

# Women + The Church

There is a great deal of evidence of women's participation in the early church and the role they played in early Christianity.

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## Beyond The Pale

(Not a reader? Take a listen instead ↓)

*“By the 14th century, the Norman invasion of Ireland was struggling. Too many Normans had “gone native”, assimilated into Irish life. The remaining settlers had retreated to just four eastern counties: Louth, Meath, Dublin, and Kildare. These four “obedient shires” were the only part of Ireland still under the control of the English crown. The king’s perimeter was marked with wooden fence posts pounded into the Irish turf. These were called “pales,” from the Latin palus, meaning “stake.”*

*Over the following centuries, the English settlement fortified its boundaries by turning the fenceline into an impressive barrier: a ten-foot-deep ditch surrounded by eight-foot banks on each side and ringed by a thorny hedge. These ramparts were never meant to be an impregnable wall, but they did provide a daunting obstacle to raiders stealing across the borders for English cattle. Within the Pale ditch, settlers lived under the protection of the crown. But once you passed “the Pale,” you were outside the authority and safety of English law, and subject to all the savageries of [rural Ireland](#). “Beyond the pale” then became a colloquial phrase meaning “outside the limits of acceptable behaviour or*

judgment.” | [C N Traveler](#)

I [recently wrote about my separation from](#) the religious community I grew up in and the overwhelming response to my article was both encouraging and thought-provoking.

Many people wrote to me, both publicly and privately, to let me know that the article had deeply resonated with them. They expressed that they, too, have had many questions over the years, wrestling with inconsistencies while attempting to find their place in a system they secretly suspected they didn't fit.

Not many people feel free to speak publicly of their reservations or doubts and I understand this fear and hesitancy. They want to avoid similar censure and they know the penalty for dissenting is potentially severe; loss of relationship, rejection, and ostracisation.

Many also wrote expressing their distress at my experience (regardless of whether it had been theirs or not) and offering their blessing on my continued journey. I deeply appreciated their warmth, kindness, and understanding.

Others expressed dismay that I was no longer part of the community; how would I receive *nurture and support*? With whom would I now *fellowship*? Couldn't I have just stayed to *change the culture*? Beneath their words there seemed the suggestion of a more serious question; wasn't this just the beginning of a descent into loss of faith and the inevitable and eventual drift from God?

Others were less complimentary with their feedback. My article was deemed to be slanderous and inaccurate, and I, the author, simply a narcissistic, bitter ex-member, obsessed, while I was “in”, about my ‘rights’ being impinged upon or ‘the (annoying) call of true discipleship interfering with my personal life’.

Now that I was “out”, I was simply an aggressive and confrontational vandal, looking to break something with whatever stones I could throw.

My ‘questions’ were excuses, and, they implied, I ought to be cancelled.

While I thought a lot about the people for whom this article resonated, and I deeply appreciated that they had shared their thoughts with me, I thought more about the other two kinds of responses.

Firstly, I wondered about those who had simply dismissed me and what I had to say. I pondered the mentality that refused to acknowledge any part of my experience as valid, believable, or worthy of discussion.

I wondered at the psychology that would paint me as the intolerant troublemaker rather than the wounded truth-teller.

And I wondered at such blind certainty of their supposed privileged position and their categorical dismissal that God could legitimately be found anywhere outside their own walls. Their confirmation bias was on full display by the way in which they chose to interpret and respond to my narrative.

I thought, secondly, about those who now considered me beyond the pale, out beyond the protection and comfort of the only community that was able to provide such things. Blessings and opportunities galore had been mine for the taking, had I only just remained within the palisade walls. No such blessings or opportunities (or if there were some to be found, they would be few and far between), awaited me outside those walls.

No one survives out there, they seemed to be whispering to one another. She’ll die, for sure.

Well, I didn’t die.

It hasn’t been an easy journey, I’ll not pretend otherwise,

but outside those walls is not the wilderness you might imagine it to be. I'd been told that there was nothing worthwhile out there, but I discovered those are simply the words of fearful men, hemmed in by their own definitions and not living free in the Spirit of Christ.

God is out there. He is everywhere, and the more you listen for Him, the clearer He speaks. He is with us always, even when it feels like we're wandering through a wilderness, even if we're walking through the valley of the shadow of death.

