

So You Want To Follow Jesus?

Maybe you've been thinking you want to follow Jesus and become a Christian, but just aren't sure how to take that step. You *think* you might know what it means *to follow Jesus*, but it'd be good to get some clarity and direction – *what's next?*

Or maybe you've never thought about following Jesus...until now. But something has got you interested, you don't know what exactly, but you want to know – who is this Jesus person your Christian friends at school or uni call 'Lord and Christ'? What does *that* – *Lord and Christ* – even mean?

separated by sin

In my previous article '[A guide for LGBTQ Christian teens](#)', I talked about how much God loves each one of us. He loved the world so much that 'while we were yet sinners, Christ died for us' ([Romans 5:8](#)). You could be thinking, '*sure, that's nice, but what does it mean 'sinners'? I haven't done anything wrong*'.

Sin is not necessarily a hot button topic in our world today. You're more likely to be encouraged to '*live your truth*' than told '*you are a sinner in need of forgiveness*'. If we do stop to think about sin, we probably tend to view it as *really bad things*, like *murder* or *hating on someone* or *lying*. Most of us would probably think of ourselves as *pretty good people*, but the truth is, when compared alongside a completely holy God, we all fall far short of His standard of 'good'.

Sin is not just about specific actions; it also refers to a broken relationship with God and a tendency to stray from His holiness. The reality is that you are separated from God because of your sin, no matter how small or insignificant it might seem.

The Bible describes our situation as being like slaves.

Although humans were created to rule over this world and all the creatures that live in it wisely and well, as God's image-bearers, we gave that up in the Garden of Eden to give our allegiance to someone other than God. We allowed ourselves to be mastered by sin and so became its slaves (2 Peter 2:19).

No doubt this resonates with your own life experiences. Even when you've wanted to do the right thing or tell the truth, we often don't make the right choice in the moment. You've probably done things or made decisions that you now regret but it seemed impossible at the time to choose differently.

But the good news is that God didn't want to leave humanity in a state of brokenness and separation from him. He wanted to fix up the issue of sin, to make a way for us to be forgiven for our mistakes, and to show us the way to live in right relationship with Him.

He sent Jesus to save us, to redirect our lives towards His good and abundant way of living, and to help us see that our true reality, who we *really are*, is *one beloved of God*, intended for glory and greatness.

Lord + Christ

God sent His Son Jesus into the world "not to condemn its people but to save them! Everyone who has faith in him will have eternal life and never really die." (John 3:16-17, CEV).

Being saved involves *having faith* in Jesus. So the logical next question is, *who is Jesus?* Who *is* this person that I would put my faith in him? What does it even mean to *put my faith in Jesus?* Great questions!

The best place to start* to learn about who Jesus was is in the New Testament with the gospels of Matthew, Mark, Luke, and John.

The gospels provide an account of the life, teachings, death,

and resurrection of Jesus Christ, and are foundational texts for understanding His ministry and message. In them, you'll read many amazing stories of what Jesus did, the miracles he performed, who he said he was, the reason why he came, and, finally, the almost unbelievable account of his resurrection from the dead, which validated Jesus' divine identity and his claim to be the Son of God.

The gospel of John comments that *"these [things about Jesus] are written that you may believe that Jesus is the Messiah, the Son of God, and that by believing you may have life in his name."*

(If you haven't read the gospels for yourself, why not take some time over the next few weeks to read through what they say about Jesus...)

The book of Romans, written by the Apostle Paul, says that "this is the very message about faith we preach: If you openly declare that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved." Romans 10:9

He's telling us that *having faith in Jesus* means believing that Jesus is the one that God sent to save us from our sins (*Christ* or *Messiah*, means 'anointed one' (Isaiah 61:1), that Jesus is Lord and therefore has rightful authority over our life, and that he really is the Son of God, as proven by his resurrection from the dead.

The gospels therefore offer both an invitation and a challenge. Do you accept that you need forgiveness, that you are separated from being in right relationship with God? Do you believe Jesus is the one sent into the world to offer that forgiveness and restore you to God? Do you believe that his claim to be the Son of God is true and that he really did rise again from the dead? Do you believe he is Lord of all, just as capable now, as then, of commanding the winds and waves, and will you trust him with the direction of your life?

If the answer is yes to all of these, then *this* is what it means to follow Jesus! This is what it means to be a Christian.

disciples not decisions

Every Christian's life starts at a certain point, with a decision, but that one decision alone is not enough. Following Jesus is a life marked by *discipleship*, which is really just the process of learning to be like Jesus more and more each day. That's a topic I intend to talk more about in a later article.

