the reason why he came, and, finally, the almost unbelievable account of his resurrection from the dead, which validated Jesus' divine identity and his claim to be the Son of God.

The gospel of John comments that *“these [things about Jesus] are written that you may believe that Jesus is the Messiah, the Son of God, and that by believing you may have life in his name.”*

(If you haven't read the gospels for yourself, why not take some time over the next few weeks to read through what they say about Jesus...)

The book of Romans, written by the Apostle Paul, says that *“this is the very message about faith we preach: If you openly declare that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved.”* Romans 10:9

He's telling us that *having faith in Jesus* means believing that Jesus is the one that God sent to save us from our sins (*Christ* or *Messiah*, means 'anointed one' (Isaiah 61:1), that Jesus is Lord and therefore has rightful authority over our life, and that he really is the Son of God, as proven by his resurrection from the dead.

The gospels therefore offer both an invitation and a challenge. Do you accept that you need forgiveness, that you are separated from being in right relationship with God? Do you believe Jesus is the one sent into the world to offer that forgiveness and restore you to God? Do you believe that his claim to be the Son of God is true and that he really did rise again from the dead? Do you believe he is Lord of all, just as capable now, as then, of commanding the winds and waves, and will you trust him with the direction of your life?

If the answer is yes to all of these, then *this* is what it means to follow Jesus! This is what it means to be a Christian.

disciples not decisions

Every Christian's life starts at a certain point, with a decision, but that one decision alone is not enough. Following

Jesus is a life marked by *discipleship*, which is really just the process of learning to be like Jesus more and more each day. That's a topic I intend to talk more about in a later article.

But following Jesus *does* start with *having faith*: confessing that Jesus is Lord, and believing that God raised him from the dead.

So if this is you, if you find yourself fully convinced about who Jesus is and what he came to do, and that he truly was the Son of God, whom God raised to life again, the Bible says that as soon as you realise this, you should declare your faith publicly by being *baptised* – fully immersed in water.

Baptism is God's arrangement for a person to gain a clean conscience based *on their faith* in the work of Jesus Christ. I'll be talking a bit more about that in my next article in this series (Letters To My Kids) so look out for that soon, but if you'd like to chat about baptism in the meantime, I'd love to hear from you!

Let me know your thoughts on this topic (you can message me publicly or privately here or on my socials), or any questions you'd like answers to on this topic (or anything else) in upcoming articles!

“And now what are you waiting for? Get up, be baptised, and wash your sins away, calling on his name.” – Acts 22:16

*** the gospels aren't the only place we read about Jesus. Both the Old Testament and New Testament have a great deal to say about Jesus and who he was! In fact, the promise of Jesus is found in the very first book of the Bible, Genesis. [Here are 55 Old Testament prophecies](#) about Jesus, covering his birth, ministry, death and resurrection, and role in the church.**

Crossing Over

There are many crossings a human will make in a lifetime. Our introduction to life is just the first.

Beneath The Skin

(Not a reader? Take a listen instead ↓)

What's beneath the skin of our collective Christian identity?

Has Christianity lost touch with its original radical and beating heart? Are we so enamored with the power and prestige of this present world that we have forgotten our own history?

Are we, the church, so entertained by the lights and sounds, by the choreographed music, by the dimly lit stages and almond-milk-lattes-after-service that we've forgotten the ancient truths our early Christian brethren lived and died for?

Have we become mere spectators to our own Christian faith?

The Birth Of 'The Jesus Movement'

The modern western church lives a comfortable existence. She wants for nothing.

With both resources and freedom in worship and expression of faith, the church looks remarkably different today than she

did in her fraught, early days. Birthed during the reign of Tiberius Caesar Augustus (14 AD – 37 AD), “the Jesus movement” initially attracted little attention from the Romans; assumed to be merely an offshoot of Judaism. Yet it soon became clear that this movement was more than a Judaistic sidenote, that it could not be contained nor extinguished and that it threatened the authority of Caesar himself.

Christians everywhere preached the news of Jesus, not just as the long-awaited Jewish Messiah, but as Lord, Saviour, and King; over and above Caesar. Unlike the Jewish community, who lived and worshipped largely by themselves, Christians were active evangelists, eager to share the good news about Jesus with all who would listen.

The first century was a spiritual explosion; fueled by the reality of the resurrection of Jesus and the presence of the Holy Spirit.

The preaching of the gospel found its most fruitful response amongst Gentiles – pagans – who would have formerly given allegiance to Caesar and embraced a belief in many deities. Now, these new converts rejected their pagan gods and confessed belief in one God – the God of Israel, giving their allegiance to Jesus, His appointed Saviour and designated King. They were convinced by the witnesses who spoke boldly of Jesus’ resurrection, particularly the compelling evidence of men like Paul the Apostle, also later called ‘*the apostle to the Gentiles*’, who had seen the risen Christ for himself.

People responded, literally, in their thousands, and Rome realised it had a real problem on its hands.

“By the end of the second century, the new faith was on its way to becoming the most forceful and compelling movement within the empire.” (Bruce L Shelley)

By simply living in accordance with the teachings of Jesus, giving him their allegiance, they had effectively rejected

Caesar, a pagan ruler, and broken from the tradition of emperor worship.

This worship of the emperor, which, by AD249 had been made universal and compulsory for every nation in the Roman Empire, was primarily a test of political loyalty. Those who would not swear allegiance to Caesar and acknowledge him and each successor to the title with the words "Lord of the Earth, Invincible Power, Glory, Honour, Blessed, Great, Worthy Art Thou To Inherit The Kingdom." were branded revolutionaries and traitors of the empire.

The Spread Of Faith And Conviction

Had the Christians been willing to simply formally verbalise that 'Caesar is Lord', they could have continued worshipping Jesus as much as they wanted...but the Christians would not compromise.

What was beneath the skin?

There are several reasons that the Christian faith experienced such a remarkable spread, despite persecution.

Firstly, the witnesses to the resurrection were clearly possessed by a burning, unshakeable conviction as to the reality of who Jesus was and what had been accomplished in his death and resurrection. They knew that this good news had the power to transform the lives of men and women, that finally humanity had been redeemed, and that they themselves were the recipients of immeasurable grace. They simply could not keep the news to themselves and their unswerving belief, despite every obstacle (including the threat of death or actual death) could not deter them.

Secondly, the practical outworking of the Christian faith, demonstrated in acts of love, was astonishing and quite unheard of in Roman times. It was their most defining feature, remarked upon by the pagans with grudging admiration.