Beyond the pale, I found men and women, fellow Christians, who deeply love Jesus and are committed to following him. I found people who are not afraid of difference but are compelled by the love of Christ to listen, to reason together, and sharpen iron one with another. To my astonishment, I discovered that *they knew the names of the faithful; Abraham, David, Deborah, Isaiah, Mary of Magdala, Paul, and many more.*

I discovered my place in the history of the church and learned the names of people from long, long ago – *Clement of Rome, Ignatius of Antioch, Irenaeus, Polycarp, Junia, Prisca, and Quintilla*, brothers and sisters in the great family of God.

I became reacquainted with Scripture in new ways, seeing the Bible as a book to marvel at and pore over, the spirit-breathed and living words of Heaven's Creator, active and able to deeply transform our hearts and lives, shaping us for His purpose. I learned to loosen my grip on needing *to know and understand everything* right now, and learned instead to say, "God, show me more of *You*."

My way of thinking about the Christian life shifted dramatically. It became very simple (note that I use the word *simple*, not *easy*): *Confess Jesus is Lord and Saviour (believe the story of Jesus as told us in the gospel) and then take up your cross and follow him, bearing the fruit of a life of repentance.* All else is just noise.

I discovered the messy but vital reality of the local church; filled with sinning and flawed humans who are being renewed daily by the grace of God, asking their questions and voicing their doubts along the way.

I learned what it felt like to be pastored to and personally prayed over, concepts that, bizarrely for a Christian, felt foreign and strange to me.

I discovered some churches that weren't for me and found others that were. The Christian world is nothing if not perfectly imperfect and there's a lot of diversity out there. It's not for me to judge the legitimacy of their place as one of the Lord's lampstands (Revelation 2:5), but it is my responsibility to use discernment when choosing a church home (1 John 4:1-5).

I found myself asking: what am I responsible to *bring* and what am I responsible to *nurture*? *In this sea of Christianity, how do I best serve and represent Jesus in the place where I now find myself?*

Let me now answer some of the questions that have been put to me. It may be that these are questions on your mind too.

## **Who Do I Fellowship With?**

Well, other Christians of course. A Christian is someone who has "*confessed that Jesus is Lord and believes in their heart that God raised him from the dead.*" (Romans 10:9). They've demonstrated their belief by repenting of their former way of life and by being baptised into the saving name of the Father, Son and Holy Spirit (Matthew 28:19). They've been transferred out of the dominion of darkness and into the kingdom of the Son of God's love, [a kingdom of life and light](#).

The first letter of John puts it this way:

*"What was from the beginning, what we have heard, what we*

*have seen with our eyes, what we have observed and have touched with our hands, concerning the word of life – that life was revealed, and we have seen it and we testify and declare to you the eternal life that was with the Father and was revealed to us – what we have seen and heard we also declare to you, so that you may also have fellowship with us; and indeed our fellowship is with the Father and with His Son, Jesus Christ. We are writing these things so that our joy may be complete.*

*This is the message we have heard from him and declare to you: God is light, and there is absolutely no darkness in Him. If we say, “We have fellowship with Him,” and yet we walk in darkness, we are lying and are not practicing the truth. If we [walk in the light](#) as He Himself is in the light, we have fellowship with one another, and the blood of Jesus His Son cleanses us from all sin.” | 1 John 1:1-7, CSB*

If we abide in Jesus, then we are in common union – community – with all those who are also abiding in him, both in our present time and throughout the ages, a great cloud of faithful witnesses of the risen King, [the people of the kingdom](#) (1 John 2:28, John 15:1-27, Hebrews 12:1-2). We are connected to one another by the precious blood of the lamb and nothing can separate us from the love of God, apart from us choosing to leave the light and walk again in darkness (Romans 8:31-39).

The [ordinance of communion](#) – taking bread and wine together – is an important part of our Christian life, as members of Jesus’ body and God’s family. It is a key element of Jesus’ covenant with each one of us individually and collectively as his church, the price of which was his own blood.

Written about 300 years after the birth of Christ, [the Apostles’ Creed](#) summarises the foundational Christian beliefs taught by the early church and is a bold declaration of

Christian faith in Jesus Christ. It particularly affirms the teachings regarding Jesus, that of his virgin birth, his crucifixion, his death, and his subsequent resurrection; core elements of the gospel of good news.

It is a primary statement of faith shared by Christians around the world, uniting them in common with the work achieved in and through Jesus. No Christian worth their salt denies this creed.

The church, the universal church, exists outside denominational walls and extends beyond historical boundaries. There is only *one body* of Jesus Christ, and holding to this spiritual reality means holding to the reality that *fellowship with the body happens when we abide in the body*.