But following Jesus *does* start with *having faith*: confessing that Jesus is Lord, and believing that God raised him from the dead.

So if this is you, if you find yourself fully convinced about who Jesus is and what he came to do, and that he truly was the Son of God, whom God raised to life again, the Bible says that as soon as you realise this, you should declare your faith publicly by being *baptised* – fully immersed in water.

Baptism is God's arrangement for a person to gain a clean conscience based *on their faith* in the work of Jesus Christ. I'll be talking a bit more about that in my next article in this series (Letters To My Kids) so look out for that soon, but if you'd like to chat about baptism in the meantime, I'd love to hear from you!

Let me know your thoughts on this topic (you can message me publicly or privately here or on my socials), or any questions you'd like answers to on this topic (or anything else) in upcoming articles!

“And now what are you waiting for? Get up, be baptised, and wash your sins away, calling on his name.” – Acts 22:16

* the gospels aren't the only place we read about Jesus. Both the Old Testament and New Testament have a great deal to say about Jesus and who he was! In fact, the promise of Jesus is found in the very first book of the Bible, Genesis. [Here are 55 Old Testament prophecies](#) about Jesus, covering his birth, ministry, death and resurrection, and role in the church.

The Dark Heart Of Christmas

Christmas is a unique time of year.

Traditionally, it's seen as a season of joy, hope, celebration, and family—a chance for many to unwind and find rest as the year draws to a close.

Yet, for others, the story is different. Christmas can be a lonely and isolating season, marked by fractured relationships, the pain of missing loved ones, or financial pressures that overshadow the festivities. It can feel less like a time of rest and more like a whirlwind of exhaustion and unmet expectations.

For many, Christmas is a complex mix of emotions—hopeful yet heavy, joyful yet sorrowful, warm and welcoming but also marked by loneliness and discouragement. It's a time that holds both the brightest lights and the deepest shadows, depending on where one stands.

It seems to me that all these emotions are deeply rooted in the true Christmas story—a story far removed from the sanitised, child-friendly version we often share. Yes, Christmas is a time of hope and celebration as we mark the birth of Jesus Christ. But it's also a season for introspection and solemnity as we reflect on why Jesus came and the profound purpose of His arrival.

Christians are often accused of being overly focused on [sin](#)—and it's true that we sometimes tend to emphasise sin more than the grace that forgives those sins. But sin, and humanity's separation from God, are central to the Christmas story.

Without sin, there would be no need for redemption or reconciliation with God. Without sin, there would have been no need for Jesus Christ to come "to save his people" (Matthew 1:21). Without sin, Jesus would not have had to die. At the heart of the Christmas narrative lies a profound hopelessness—a darkness that calls us to pause and reflect.

Jesus | The Hope Of The World

Before there was a baby in a manger, there was a crisis in a garden—a catastrophic severing of humanity's relationship with God. It was a moment that cast a long shadow of darkness over the world and which set the scene for the arrival, many centuries later, of a Saviour. Jesus came as the light that would pierce the darkness, bringing hope and redemption to a world in desperate need of reconciliation with God.

One of my favourite chapters in the Bible is the opening of the Gospel of John. John begins his account of Jesus Christ's origins with words that echo the first chapter of Genesis. He reflects on the darkness present in the beginning—a world without form and void—and reveals how light entered that darkness. That light, John tells us, is Jesus, through whom God's unfailing love and faithfulness has come to humanity. It is through him alone that God has been fully revealed to us.

"Comfort, comfort my people," the prophet Isaiah would write, "Speak tenderly to Jerusalem. Tell her that her sad days are gone and her sins are pardoned. Yes, the LORD has punished her twice over for all her sins." Listen! It's the voice of someone shouting, "Clear the way through the wilderness for the LORD! Make a straight highway through the wasteland for

our God! Fill in the valleys, and level the mountains and hills. Straighten the curves, and smooth out the rough places. Then the glory of the LORD will be revealed, and all people will see it together. The LORD has spoken!" | Isaiah 40:1-3

It's Definitely Good News

"Keep it positive," my daughter urged when I mentioned I was writing about the deeper, darker side of Christmas. "Not everything has to be a negative." And I do understand her point. Christmas, with its twinkling lights, joyful songs, and festive feasts, is a season meant for happiness and celebration.

Do we really want to turn our thoughts to more solemn, existential realities? Do children really need to understand *why* Jesus came into the world? Some might say it feels like 'raining on the parade' or being a bit of a party pooper during such a joyful season.

But I think the answer should be yes.