It found its expression in care for the poor, widows and orphans, for those brethren who had been imprisoned or condemned, and particularly for brethren, who due to poverty, could not afford an honourable burial. The early church would often provide services for such persons, believing care in death as well as life was an active expression of love for those made in the image of God.

“Atheism (ie the Christian faith) has been specially advanced through the loving service rendered to strangers and through their care for the burial of the dead. It is a scandal that there is not a single Jew who is a beggar and that the godless Galileans’ care not only for their own poor but for ours as well; while those who belong to us look in vain for the help that we should render them” | Emperor Julian, (332-63)

As Jesus had promised, by demonstrating this kind of love, sacrificial and all-encompassing, all people knew that these believers were part of ‘the Jesus movement’. Just as *they* had been loved, they now displayed that same kind of love for each other and others, proving without a doubt that they were disciples of the Christ.

The Price Of Prestige

The early church flourished as a separate identity from the empire for a brief few centuries, with the struggle between Christian worship and Caesar worship defining the first 300 years of church history. Many martyrs went to their deaths, refusing to recant their faith in Jesus and give allegiance to Caesar.

Yet the church was to face a far more insidious threat in the centuries that followed; more dangerous than persecution, poverty or martyrdom. Power and prestige came to the church in the form of open favour from Rome’s pagan Emperor,

Constantine.

Formerly outlawed and persecuted, the Christian church now experienced a sudden reversal in fortune. But Constantine, represented as the ideal Christian ruler and ushering in a new age of salvation for the church, still retained much of his pagan origins.

What was beneath the skin?

The advantages for the church were real enough but there was a price to pay. Constantine ruled Christian bishops as he did his civil servants and demanded unconditional obedience to official pronouncements, even when they interfered with purely church matters. There were also masses that now streamed into the officially favoured church. Prior to Constantine's conversion, the church consisted of convinced believers. Now many came who were politically ambitious, religiously disinterested and still half-rooted in paganism. This threatened to produce not only shallowness and permeation by pagan superstitions but also the secularisation and misuse of religion for political purposes." | Bruce L Shelley

Did the church ever recover from this melding of state and faith, this union of empire and religion? Did she ever break loose from the seductive grasp of the pagan Caesar, no longer enemy, but sponsor and friend, and return to her first love?

Did she find again the burning conviction that Jesus alone was Lord and King over all the earth and her allegiance was to him?

At times, perhaps.

But, equally, at times, she has colluded with the powers of this world, exchanging her birthright for what amounted to a mess of pottage.

She has had, in many stages of her historical past, a reputation of being alive but *beneath the skin*, she was dying. "Wake up", her Lord and King has implored *"and strengthen what remains and is about to die, for I have not found your works complete in the sight of my God."*

Faithful individuals remained; arguably, the heart and soul of the church herself, but often enough, the official church sacrificed such individuals in order to appease the empire, in order to maintain control, to the detriment of humanity's salvation.

What lay beneath the skin?

The Church Of Our Times

What of the church today?

What lies beneath her skin?

Behind the powerful vocals from a vast and blue-lit stage, beneath the skinny jeans with tastefully ripped knees, between the cleverly worded messages from the pulpit, is there still a radical and beating heart?

After asking Jesus into their hearts, do Christians still ask Jesus into their lives? The church may profess to still love Jesus *but would she die for him?*

Still. In every time and in every place, there has always been a movement, a people; the invisible church. A generation that does not lose hope in the church it sees but instead endeavours to become the church it dreams of.

As in times past, the message of good news continues to be enacted in the lives of ordinary people and in circumstances that are familiar and relatable to us all; stories of mothers and fathers, children and parents, wealthy people, and those in poverty, in bustling market places and domestic households.

This collective community of faith – the church – will look different throughout time and throughout culture, yet the ancient truths remain embedded within the lives of those faithful to the message of good news.

The skin is just the outward appearance. How the church has looked, from the outside, has changed many times during the centuries. Her skin is unimportant.

But what lies *beneath the skin* is vitally important. Is there more to the church today than simply a hip social media account or a buzzing Sunday service? Is there an emphasis on substance over reputation? Is she still to be found among the simple, the humble, those deemed by this world to be foolish and irrelevant?

Or does the church sit alongside the culture of celebrity and, in an age of consumer-driven interests, is she more engrossed in giving people what they *want* rather than what they *need*.

The early believers weren't just Sunday Christians, whose most active participation in their Christian faith was simply attending a weekly service. They didn't just turn up for one hour in the week; they shared their entire lives with each other, week in and week out.

They didn't *go to church*, they were church.

They ate and worshipped together, they divided their resources and distributed to whoever had need. They "*ate their food with gladness and simplicity of heart, praising God and having favour with all the people*". They evangelised and disciplined, their conviction deeply rooted in and flowing from this focused centre; that "*one man died for everyone*." They knew that what this meant for humanity was dramatic and life-changing; effectively turning the world upside down.

Believers were added to their fellowship through baptism, "*buried with Jesus into death*", and bound together in unity

through communion, Jesus' "*death and resurrection*". They became people of the kingdom, joined together in the fellowship of the King, the risen Christ, whose kingdom is over and above all other powers in this world.

Beneath The Skin

It's imperative for the church as she now progresses into the 21st century that she reclaims this identity and the authority that is deeply rooted in and connected to Jesus, her risen king. It's vital that Jesus is truly first in her affections and that his will and sovereign rule supersedes all. It's crucial that she rediscovers the transforming power that gave her life and empowers her still.

Beneath her skin, there must be a depth to her character, a sense of resourcefulness and humility, sacrifice and love. She must resolve to *authentically and completely* represent Jesus to the world, not just the parts of him that are palatable. She won't be satisfied to merely speak *of Jesus* but be compelled to lead humanity *to him*, to not just sing *of Jesus* but to baptise and disciple *in his name*. Strength and dignity are the garments she chooses to clothe herself with, and wisdom and kindness the teachings that spring from her lips.

Her form is unimportant: she knows that outward beauty can be deceitful and that it is the heart of her, the burning devotion and the fearless and uncompromising intention to live according to the teachings of Jesus, that will cause praise to rise up to God in Heaven.

The greatest hope for the church in our time and place is that we will see a passionate and stirring revival. That Christians, no matter their denomination or creed, will be emboldened to return to the foot of the cross and give their lives anew to the resurrected king. That collectively, we, the church, the 'woman of valour' for whom he died, will shine brightly in a darkened and impoverished world through our most

basic and guiding principle: that is, to incarnate Christ.

That *beneath our collective skin* is a radical and beating heart still.