## **Why Couldn't I Stay And Change The Culture?**

Cultures don't happen overnight. Made up of an interconnecting set of goals, roles, processes, values, practices, attitudes, and assumptions, the culture of an organisation is practically its DNA.

Changing a culture takes committed leadership, and often requires years of concerted and consistent effort, including intensive work to communicate and reinforce new ways of thinking, desired values, and changed behaviours. In fact, in the case of organisational transformation (such as church), it can take a minimum of seven to 10 years to change the culture.

But we humans are very resistant to change in general and attempting to change the culture of an organisation is particularly difficult as it's deeply embedded in the system. When people believe that their culture is superior to other cultures, they tend to resist any influence other cultures may bring (you can read more about this [here](#)).

I came to realise that I didn't have 15 years, or 10 years or even seven years up my sleeve. My children had reached their formative and impressionable years and there were many aspects of this culture that I didn't want them to absorb or be absorbed into. I also realised that while I had been hopeful of the possibility of a shift in culture, I had not fully understood how deeply embedded it was in the heart of a system so strongly resistant to change.

This was a culture that has existed for years and years, unchanged and unchallenged. It did not want to change and it saw no need for change. I began to understand it would take many years of sustained and concentrated effort by many more persons than myself, to see any kind of tangible difference.

I felt I had more hope of reaching the moon than I did of changing this culture by staying.

## **Have I Lost My Faith?**

I said that this journey hasn't been easy. And it hasn't.

When a person experiences loss of community, they also have to contend with what can feel like loss of identity. While we would all agree in theory that our identity rests, or should rest, in Jesus, in practice we are also deeply shaped by our place within community, in knowing and being known by the people who surround us.

Beyond the pale is initially daunting and lonely. Everyone you ever knew is on the other side of that fence.

I was [reminded during this time](#) of the story of Hagar, who had been driven into the wilderness by the harsh treatment of her mistress Sarah (Genesis 16:6-13).

Miserable, lonely, and afraid, the Lord found Hagar beside a spring in the wilderness and spoke words of comfort and hope to her. She names God in that place as 'El Roi', meaning, "You



are the God who sees me.”

I have repeated this to myself many times in the past few years when doubt and discomfort has crept in. Not doubt *in* God, but doubt that He still had His hand over my life, that He was the God who looks after me, that I was still seen and known.

Having faith is firstly a posture of the heart, an orientation of trust in or towards something or someone. My faith was placed in Jesus at 16 years old and my trust in God remains firm. I remain confident that the Spirit will lead me in all truth and that the important things God wishes me to know, He will make known.

I trust Him, even when I am confused about His plans for me, even when I don't understand the lessons He's teaching me, even when I can't see what the future holds.

I trust Him even when I'm wracked with anxiety and overwhelmed by uncertainty. I trust Him even when life is challenging and change is necessary. I trust Him because I believe that the same Spirit that rose Jesus from the dead *lives in me*. If God is for me, who can be against me?

This journey has challenged me in ways I never imagined and I've wondered many, many times, *how did I get here?* But I know, for sure, He is still the God who sees me and takes care of me.

I have not lost my faith.

## **Where Would I Find Nurture And Support?**

The wilderness is an unforgiving landscape, where all reliance on self is brutally highlighted for what it is, inadequate, insufficient, a lie. To my dismay, I initially found myself echoing the murmurs of the children of Israel in the wilderness. I wondered, had God brought me out here to die?

This was the first lesson I had to learn: Jesus never promised this Christian life would be easy.

The second was this: God always provides.

It was not the wilderness I imagined it to be. God sent people into my life during this time: good, loving, solid, Jesus-loving people, who prayed with me, ate with me, opened their homes and shared their lives with me.

They personally testified to God's goodness in both good times and bad. They encouraged me to persevere in faith, nurture forgiveness, run after grace, and ground myself in God's love. *"Love bears all things",* they reminded me, *"believes all things, hopes all things, endures all things."*

Like the children of Israel who had wandered in the wilderness, God had ensured I was still provided for.

***"There's honey in the rock  
Water in the stone  
Manna on the ground  
No matter where I go  
I don't need to worry now that I know  
Everything I need You've got"***

Honey In The Rock | Brooke Ligertwood

## **Where To From Here?**

I am a Christian for the rest of my days. *I believe in Jesus Christ, descended from David, risen from the dead. This is my gospel.*

But as to the next step? *I don't know* what God has in store for my future.