Reflecting on the deeper meaning of Christmas doesn't take away from the celebration—it adds depth and significance. The joy and festivities are wonderful, but they become even more meaningful when we understand the "why" behind them: Jesus came into the world because of God's immense love, to bring light into darkness and offer hope and reconciliation. Christmas is definitely *good news*, but its true significance shines brightest when we understand just how broken things were before it.

For children, this truth doesn't need to feel heavy or complex. Instead, it can be shared as a simple, hope-filled message—that Jesus is the ultimate gift, given to bring peace, love, and joy to the world. Far from lessening the joy of the season, this understanding can make Christmas even more special.

God-With-Us

Christmas celebrates the gift of grace found in Jesus, a gift that came at a great cost. While the festivities—lights, songs, and feasts—bring joy, they are merely the wrappings around this profound truth: Jesus Christ is the ultimate gift, the hope of the world, fulfilling God's mission to redeem humanity.

John tells us that the light that was in the beginning, the Word Himself, would step in the very creation He had made in order to save and redeem it. In his human body, the war against sin and death would be waged and won.

His name would be Emmanuel, that is, *God-With-Us*, and he would save us from our sins.

*“What gift of grace is Jesus, my Redeemer,
There is no more for Heaven now to give,
He is my joy, my righteousness, and freedom,
My steadfast love, my deep and boundless peace” | City Alight*

As we celebrate Christmas, we can embrace both the joy and the meaning of the season. The twinkling lights, festive songs, and shared meals remind us of the happiness this time of year brings. But it's also an opportunity to reflect on the deeper story—the arrival of Jesus, the true light of the world, who stepped into our darkness to bring grace, redemption, and reconciliation.

At its heart, the Christmas story contains both joy and sorrow, loss and restoration, light and darkness. Christmas is about this extraordinary gift—freely given—and a hope that continues to shine brightly today.

Loving The Church

“You can develop a healthy, robust community that lives right with God and enjoy its results only if you do the hard work of getting along with each other, treating each other with dignity and honour.” | James 3:18, MSG

It can be hard to love the church. Frankly, at times, she can seem like a big, fat disappointment.

Infighting. Divisions. The failure of leaders and the apathy of congregants. The assimilation to culture. A preoccupation with prestige and power. Intolerance. Liberality.

Sometimes the church is hard to love.

“It is clear that the church regularly breaks our hearts, disappoints, and even damages us. Both history and our current headlines reveal a church that can be a deeply flawed, sinful, and unhealthy institution, marred by acts of injustice, corruption, abuse, misogyny, and oppression. The contemporary [American] church is wrecked with bickering and division, celebrity worship and unaccountable leaders, false and shallow teaching, and a Christian industrial complex formed around greed and vanity.” | Tish Harrison, A Church Called Tov

Negative experiences often lead people to ‘give up on church’. They decide they will ‘follow Jesus’ but reject the church. Their solution: to walk an individual and untroubled path, to become a solitary lighthouse bravely resisting the wild seas alone.

And I get it. I do.

It's an unsettling reality that many people who've left the church and moved away from Christian community have suffered real disappointment and hurt at the hands of the church. For many, their view of the church has been (justifiably) tarnished by their negative experiences within it.

People can be very wounded by the church, unfortunately, because it's made up of imperfect people who often mess up.

But here's the rub.

We are the church.

All of us, together, collectively, communally.

There's not *ourselves* and then, over there, *the church*. There's not *me*, in my own personal little faith bubble, and then, over there, the raging, incompetent screw-up of a *church* that I, personally, have no connection to (and neither do I want to).

There aren't *some Christians* who just love doing church and other Christians who, well, it's just *really not their thing*.

'An individual Christian does not a church make.'

We are the church

Christianity is, by definition, collective, and communal. There is no church, without all of us.

Too often we separate out Jesus and 'the church' in our minds as if they're two different identities. We say we love Jesus but we're less enthusiastic about his people.

But the church is Jesus' body. It's part of him and he's part of it. He died for the church, for his people, and it's in his death and resurrection that we are brought together in community.

Jesus said that he would build his church, purchased with his own blood, and of which he is the chief cornerstone (Matthew 16:18, Acts 2:28, Ephesians 2:20). His language is organic, inclusive, and corporate. He is in the house-building business and we are each his individual stones, selected and fitted together, according to his good pleasure (1 Peter 2:5).

We therefore can't say we love Jesus but we hate his people/body... it's simply incongruous.

Loving the church isn't an optional extra to our life of faith. It's an intrinsic part of it, with all its joy, pain, and disappointment. She is us and we are her.