“So come, move, let justice roll on like a river; let worship turn into revival. Lord, lead us back to you.” | insp. Amos 5:24

Why Belonging To A Local Church Isn't Optional

The last six months have been an unsettling and disruptive time for millions of people around the globe. The impact of COVID-19 on our ordinary routines and daily habits has been, in many cases, bewildering. The ways in which we would usually connect have had to adapt to these new and strange times – and it seems we're not out of the woods just yet. Our lives may not return to normal any time soon, if, in fact, at all.

COVID-19 Discloses A New Reality

COVID-19 has also brought to light just how busy and frantic *normal* actually was and, for many people, the slower pace and limited ability to travel too far afield has come as a welcome relief. This has been an unexpected opportunity to slow down and 'smell the roses', enjoy time with family, working or learning at home and passing lazy afternoons with nowhere particular to be; apart from in the garden or buying essentials at the supermarket!

For others, however, the sense of isolation and abandonment

has been acute. Loneliness, anxiety and depression have been constant companions, with no assurance of when things might return to normal. Being able to still connect, albeit in the online space (hello Zoom!), has been critical for many people to support their mental health and maintain a sense of community and belonging.

For many Christians, however, the inability to 'go to church' (ie to gather physically together in a building) has uncovered a new reality; one that has perhaps laid hidden and undisturbed beneath the surface of our busy, ordered, *normal* lives.

What has been exposed is the troubling reality that when habit or routine no longer forces us to physically show up to church, we quite often stop showing up emotionally. Our connection to church – to the local expression of the body of Christ – is revealed to be a shallow, top-surface connection, driven and maintained only by habit. As soon as the opportunity to exit has materialised, we've opened the door and welcomed it with open arms. Physically, we may have been attending church, but emotionally, we've been long gone.

Is Church-Going Important?

The necessity of finding other means to connect as a church and the resultant disconnect for many Christians has highlighted important questions: Why do Christians gather anyway? Is 'going to church' even important?

Nearly 50% of Australians believe that church-going is no longer relevant. Out of a list of 13 facilities and 10 services that people agree a community needs, including foods and cafes, parks, libraries, local childcare and sports facilities, relationship seminars and support or social activities for seniors, a local church comes in at 13 and 9 respectively (only just ahead of English classes and migrant support, in the case of the latter).

Clearly, for many people, church-going is not only personally irrelevant, but it's also considered practically superfluous to a community's needs. At a time when the ability for gathering together in person has been greatly limited, increased disconnect from 'church' has been, for many Christians, a sobering reality.

Yet the Bible tells quite a different story. It describes [the church](#) as an essential reality, in vibrant, organic language; as a body, a vine, a family, a woman, a building of living stones, a kingdom. It describes the church as a single identity, made up of many individuals, with the ability, as a corporate reality, to affirm and give shape to the lives of each Christian who becomes a member. It reminds us that when we choose the King, we are also choosing the King's people.

"The starting point of the Christian life is an unqualified trust in the power of Jesus' death and resurrection to save humanity from sin, a trust that comes to individuals through grace and by faith. Once that trust in Jesus has been born in us by the Spirit, then our baptism signifies our willingness to commit ourselves to God, to submit to the lordship of Jesus, and to identify ourselves not just with the church but as the church." | Lucy Peppiatt

Paul the Apostle speaks at length about the connection between the individual and the church. He comments in the book of Corinthians that "God has carefully placed each part of the body right where he wanted it". This body of believers is governed or directed in all its functions by the head, who is Jesus.

It's remarkable that God has designed the human body – every part dependent on every other part – as a working model for understanding our lives together as a community of believers (1 Corinthians 12:27).

How Do We Identify Ourselves Not Just With the Church But As The Church?

Why is it important for a Christian to feel like they not only have a local church they call 'home' but that they truly belong there? How does a Christian identify not just with the church but as the church?

"A local church is a group of Christians who regularly gather in Christ's name to officially affirm and oversee one another's membership in Jesus Christ and his kingdom through gospel preaching and gospel ordinances." | Jonathan Leeman

Acts 2:42-47 describes not only *how* but *why* the first Christians began gathering themselves together. They were a new organic identity, citizens of the kingdom of God, 'called out to follow and serve King Jesus'. These new Christians regularly gathered together to honour God and His Son, to grow in community, to grow together spiritually, to give themselves in service and to share and witness to the good news of the risen King. We describe these collective [Christian activities](#) as 'worship', 'fellowship', 'discipleship', 'ministry' and 'evangelism'.

The local church is the tangible evidence of the reality of the kingdom of God. Church people are [kingdom people](#), living in a fellowship under King Jesus, with lives that "are literally connected to things before the creation of the world and extending far into eternity" (Ecclesiastes 3:11) (Matter Of The Heart).

Gathering together as a local church is therefore a public declaration, to both fellow Christians and to the world, that an individual has submitted to the rule of King Jesus and that their allegiance has been transferred to him. It affirms that each person gathered is a person of the kingdom, for whom Jesus is Lord. It's how one Christian says to another

Christian: *"What! You too? I thought I was the only one."* (C S Lewis)

Through Christ's work on the cross, Christians have been made his body, his family, his temple, his people, his flock, his joy and crown. But they only become these things collectively, never individually. *"Christianity isn't meant to simply be believed; it's meant to be lived, shared, eaten, spoken, and enacted in the presence of other people. Try as I may, I can't be a Christian on my own. I need a community. I need the church."* | Rachel Held Evans

The Christian life, as it turns out, is a package deal. If you choose the King, you must also choose his people.

Why Belonging To A Local Church Isn't Optional

The biblical imperative of belonging to a local church is an important and often neglected conversation. The idea of committing can seem uncomfortable, even legalistic for some people. For many Christians, the experience of church has been one of hurt and disillusionment.

Not every church hurts people, but most churches have hurt someone at some point, simply because churches are made up of imperfect people. This reality can leave people reluctant to re-engage, afraid of being hurt again, wanting to protect themselves, and questioning the place of the church or even God in their lives.

"Christians need relationships to grow. We don't grow in isolation; we develop in the context of fellowship." | Rick Warren

Yet despite all the imperfections that can be found within a church or the fact that a church can (and will) mess up and get it wrong, it's the way we're supposed to 'do life

together' as Christians.

Jesus didn't say that he would 'build Christians', but that he would build 'his church', purchased with his own blood and of which he is the chief cornerstone (Matthew 16:18, Acts 2:28, Ephesians 2:20). His language is organic, inclusive and corporate. His church, as an instituted organic reality, has authority and governance that an individual Christian simply doesn't have

Church isn't just something we go to, it's the tangible evidence of the reality of the kingdom. Church isn't just an event we attend, it's a fellowship we belong to (1 John 1:3, Acts 2:42, 1 Corinthians 1:9). Choosing a church home – choosing to belong to a local church – isn't optional but essential for a Christian.