I hope to be a part of a flourishing and vibrant church. I hope to serve and witness alongside people whom I get to love and know deeply, and by whom I feel seen and loved in return.

I hope to be a worthy example of faith for my children and a trusted companion and woman of valour to my husband.

I hope that God uses me in many small, indiscernible ways to help grow His kingdom here on earth. If He has larger, more visible plans in mind, I hope I have the courage to step into His calling for me.

I hope to avoid pain and difficulty and loss, but I know these will inevitably come my way, so I hope to be brave and true when they do.

And in all these things, I recognise that I will be flawed, always flawed, but I continue to give thanks for the grace of God and the blood of Jesus, which cleanses us from all sin.

Most of all, I hope to hear the words of the king on that final day: *“Well done, good and faithful servant. You have been faithful over a little; I will set you over much. Enter into the joy of your Lord.”*

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## **Why Belonging To A Local Church Isn't Optional**

The last six months have been an unsettling and disruptive time for millions of people around the globe. The impact of COVID-19 on our ordinary routines and daily habits has been, in many cases, bewildering. The ways in which we would usually connect have had to adapt to these new and strange times – and it seems we're not out of the woods just yet. Our lives may not return to normal any time soon, if, in fact, at all.

## **COVID-19 Discloses A New Reality**

COVID-19 has also brought to light just how busy and frantic *normal* actually was and, for many people, the slower pace and limited ability to travel too far afield has come as a welcome relief. This has been an unexpected opportunity to slow down and 'smell the roses', enjoy time with family, working or learning at home and passing lazy afternoons with nowhere particular to be; apart from in the garden or buying essentials at the supermarket!

For others, however, the sense of isolation and abandonment has been acute. Loneliness, anxiety and depression have been constant companions, with no assurance of when things might return to normal. Being able to still connect, albeit in the online space (hello Zoom!), has been critical for many people to support their mental health and maintain a sense of community and belonging.

For many Christians, however, the inability to 'go to church' (ie to gather physically together in a building) has uncovered a new reality; one that has perhaps laid hidden and undisturbed beneath the surface of our busy, ordered, *normal* lives.

What has been exposed is the troubling reality that when habit or routine no longer forces us to physically show up to church, we quite often stop showing up emotionally. Our connection to church – to the local expression of the body of Christ – is revealed to be a shallow, top-surface connection, driven and maintained only by habit. As soon as the opportunity to exit has materialised, we've opened the door and welcomed it with open arms. Physically, we may have been attending church, but emotionally, we've been long gone.

## **Is Church-Going Important?**

The necessity of finding other means to connect as a church

and the resultant disconnect for many Christians has highlighted important questions: Why do Christians gather anyway? Is 'going to church' even important?

Nearly 50% of Australians believe that church-going is no longer relevant. Out of a list of 13 facilities and 10 services that people agree a community needs, including foods and cafes, parks, libraries, local childcare and sports facilities, relationship seminars and support or social activities for seniors, a local church comes in at 13 and 9 respectively (only just ahead of English classes and migrant support, in the case of the latter).

Clearly, for many people, church-going is not only personally irrelevant, but it's also considered practically superfluous to a community's needs. At a time when the ability for gathering together in person has been greatly limited, increased disconnect from 'church' has been, for many Christians, a sobering reality.

Yet the Bible tells quite a different story. It describes [the church](#) as an essential reality, in vibrant, organic language; as a body, a vine, a family, a woman, a building of living stones, a kingdom. It describes the church as a single identity, made up of many individuals, with the ability, as a corporate reality, to affirm and give shape to the lives of each Christian who becomes a member. It reminds us that when we choose the King, we are also choosing the King's people.

*"The starting point of the Christian life is an unqualified trust in the power of Jesus' death and resurrection to save humanity from sin, a trust that comes to individuals through grace and by faith. Once that trust in Jesus has been born in us by the Spirit, then our baptism signifies our willingness to commit ourselves to God, to submit to the lordship of Jesus, and to identify ourselves not just with the church but as the church." | Lucy Peppiatt*

Paul the Apostle speaks at length about the connection between the individual and the church. He comments in the book of Corinthians that “God has carefully placed each part of the body right where he wanted it”. This body of believers is governed or directed in all its functions by the head, who is Jesus.