3 Reasons To Love The Church:

1. Because Jesus Asked Us To (And Because He Loves Her)

Jesus brings real people, diverse and divided in life, into common union together, into relationship, into the messy, untidy reality that is the church, not because they are worthy, but because Jesus died for them and that is enough.

It's around the Passover table, over the first Christian communion, and right before Jesus was betrayed, sentenced to death, and then crucified, that he gives his disciples a new commandment to live by once he is gone.

"...love one another: just as I have loved you, you also are to love one another. By this, all people will know that you are my disciples if you have love for one another." | John 13:34-35, ESV

By loving one another as he has loved us, all the world will know that we are his disciples. The world will see your love for each other and know, without even having to ask, that you are followers of the king.

Love isn't always easy, but it is the more excellent way. And it's the way that Jesus has asked us to take.

First, we were loved, now we love.

Sure, we will have to work at it at times (and 1 Corinthians 13 is full of pastoral advice on how to go about this) but, quite simply, loving each other – loving the church – is what Jesus has asked us to do.

He loves her and he wants us to love her too.

2. Because The Church Is The Hope Of The World (Despite Her Flaws)

Around that communion table, Jesus could see the seeds of the church – his church – that was soon to be born. His small band of followers represented the expansive and diverse family that God would build through him, for the glory of His name and in pursuit of His purpose.

“You are my ambassadors”, Jesus had told them, *“and behold, I am with you, even until the end of time.”* (Matthew 28:20).

From the dark soil of an empty tomb, the seeds of Jesus' church sprang forth, bringing new life and hope.

The church – full of saved sinners – is the place that tells of God's goodness and faithfulness, and His enduring love for humanity.

The church is the place that speaks hope, shining the light of the gospel into a dark world.

The church is the place where broken and damaged people find healing and redemption, basking in the warmth of God's radical grace.

The church is the heart of God's kingdom mission, spilling over into the world and showing that a different way is

possible: life that gives life, in abundance.

We love the church because, despite her flaws, she is the hope of the world, the place where people finally come home.

3. Because We Were Made For God's Community

We were made for community and we grow and are nurtured in community. (Yes, we are wounded in community but it's also in community that we heal. *"Healing might not come from the community where the wounding took place, but community is needed for healing nonetheless."* | Rich Villodas)

It was in the very beginning that God said, 'let us make humanity in our image and after our likeness.' To be with God and to be like God, together: this is what we were made for and the purpose of human existence. This is why we all feel that deep longing to belong, why we continually search for meaning in the mundane. God has placed eternity in our hearts (Ecclesiastes 3:11).

We aren't really 'Christian' in its fullest sense unless we're doing life together within the God-community we were created for. Otherwise, we're just like a random toe or finger, disconnected from a body and essentially useless (1 Corinthians 12:12-27) (in this analogy, that is; please don't read that to be saying 'you are useless'!).

The Apostle Paul has this to say about the body of Christ: *"A body is made up of many parts, and each of them has its own use. That's how it is with us. There are many of us, but we each are part of the body of Christ, as well as part of one another."* (Romans 12:4-5, CEV)

Each one of us, brought together, makes up the body and, as Ephesians 5:29 comments, "None of us hate our own bodies. We provide for them and take good care of them, just as Christ does for the church."

This is what we were made for! Relationship with God and relationship with His people. Church people are kingdom people, living in a fellowship under King Jesus, with lives that are “connected to things before the creation of the world and extending far into eternity.” (Ecclesiastes 3:11)

We love the church because she is the community of God.

Finally...

Sometimes the church can feel hard to love. Sometimes we rub up against people who don't exactly show Jesus as we think he ought to be seen. *Sometimes we are those people.*

But for those who have been disillusioned by the church, please know that she is full of people who really are the real deal; people who love Jesus, love his people, and are working every day in his kingdom mission with sincerity and authenticity. I know, because I've met them!

So, don't give up hope in the church, in finding your place in it, and in loving her, despite her flaws.

She is us.

We are the church.

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Women + The Church

There is a great deal of evidence of women's participation in the early church and the role they played in early

Christianity.

In Him Was Life

New Testament holiness is a joyous privilege, not a heavy burden and duty.

Keeping The Faith

The question isn't "do you truly believe" but, "who do you trust"?

Crossing Over

There are many crossings a human will make in a lifetime. Our introduction to life is just the first.

The Incarnation Of The Word

In the beginning, the Word already existed. The Word was with God, and the Word was God. He existed in the beginning with

God.

Lessons From The Seven Churches

Right from the beginning the church was flawed, as Jesus always knew she would be, and she has been flawed ever since; a living, breathing contradiction.