'The local church enables the world to look upon the canvas of God's people and see an authentic painting of Christ's love and holiness. The local church lays down a pathway with guardrails and resting stations for the long journey of the Christian life.' | Jonathan Leeman

What If I Don't Feel Connected to My Church?

The church was born from the death and resurrection of Jesus and He continues to be the source and lifeblood of the church. Any life or energy a church possesses must flow from him, the risen King. Christ's rule – in the life of the church and in the hearts of its members – is absolute. Jesus is Lord.

If you're struggling to feel a sense of connection or belonging to your local church, we'd suggest there are two possible reasons for this:

1. Jesus is Lord of your heart, but unfortunately, he's not the Lord of the church you're part of. This is a difficult

situation to be in but not without hope. Our suggestion is to pray about this and then engage in open and genuine conversation with the members of your church. Gently voice your concerns and suggest ways to encourage the church to 'return to its first love'.

One of the seven churches named in the book of Revelation, the church at Ephesus, faced a similar situation. They are commended by Jesus for being diligent in good works and for their perseverance, their intolerance of heresy, and their endurance of many hardships in his name; but they had lost their warmth and zeal for Jesus.

"Relationship had simply become religion and passion little more than cold orthodoxy. The first love which characterised the Ephesians was the zeal and ardor with which they embraced their salvation as they realised they loved Christ because he first loved them (1 John 4:19) and that it was, in fact, his love for them that had made them "alive together with Christ." So overwhelmed were they by the joy that came from understanding their former state—dead in trespasses and sins—and their new life in Christ, that they exhibited the fruit of that joy (Ephesians 2:1-5). Because of God's great love for the Ephesians, they were "made alive in Christ" and that new life was exhibited in the passion of gratitude." | [Got Questions](#)

2. Jesus is Lord of the church you attend, but not the Lord of your heart. This is a more challenging situation and perhaps the place to start is where your Christian life first began: with the reality that *'greater love has no one than this, that someone lay down his life for his friends'* (John 15:13).

Supreme love was demonstrated and made visible in Jesus' death on the cross and it's in this sacrifice that we also see the love of God, that *'while we were yet sinners, Christ died for us.'* (Romans 5:8). Remind yourself that you are deeply loved

and comprehend the fact that, in Jesus, you are forgiven and set free, fully reconciled and made right with God. You are His dearly loved child and a citizen of His kingdom, saved by grace through faith alone and not because of anything you have done. As Christians, we belong to God and He loves us with the love of a perfect Father (John 14:18, 1 John 3:1).

Give your heart entirely and with no hesitation to the King who died for you and everything else will flow from there.

If you're struggling with your identity as a Christian or want to understand more about God's work of grace in your life (and how that causes radical transformation), I would highly recommend reading the following two books: "What's So Amazing About Grace" by Phillip Yancey and "Emotionally Healthy Spirituality" by Peter Scazzero.

The Christian life isn't always easy and the next step isn't always clear. Sometimes we need courage to take that step and sometimes we just need to stand still and watch God go to work for us.

A Glorious Reality: The Church of Christ And It's Local Expressions

"Picture, if you will, a globe with all the nations of the world mapped out on it. Now picture one little embassy of light. It's a gathering of Christians, gathered together in the name of their King, Jesus. Then the point of light divides itself into two, then four, then eight, and so it goes.

A new nation is growing, a nation set inside the nations. The new nation leaves the boundary lines on the map where they are, but it cannot be contained by the map's lines.

The line makers don't have the authority to stop these unworldly citizens. The points of light cross all boundaries, spreading everywhere like yeast through dough, or like stars

appearing one by one as the night sky darkens.

These are the churches of Christ and their members. The world has never known anything like them.” | Jonathan Leeman

The Parallels In Communion

“The cup of blessing that we bless, is it not a participation in the blood of Christ? The bread that we break, is it not a participation in the body of Christ? Because there is one bread, we who are many are one body, for we all partake of the one bread.” | 1 Corinthians 10: 16-17, ESV

We Who Are Many Are One

Paul the Apostle's words, here in Corinthians, reference the deep and powerful truth which is embedded in the Christian ordinance of communion. The truth that, in taking the cup and sharing the bread, we are fully participating in Jesus' death and resurrection. Jesus is the common element that binds believers together and his sacrifice is what makes the new resurrection life possible for every person who believes in his saving name.

This participation together in drinking wine and breaking bread is a compelling witness to the 'common union' believers share in the blood and body of Christ, the sharing in his sin-conquering death and his life-giving resurrection. There is nothing more powerful or significant for a church community than remembering the very thing which gave the church its birth and which binds each member together as part of 'the

whole’.

For this reason, sharing communion is not just about remembering the death of Jesus, including the anguish, surrender, and sacrifice but also about celebrating his resurrection; the vanquishing of sin and the victory over death, won for every person who associates with his name. The new creation was born from his sacrifice and confirmed by his resurrected life, of which we are now all a part, bound together by the life-giving spirit of Jesus himself.

Sharing communion together as believers is primarily a time for celebration, for thanksgiving and praise, for “by his blood and in his name, in his freedom we are free!”

In celebrating this ordinance together, believers are not just connected to Jesus but to each other. It’s significant that Jesus associates the institution of communion – which speaks of his sacrifice and death, motivated by love – with the importance of his followers showing his love by **loving one another**.

During the meal (Matthew 26:17–30, Mark 14:12–26, Luke 22:7–39, and John 13:1–17:26), Jesus takes the bread and shares it with his disciples, telling them that it is symbolic of his body, soon to be broken for them in death. He shares the cup of wine, telling them it is a symbol of his blood, poured out for the forgiveness of their sins.

He gently tells his disciples that he will only be with them a little longer, referencing, of course, his impending betrayal and crucifixion. He then gives them a ‘new commandment’, to live by once he is gone:

“A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another. By this, all people will know that you are my disciples, if you have love for one another.” – John 13:34-35, ESV

Jesus first instituted the ordinance of communion, by which his followers would remember him, during his last meal on earth with his closest disciples, but this meal had its roots in a much deeper, incredibly powerful story of deliverance and freedom.

A Story Of Deliverance

The institution of communion had its origins in an ancient Jewish festive meal known as 'Passover. Celebrated annually, it commemorated the deliverance of the nation of Israel from bondage in Egypt.