It’s remarkable that God has designed the human body – every part dependent on every other part – as a working model for understanding our lives together as a community of believers (1 Corinthians 12:27).

## **How Do We Identify Ourselves Not Just With the Church But As The Church?**

Why is it important for a Christian to feel like they not only have a local church they call ‘home’ but that they truly belong there? How does a Christian identify not just with the church but as the church?

*“A local church is a group of Christians who regularly gather in Christ’s name to officially affirm and oversee one another’s membership in Jesus Christ and his kingdom through gospel preaching and gospel ordinances.” | Jonathan Leeman*

Acts 2:42-47 describes not only *how* but *why* the first Christians began gathering themselves together. They were a new organic identity, citizens of the kingdom of God, ‘called out to follow and serve King Jesus’. These new Christians regularly gathered together to honour God and His Son, to grow in community, to grow together spiritually, to give themselves in service and to share and witness to the good news of the risen King. We describe these collective [Christian activities](#) as ‘worship’, ‘fellowship’, ‘discipleship’, ‘ministry’ and ‘evangelism’.

The local church is the tangible evidence of the reality of

the kingdom of God. Church people are [kingdom people](#), living in a fellowship under King Jesus, with lives that “are literally connected to things before the creation of the world and extending far into eternity” (Ecclesiastes 3:11) (Matter Of The Heart).

Gathering together as a local church is therefore a public declaration, to both fellow Christians and to the world, that an individual has submitted to the rule of King Jesus and that their allegiance has been transferred to him. It affirms that each person gathered is a person of the kingdom, for whom Jesus is Lord. It’s how one Christian says to another Christian: *“What! You too? I thought I was the only one.”* (C S Lewis)

Through Christ’s work on the cross, Christians have been made his body, his family, his temple, his people, his flock, his joy and crown. But they only become these things collectively, never individually. *“Christianity isn’t meant to simply be believed; it’s meant to be lived, shared, eaten, spoken, and enacted in the presence of other people. Try as I may, I can’t be a Christian on my own. I need a community. I need the church.”* | Rachel Held Evans

The Christian life, as it turns out, is a package deal. If you choose the King, you must also choose his people.

## **Why Belonging To A Local Church Isn’t Optional**

The biblical imperative of belonging to a local church is an important and often neglected conversation. The idea of committing can seem uncomfortable, even legalistic for some people. For many Christians, the experience of church has been one of hurt and disillusionment.

Not every church hurts people, but most churches have hurt someone at some point, simply because churches are made up of

imperfect people. This reality can leave people reluctant to re-engage, afraid of being hurt again, wanting to protect themselves, and questioning the place of the church or even God in their lives.

*“Christians need relationships to grow. We don’t grow in isolation; we develop in the context of fellowship.” | Rick Warren*

Yet despite all the imperfections that can be found within a church or the fact that a church can (and will) mess up and get it wrong, it’s the way we’re supposed to ‘do life together’ as Christians.

Jesus didn’t say that he would ‘build Christians’, but that he would build ‘his church’, purchased with his own blood and of which he is the chief cornerstone (Matthew 16:18, Acts 2:28, Ephesians 2:20). His language is organic, inclusive and corporate. His church, as an instituted organic reality, has authority and governance that an individual Christian simply doesn’t have

Church isn’t just something we go to, it’s the tangible evidence of the reality of the kingdom. Church isn’t just an event we attend, it’s a fellowship we belong to (1 John 1:3, Acts 2:42, 1 Corinthians 1:9). Choosing a church home – choosing to belong to a local church – isn’t optional but essential for a Christian.

*‘The local church enables the world to look upon the canvas of God’s people and see an authentic painting of Christ’s love and holiness. The local church lays down a pathway with guardrails and resting stations for the long journey of the Christian life.’ | Jonathan Leeman*



# What If I Don't Feel Connected to My Church?

The church was born from the death and resurrection of Jesus and He continues to be the source and lifeblood of the church. Any life or energy a church possesses must flow from him, the risen King. Christ's rule – in the life of the church and in the hearts of its members – is absolute. Jesus is Lord.

If you're struggling to feel a sense of connection or belonging to your local church, we'd suggest there are two possible reasons for this:

**1. Jesus is Lord of your heart, but unfortunately, he's not the Lord of the church you're part of.** This is a difficult situation to be in but not without hope. Our suggestion is to pray about this and then engage in open and genuine conversation with the members of your church. Gently voice your concerns and suggest ways to encourage the church to 'return to its first love'.

One of the seven churches named in the book of Revelation, the church at Ephesus, faced a similar situation. They are commended by Jesus for being diligent in good works and for their perseverance, their intolerance of heresy, and their endurance of many hardships in his name; but they had lost their warmth and zeal for Jesus.

*“Relationship had simply become religion and passion little more than cold orthodoxy. The first love which characterised the Ephesians was the zeal and ardor with which they embraced their salvation as they realised they loved Christ because he first loved them (1 John 4:19) and that it was, in fact, his love for them that had made them “alive together with Christ.” So overwhelmed were they by the joy that came from understanding their former state—dead in trespasses and sins—and their new life in Christ, that they exhibited the fruit of that joy (Ephesians 2:1-5). Because of God's great*

*love for the Ephesians, they were “made alive in Christ” and that new life was exhibited in the passion of gratitude.” | [Got Questions](#)*

**2. Jesus is Lord of the church you attend, but not the Lord of your heart.** This is a more challenging situation and perhaps the place to start is where your Christian life first began: with the reality that *‘greater love has no one than this, that someone lay down his life for his friends’* (John 15:13).

Supreme love was demonstrated and made visible in Jesus’ death on the cross and it’s in this sacrifice that we also see the love of God, that *‘while we were yet sinners, Christ died for us.’* (Romans 5:8). Remind yourself that you are deeply loved and comprehend the fact that, in Jesus, you are forgiven and set free, fully reconciled and made right with God. You are His dearly loved child and a citizen of His kingdom, saved by grace through faith alone and not because of anything you have done. As Christians, we belong to God and He loves us with the love of a perfect Father (John 14:18, 1 John 3:1).

Give your heart entirely and with no hesitation to the King who died for you and everything else will flow from there.

If you’re struggling with your identity as a Christian or want to understand more about God’s work of grace in your life (and how that causes radical transformation), I would highly recommend reading the following two books: “What’s So Amazing About Grace” by Phillip Yancey and “Emotionally Healthy Spirituality” by Peter Scazzero.

The Christian life isn’t always easy and the next step isn’t always clear. Sometimes we need courage to take that step and sometimes we just need to stand still and watch God go to work for us.

# A Glorious Reality: The Church of Christ And It's Local Expressions

*"Picture, if you will, a globe with all the nations of the world mapped out on it. Now picture one little embassy of light. It's a gathering of Christians, gathered together in the name of their King, Jesus. Then the point of light divides itself into two, then four, then eight, and so it goes.*

*A new nation is growing, a nation set inside the nations. The new nation leaves the boundary lines on the map where they are, but it cannot be contained by the map's lines.*

*The line makers don't have the authority to stop these unworldly citizens. The points of light cross all boundaries, spreading everywhere like yeast through dough, or like stars appearing one by one as the night sky darkens.*

*These are the churches of Christ and their members. The world has never known anything like them." | Jonathan Leeman*

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## The Church | A Woman Of Valour

(Not a reader? Take a listen instead ↓)

This article is dedicated to the memory of William Tyndale (c 1490-1536), an active and passionate Christian writer and translator, whose historical influence on the translation of the Bible into English cannot be overstated. Tyndale was

convinced that the Bible alone should determine the practices and doctrines of the church and that every believer should be able to read the Bible in his own language *“The church of Christ is the multitude of all those who believe in Christ for the remission of sins, and who are thankful for that mercy and who love the law of God purely, and who hate the sin in this world and long for the life to come.”* – William Tyndale

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In my recent article, [‘The People Of The Kingdom’](#), I noted that **the church is the tangible evidence of the kingdom of God**. Church people are kingdom people, living in a fellowship under King Jesus, with lives that *“are literally connected to things before the creation of the world and extending far into eternity”* ([Ecclesiastes 3:11](#)) (Matter Of The Heart). By looking more closely at how the Bible describes the church, we will also see what the advancement of this kingdom of God looks like, in reality, demonstrated in the lives of those men and women who gather together as the church.

## What Does ‘Church’ Mean?

Our English language Bibles were translated from manuscripts written primarily in two languages; Hebrew (in the Old Testament) and Greek (in the New Testament). The translative history of the Bible is a fascinating journey, from an academic and historical perspective, and is well worth exploring. You can [read more about the translation process here](#).