The early chapters of the book of Exodus tell of the origins and background of the Passover (Exodus 1-12). Forcibly enslaved upon the accession of a new Pharaoh to the Egyptian throne, the people of Israel were subjected to cruelty, forced labour, and intolerable work and living conditions. In an effort to cull their numbers, Pharaoh had issued a directive of neonaticide for any male baby born. As soon as the baby was delivered, he was to be killed by the attending midwives. It was a terrible time for the people of Israel – cruelly mistreated and living in hopelessness, with no means to save themselves.

With heavy burdens bitterly borne, they desperately lifted their voices heavenward. God heard their cries for rescue and remembers his promises to their patriarchs [Abraham](#), Isaac, and Jacob, long ago (Exodus 2:24).

“And now, behold, the cry of the people of Israel has come to me, and I have also seen the oppression with which the Egyptians oppress them. I know their sufferings, and I have come down to deliver them out of the hand of the Egyptians and to bring them up out of that land to a good and broad land, a land flowing with milk and honey...” – Exodus 3:7-9

God stepped into their misery and suffering and promises to

deliver them out of the affliction of Egypt. Through a series of plagues, demonstrating His almighty power, and the final dramatic death of Egypt's own firstborn, God exercises His powerful arm of redemption and leads his people out of slavery to freedom and their promised land.

On the night of their leaving, the Israelites prepared unleavened bread and lamb, roasted over the fire. The lamb's blood was brushed on the lintel and two doorposts of every Israelite home. When the Angel of Death went throughout Egypt, killing the firstborn, he would see the blood and 'pass over' that house, sparing all those who were inside.

The night of Passover marked the end of slavery and brought deliverance and the beginning of the people of Israel's journey towards the promised land. Through death and sacrifice, came new life and hope.

The types that can be seen in this event for a Christian's new life are clear. It's no coincidence that Jesus uses this commemorative Passover meal, already 1,500 years old by this time and full of ancient symbology and meaning, to bring his disciples' attention to his own impending death, through which their rescue from 'slavery to sin' will be achieved.

Parallels In Leaving Egypt

Paul the Apostle observes that the events of Israel's exodus and subsequent journey through the wilderness towards the promised land are parallels of a Christian's new life in Jesus (1 Corinthians 10:1-13). He uses Egypt as a metaphor for sin and spiritual darkness and the exodus as an example of the freedom Christians experience in being rescued from the dominion of darkness (Colossians 1:13).

The **first parallel** to note is that of slavery. Just as the people of Israel were completely enslaved to the Egyptian Pharaoh, we are all slaves to sin, born so at birth and only

confirmed throughout our lives by our sinful deeds (Romans 5:12, John 8:34). Yet God provided a deliverer, as He did for Israel, and the blood of this deliverer gives [salvation from death](#), which we are promised no longer has any hold over us (John 11:25. 1 Corinthians 15:55).

The **second parallel** is, of course, the sacrificial lamb. It is John the Baptist who first introduces Jesus as 'the lamb of God, who takes away the sin of the world' (John 1:29). Isaiah, a prophet in Old Testament writings, also prophesied of one who would come to bear the sins of the world and that he would be 'led like a lamb to the slaughter' (Isaiah 53:7). The final book in the Bible, Revelation, confirms that Jesus was indeed the Lamb of God 'slain from the foundation of the world' (1 Peter 1:19, Revelation 13:8).

The theme of a sacrificial lamb has been constant throughout scripture (Genesis 3:21, Genesis 22:8, Numbers 9:12, Ezra 6:19, 2 Chronicles 35:11) and always intended to point forward to Jesus, who would be the ultimate sacrifice for all those who wanted to escape their inherent slavery to sin and death.

The **third parallel** is the deliverer himself. God raised up Moses, a natural-born Israelite to lead His people from Egypt. Adopted into Pharaoh's court as a baby and growing up under the very nose of the ruler of his people, Moses was not an outsider or a stranger but a man just like the people whom he would rescue and lead to freedom. The people of Israel were *his* people and their suffering was intimately connected with the suffering of *his* family.

One of the prophecies concerning Jesus was that he would be 'called out of Egypt'. This reveals the deeper truth about [Jesus' connection to the people he would come to save](#).

"And he [Joseph] rose and took the child and his mother by night and departed to Egypt and remained there until the death of Herod. This was to fulfill what the Lord had spoken

*by the prophet [Hosea 11:1], "Out of Egypt I called my son."
| Matthew 2:14-15, ESV*

Jesus' redemptive work on behalf of humanity was deeply connected to his own humanity. Although he was the Son of God, and radiant with his Father's glory, he participated in every way in all the experiences of what it means to be human. His ability to sympathise with us and to reconcile on our behalf springs from a complete understanding of what it is like to be human; with all our doubts, fears, temptations, and failures, without ever failing himself. He understood humans because he was human.

A **fourth parallel** exists in connection with the Passover and Exodus – that is, the crossing of the Red Sea. Paul the Apostle calls this crossing being 'baptised into Moses in the cloud and in the sea' (1 Corinthians 10:1) and comments that the Israelites all drank the same spiritual drink, which was Christ.

"For I do not want you to be unaware, brothers and sisters, that our fathers were all under the cloud, and all passed through the sea, and all were baptised into Moses in the cloud and in the sea, and all ate the same spiritual food, and all drank the same spiritual drink. For they drank from the spiritual Rock that followed them, and the Rock was Christ." | 1 Corinthians 10:1-4, ESV

Like the people of Israel, every person who desires to follow Jesus and 'drink from that spiritual rock' must first pass through the water of baptism, 'under the cloud and through the sea'. The journey only truly begins on the other side of the ocean.

These parallels in the exodus story to our own Christian salvation are remarkable. They demonstrate the absolute power of God to achieve His purpose and that His plan of salvation

has been in motion from the beginning of the world. God is on the move and God has always been on the move!

Paul reminds his readers that “all these things [that occurred to Israel] happened to them as examples for us” (1 Corinthians 10:11). Their defeats, joys, sufferings and victories were experienced as people who were ‘God’s witnesses’ (Isaiah 43:10) and from their stories, we can draw powerful truths about what God has done and is still doing for us.

The fact is, God moved heaven and earth to rescue His people Israel and He has done nothing less than this for us, through the sending of His son, while we were still ‘in Egypt’.

“But God proves His love for us in this: while we were still sinners, Christ died for us.” | Romans 5:8, ESV

Through something as simple as bread and wine, Christians are reminded of God’s promise of deliverance and of their forgiveness and freedom gifted through Jesus’ sacrifice. It is a tangible witness to the transforming power of [the Gospel](#) in people’s lives and the faithfulness of an eternal God.

[Disciples of Jesus](#) – Christians – have continued to celebrate this new covenant since that time, through the participation together of *communion*, the eating of bread and the drinking of wine ‘in remembrance of Jesus’.

“All this is from God, who reconciled us to Himself through Christ and gave us the ministry of reconciliation: that God was reconciling the world to Himself in Christ, not counting men’s trespasses against them. And He has committed to us the message of reconciliation. Therefore we are ambassadors for Christ, as though God were making His appeal through us. We implore you on behalf of Christ: Be reconciled to God....” | 2 Corinthians 5:18-20, BSB

If the story of the Exodus has resonated with you; if you recognise that you are 'in Egypt', in slavery to sin and subject to the power of death and you want rescue, I implore you on behalf of Christ – be saved! (2 Corinthians 5:20) God had so much love for the world that He gave His one and only Son, for everyone, and that includes you! The Gospel is Good News for every person and I believe God is still making a move, doing exciting things right here in the Northern Rivers! I'd love to help you be reconciled to Him! (If you're unsure whether the Christian life is for you and just want to chat it over, with no pressure or expectation, I'd love to hear from you too). [Follow the link](#) to get in touch.

Keen to learn more about the book of Exodus? Head on over to [The Bible Project](#) website (click the link) where you'll find a couple of great overview videos.

What Is A Disciple?

The word disciple occurs frequently throughout the Bible and '[discipleship](#)' is something that the Bible references often. But what does the word *disciple* actually mean? And what does it mean to be a *disciple of Jesus*?

What Is A Disciple?

Our English language Bibles were translated from manuscripts written primarily in two languages; Hebrew (in the Old Testament) and Greek (in the New Testament). The translative history of the Bible is a fascinating journey, from an academic and historical perspective, and is well worth exploring. You can [read more about the translation process here](#).

In the original language of the New Testament, the word *disciple* is translated from a Greek word, *mathētēs* (μαθητής), from *manthano*, meaning “to learn”. *Mathētēs* therefore means (unsurprisingly) *a learner, a pupil or a scholar*. More accurately though, it means to be a learner *in the style of an apprentice*, that is, someone who not only accepts the views of their teacher but is also practising the same so as to eventually become like their teacher (Matthew 10:24, Luke 6:40).

It’s a word that would have been in common use during ancient times and its meaning was applicable beyond a Christian or religious setting (ie as a disciple of Plato or Socrates). Although the word has several applications, in the widest sense it refers to those who accept the teachings of anyone, not only in belief but also in life and practice.

Who Is A Disciple Of Jesus?

When we come to the Bible, we see the word *disciple* used most often in the context of a follower of Jesus and sometimes of John the Baptist (Matthew 27:57, Luke 14:27, Matthew 11:1, John 3:25). Throughout the gospels, it’s the only name used for those who followed Jesus, and even those who had only been baptised with the baptism of John the Baptist (and hadn’t received the Holy Spirit) were called disciples (Acts 19:1-4).

It would be accurate to say that a disciple of Jesus was someone who [believed the teachings of Jesus](#), who surrendered to his leadership, and who endeavoured to imitate his life.

When we move into the early history of the church (found in the book called the Acts of the Apostles), we see these disciples began to be called *Christians* (from the Greek word Χριστιανός (*Christianos*), meaning “follower of Christ”) (Acts 11:26).

The Acts Of The Apostles

The book of the Acts of the Apostles provides a unique glimpse into the story of the early Christians, and to a time when these disciples of Jesus took their faith and began boldly proclaiming it to the world. In Acts, we are observing the very birth of Christianity – the movement which recognised and preached a resurrected Jesus as the promised saviour and king of the world.

The Book of Acts opens with this introductory paragraph by its author, Luke, also one of the four Gospel writers and one of Jesus' 12 closest disciples:

“Dear Theophilus, in the first volume of this book I wrote on everything that Jesus began to do and teach until the day he said goodbye to the Apostles, the ones he had chosen through the Holy Spirit, and was taken up to heaven. After his death, he presented himself alive to them in many different settings over a period of forty days. In face-to-face meetings, he talked to them about things concerning the kingdom of God.” | Acts 1:1-4, MSG

The book's narrative describes the disciples as first-hand witnesses to the resurrected Jesus; witnesses to the astonishing truth of the Gospel message, and how they took that Good News to the world, beginning first in Jerusalem, then moving throughout Judea and eventually to the ends of the earth (Acts 1:7-8).

The interactive map below shows the power of their witness to the gospel message, demonstrating not just areas where professing Christians are the majority of the population, nor where Christianity has been declared the national religion, but also the true extent of the global spread of the gospel since the first century. It's a powerful, visual reminder of God's promise to save people “from every tribe and language

and people and nation.” (Revelation 5:9)

What Was The Good News?

Peter the Apostle, when making his speech to the Jews in Jerusalem after the day of Pentecost, summarised the Good News in this way:

“Jesus the Nazarene, a man thoroughly accredited by God to you – the miracles and wonders and signs that God did through him are common knowledge – this Jesus, following [the deliberate and well-thought-out plan of God](#), was betrayed by men who took the law into their own hands, and was handed over to you. And you pinned him to a cross and killed him. But God untied the death ropes and [raised him up](#). Death was no match for him...All Israel, then, know this: There’s no longer room for doubt – God made him Master and Messiah, this Jesus whom you killed on a cross. Change your life. Turn to God and [be baptised](#), each of you, in the name of Jesus Christ, so your sins are forgiven. Receive the gift of the Holy Spirit. The promise is targeted to you and your children, but also to all who are far away—whomever, in fact, our Master God invites.” | Acts 2:26-40, MSG

Peter is attesting to the validity of Jesus of Nazareth, as God’s appointed saviour and king. He is witnessing to the truth of the resurrected Jesus and the confirmation of his true identity as Son of God. And he is urging his listeners to believe this truth, to surrender their lives to Jesus and receive God’s promise of forgiveness of sins and the hope of life, even after death. In short, he is urging them to become disciples of Jesus, followers and imitators of the Christ. He is urging them to become Christians!

The number of people who heard his message and believed his words on that day was incredible! The book of Acts tells us that over 3000 people [were baptised](#). And not only that, every

day their number grew as God added those who were saved. (Acts 2:47)

“That day about three thousand took him at his word, were baptised and were signed up. They committed themselves to the teaching of the apostles, [the life together](#), the common meal, and the prayers.” | Acts 2:41-42, MSG

The Teachings Of Jesus: The Gospel Of Good News

Peter was, in reality, only reconfirming the teachings of Jesus; that of the Good News of salvation for humanity and truth of the kingdom of God; God’s rightful rule and sovereignty over all the earth ([Matthew 16:27](#), [Luke 21:26-27](#), [James 2:5](#), [1 Corinthians 2:9](#), [Numbers 14:21](#), [Psalm 22:27](#), [Habakkuk 2:14](#)).

“Jesus went throughout Galilee, teaching in their synagogues, proclaiming the good news of the kingdom, and healing every disease and sickness among the people.” | Mathew 4:23, NIV

“Now after John was put in prison, Jesus came into Galilee, preaching the gospel of the kingdom of God. “The time is fulfilled,” He said, “and the kingdom of God is near. Repent and believe in the gospel!” | Mark 1:14, BSB

“The Spirit of the Sovereign LORD is upon me, for the LORD has anointed me to bring good news to the poor. He has sent me to comfort the brokenhearted and to proclaim that captives will be released and prisoners will be freed.” | Isaiah 61:1, NLT

“Go and learn what this means: ‘I desire mercy, and not sacrifice.’ For I came not to call the righteous, but sinners.” | Matthew 9:13, ESV

Now when He was asked by the Pharisees when the kingdom of God would come, He answered them and said, "The kingdom of God does not come with observation; nor will they say, 'See here!' or 'See there!' For indeed, the kingdom of God is within you." | Luke 17:20-21, NKJV

How Do I Become A Disciple?

Becoming a Christian and becoming a disciple of Jesus Christ **is the same thing**; we just don't really use the word disciple much anymore. The basis for us to become Christians remains the same as for those in the first century, who were Jesus' followers. So what is it that makes us a *disciple of Jesus*? What is it that makes us a *Christian*?

We need to look no further than Peter's words to the people at Jerusalem (Acts 2:22-42):

- We must believe that Jesus was **God-sent and God-endorsed, as the appointed saviour and king of the world**. We acknowledge that Jesus came as one of us, [like us in every way](#), so that he could defeat sin and death on our behalf (1 John 4:14, Galatians 4:4, John 3:16, Hebrews 2:14-17, Romans 5:12).
- We must believe that Jesus **died for the sins of the world** and was [raised to life, never to die again](#) (1 John 2:2, John 4:42, 1 John 3:5, Acts 2:32, Acts 3:15, 1 Corinthians 6:14, Romans 8:11).
- We must be **convicted of our sin, acknowledging our need for God's forgiveness and recognising that [the name of Jesus](#) is the only name under heaven by which humanity [can be saved](#)** (Ecclesiastes 7:20, 1 John 1:9-10, Romans 3:23, James 1:15 Acts 4:12, 1 Timothy 2:5).
- We must believe in the teachings of Jesus and **surrender to his [guidance and leadership in our life](#)**, not only as

an apprentice to a teacher, but as a willing subject of God's designated King. Jesus has been given all authority in heaven and earth, he has first claim on our affections, he is the motivating force in our decisions and the final judge of [our soul](#) (Matthew 28:18-20, Isaiah 9:6, Luke 1:33, Acts 10:36, 1 Corinthians 15:27, Colossians 1:27, Romans 8:10, Ephesians 3:16, Acts 10:42, John 5:22. 2 Timothy 4:8, James 1:21, 1 Peter 2:25).

- We must **follow [the example of Jesus and be baptised](#)**, as directed in Mark 16:16. Baptism is God's arrangement for a person to gain a clean conscience based on their faith in the sacrifice of Jesus Christ. We choose to end one kind of life and begin another and the way of demonstrating that choice is to be baptised 'for the repentance of our sins'. The Bible compares baptism to burial, 'dying' to our past course of life and beginning a new one as a Christian, dedicated to God and saved through Jesus (Matthew 3:15, Matthew 10:28, Acts 22:16, 1 Peter 3:21, Colossians 2:12, Mark 16:16, Matthew 28:19-20, Ephesians 4:4-6).

Written about 300 years after the birth of Christ, [the Apostles' Creed](#) summarises foundational Christian beliefs taught by the early church and is a bold declaration of our faith in Jesus Christ. It particularly affirms the teachings regarding Jesus, that of his virgin birth, his crucifixion, his death, and his subsequent resurrection; core elements of the gospel of good news. It is a primary statement of faith shared by Christians around the world, uniting them in common union with the work achieved in and through Jesus.

Not Just A Disciple Of Jesus But Family Of God

Welcome to the family! When God puts you in Jesus, He also puts you [in community](#). When you believe and are baptised, you

become a disciple of Jesus – a Christian – but not only that, you also become a valued member of God’s family (1 Corinthians 12:27, Galatians 4:7, Romans 8:17, Galatians 3:26, 1 John 3:1-2, Ephesians 2:18-19, Ephesians 3:14-19). Becoming a Christian means you join a great cloud of faithful witnesses to the truth of the resurrected Christ (Hebrews 12:1), as believers of the message of Good News and disciples of Christ the King.

“If you declare with your mouth, “Jesus is Lord,” and believe in your heart that God raised him from the dead, you will be saved. For it is with your heart that you believe and are justified, and it is with your mouth that you profess your faith and are saved.” | [Romans 10:10, NIV](#)

<https://vimeo.com/113801439>

Grasping Hold Of Grace: Repentance

Imagine a man lost the middle of the Atlantic ocean. He doesn’t remember how he got there or where he’s going, all he knows is this endless swimming in circles. No ships in sight, he’s been treading water for hours and now he’s beginning to tire. There’s a very real danger that he will actually drown – that’s if the hypothermia doesn’t get to him first. He doesn’t realise this, however. He thinks he’ll be fine, that there’s nothing precarious about his situation. He’ll make it to shore.

Suddenly, almost miraculously, a ship appears on the horizon. The man gazes at it in interest. It could be useful to him –

the water is becoming colder and he feels very tired. The ship slowly draws closer and the captain appears, signalling from the bow.

“You poor creature! You look like you could do with saving! Luckily for you, I’ve got everything you need right here on board; food, water, dry clothes, first aid... the only thing you need to do is grasp hold of the life buoy I’m going to throw to you.”

He leans over the side and throws the buoy into the water, where it lands near the man’s head.

The man’s expression changes and he looks at the buoy disdainfully. “Conditions for rescue? I’ve never heard of such a thing. I shouldn’t have to do anything, I’ve been swimming for hours. In fact, I was doing fine before you arrived. I really don’t need your help. If you want me to get in the boat, you’ll have to come down here and get me.”

“Believe me”, the captain replies. “I’ve thought of everything and this is the only way for you to be saved. I promise the buoy is large and easy to grasp and not heavy at all. You won’t have any trouble, you just need need to reach out and take hold of it.”

The man shakes his head. “Nope. I’m not happy with those conditions. It doesn’t seem fair to me. I don’t see why I should have to do anything. And look, if we’re being honest, I was doing pretty fine on mine own anyway. You can keep going, thanks.”

“Well, look, you really don’t have to do anything, apart from take hold of the buoy”, the captain replied. “I’ve done everything else for you. I’ll pull you in...just grab hold.”

The man shakes his head again, angry now. “I really resent you saying you’ll save me and making me do all the work. I’m supposedly the rescuee – I shouldn’t have to do anything! Nope, I don’t like that at all. And in fact, I don’t need saving anyway. You can take your buoy and get lost.”

The captain shakes his head sadly. “I know you need the buoy.

I'm not going anywhere – I'm hoping you'll see sense and change your mind". The man turned his back on the buoy and continued treading water...

Needless to say, the man drowned several hours later.

Although this is a somewhat absurd and unlikely story, it's an apt illustration of how humans often choose to view God's saving grace.

Grasping Hold Of Grace

God's [saving grace](#) is a remarkable subject, permeating every aspect of [the Gospel](#), giving it weight and power. The saving acts of God, due to the work of Jesus on the cross and Jesus' resurrection from the dead bring reconciliation ("atonement") between people and God. This is why the Gospel is described as a message of hope for the whole world ([Luke 14:15-24](#)).

We see God's love for humanity demonstrated in His grace – His undeserved favour and kindness, bestowed on the human race. God's grace was shown in action – in [sending His son](#), to save the world through him. This important work was planned and has been done, on our behalf, long before we even existed. We had no part in this, nothing we did or didn't do has influenced God's decision or His plan to save humanity, or how He would achieve this. God loves because of **who God is**, not because of who we are.

"For God so loved the world that He gave His one and only Son, that whoever believes in him shall not perish but have eternal life." John 3:16, NIV

"He saved us, not because of righteous things we had done, but because of His mercy. He saved us through the washing of rebirth and renewal by the Holy Spirit." – Titus 3:5, NIV

There are no disqualifying factors to who is eligible – it's not offered on the basis of race, gender, age or moral

character – God’s saving grace is offered to everyone. In spite of racial and ethnic prejudices, Christians in the first century came to understand that no one was to be denied hearing and obeying the message of good news.

“...God shows no partiality. Indeed, whoever fears Him and does what is right is acceptable to Him in any nation.” – Acts 10:34-35, ISV

God wants to save us, He chose to save the world because of **who He is**. His love outweighed our desperate sin and He went to extraordinary lengths to save us.

“The Lord is not slow in keeping His promise, as some understand slowness. Instead He is patient with you, not wanting anyone to perish, but everyone to come to repentance.” – 2 Peter 3:9, NIV

And yet, there is a catch to grace – a condition, if you like. Saving grace exists in the same way that the life buoy floats on the ocean. Available, accessible, obtainable. We exist in the same way as a man treading water in an endless sea. Hopeless, helpless, dying. God calls to us – *I can save you, I can offer you hope and life – just grab hold.*

Like the drowning man, in the middle of the frigid ocean, we must grab hold of the life buoy if we want to be saved. There is a condition. We must do **something**. The condition to receiving grace is **receiving grace**.

“For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.” Romans 6:23, ESV

“For it is by grace you have been saved, through faith and this is not from yourselves, it is the gift of God.” Ephesians 2:8, NIV

Receiving Grace: Repentance

The Bible calls receiving God's grace *repentance*. Literally, repentance means to turn back, to change one's mind. However, the Bible tells us that true repentance is not only a change of mind but is also a change in actions.

*"...but declared first to those in Damascus, then in Jerusalem and throughout all the region of Judea, and also to the Gentiles, that they should repent and turn to God, **performing deeds in keeping with their repentance.**" – Act 26:20, ESV*

The Acts of the Apostles focuses heavily on the aspect of repentance relating to salvation. It wasn't a new theme – John himself had preached the baptism of repentance, but now the apostles really seek to impress on believers and non-believers alike the connection between repentance and receiving God's grace – His saving work through Jesus:

Peter replied, "Repent and be baptised, every one of you, in the name of Jesus Christ for the forgiveness of your sins. And you will receive the gift of the Holy Spirit." – Acts 2:38, NIV

"Repent therefore, and turn back, that your sins may be blotted out." – Acts 3:19, ESV

"When they heard these things they fell silent. And they glorified God, saying, "Then to the Gentiles also God has granted repentance that leads to life." – Acts 11:18, NIV

Acknowledging our need for God's grace – changing how we think about sin – and then acting in accordance with that change of mind is the true definition of biblical repentance. It is looking away from our hopeless, ungodly self and looking to God's grace. It is **believing that we need saving and reaching**

out to receive it.

We choose to end one kind of life and begin another and the way of demonstrating that choice is to be baptised 'for the repentance of our sins'. The Bible compares baptism to burial, dying to our past course of life and beginning a new one as a Christian, dedicated to God and saved through Jesus.

"What shall we say, then? Shall we go on sinning so that grace may increase? By no means! We are those who have died to sin; how can we live in it any longer? Or don't you know that all of us who were baptised into Christ Jesus were baptised into his death? We were therefore buried with him through baptism into death in order that, just as Christ was raised from the dead through the glory of the Father, we too may live a new life." – Romans 6:1-4, NIV

"Having been buried with him in baptism, in which you were also raised with him through your faith in the working of God, who raised him from the dead." – Colossians 2:12, NIV

Baptism and the steps that lead up to it are God's arrangement for a person to gain a clean conscience based on his faith in the sacrifice of Jesus Christ.

"This water symbolises baptism that now saves you also – not the removal of dirt from the body but the pledge of a clear conscience toward God. It saves you by the resurrection of Jesus Christ." – 1 Peter 3:21, NIV

Preaching the [good news](#) of salvation was the great commission given to the apostles by Jesus and baptism formed an essential part of accepting the gospel and receiving God's saving grace.

"And He said to them, "Go into all the world and preach the gospel to every creature. Whoever believes and is baptised will be saved, but whoever does not believe will be

condemned.” – Mark 16:15-16, KJ2000

The truth is, we are all adrift at sea – drowning in our sins. The only way of being saved is to accept that fact and believe that we need saving. Accepting Jesus as the saviour provided by God for the sins of the world and being baptised as an acknowledgement of our belief is true repentance. It is the way home to a [relationship restored](#).

“For it is with your heart that you believe and are justified, and it is with your mouth that you profess your faith and are saved.” – Romans 10:10, NIV