In the New Testament, the word translated into English as *church* is not actually a translation or even a transliteration of the original Greek word. The translators of the first English language Bibles generally elected to use the English word *church* (which had emerged first as the word *kirk* and finally evolved through the centuries into the word *church*), as an English equivalent of the original Greek word. The first usage of this word ‘church’ in English was as a building in

which religious meetings were held, but eventually it came to be used for the people in the building too. By the time translators began translating the Greek manuscripts into English, it had been in accepted use in English for a long time. In all truthfulness, however, it wasn't an accurate translation of *ekklesia*, which is the original Greek word.

The original Greek word used in the New Testament – *ekklesia* – is a compound of “*ek*” (out of) and “*klesis*” (calling), a derivation of “*kaleo*” (call). A literal meaning would be “*a calling out*” or “*the called out.*” An *ekklesia* was originally a select civil body, summoned or convoked for a particular purpose and the word, in and of itself, didn't have any religious meaning attached. In Acts, the word *ekklesia* is used of a riotous mob (Acts 19:32 and 41) and also used to refer to a lawful gathering in Acts 19:39.

*Ekklesia* should perhaps be more accurately translated in English as *assembly* or *congregation*. However, the King James Version, the ‘authorised’ (and most commonly read) translation for many years, renders it *church* some 76 times, *churches* 36 times, and *assembly* three times. Most other translations follow the KJV's example. Essentially, the translators chose to replace *ekklesia* for another Greek word (*kuriakon* which, by this time, had already made its way into English as ‘church’).

Despite this, it would be true to say that the word *church* is now an extremely established and recognisable word in our modern English, and it has been used for centuries as the English equivalent of *ekklesia*, however erroneous the original translative methods were.

## **But What Does Church Really Mean?**

Today, most people would understand the word *church* to mean one or all of three things:

1. A **place of worship** (the original meaning of the word

*kuriakon* ('belonging to the Lord')

2. A particular **denomination or religious group** within Christianity (when attached to a name, for example, an *Anglican Church*)

3. A **body of Christian believers** (*the church*)

The primary goal, when trying to understand the use of the word *ekklesia* (in the context of the Bible's original meaning) is not necessarily to reinstate a truthfully accurate translation of the original word (although that would, of course, be a more proper process of translation) but to correctly understand the **meaning** of the original word. We know that words change meaning over time and also that it's not the word itself that is important, but how we understand and use that word. Do we talk about and describe the church in the same way, today, that the first-century authors did? (For the sake of continuity, we will discuss the biblical meaning of *ekklesia* in this article using the established English equivalent *church*).

The Bible never speaks of the church in the sense of a building or organisation. Neither does it speak of the church in the sense of a particular denomination. The biblical definition of church is actually about the people – those who place their faith in Jesus Christ for salvation (John 3:16; 1 Corinthians 12:13). These people are the global community of believers who gather together in 'local expressions of church'. The Apostle Paul describes this community like the human body, a living thing – made up of real people (1 Corinthians 12:12). The New Testament authors don't describe many churches but one, simply expressing that '*where two or three are gathered in my [Jesus'] name, there am I among them.*' (Matthew 18:20).

In the early years of the church, these gatherings were known, for example, as *the church that met at Corinth* (1 Corinthians 1:2), or *the church at Ephesus* (Ephesians 1:12), communities acknowledged to be the one body of the Lord 'scattered abroad'

(Acts 8:1-4, 1 Peter 1:1). The church is about people – **the people are the church, the *ekklesia*** – called out, connected in relationship by Jesus Christ and assembled together for a purpose.

There's a very real sense that many Christians are returning to this original meaning behind the word used by the New Testament writers; that is, to view and speak of the church as an *organic identity*, made up of 'people who are called and gathered together as a community in Jesus'.

## A 'Called Out' Community

In the first few chapters of Acts, we read of the birth of the church in a rush of wind and fire; a pivotal moment in history where people begin responding to the call of the gospel and the announcement of Jesus as the risen king and saviour. Peter's sermon in Acts 2:14-36 'cut many of the listeners to the heart' and his life-changing teaching regarding Jesus caused many to receive his words with gladness, believing that Jesus was both the risen Lord and [Christ](#) (Acts 2:36). This belief and repentance of their sin was demonstrated by them being baptised – 3000 people in one day!

Acts 2:42-47 describes how these individuals began gathering themselves together as a community 'called out to follow and serve King Jesus'. We begin to get a sense of the reason for the use of the word *ekklesia* by the apostolic writers to describe the formation and purpose of this one body of believers.

Throughout Acts, there are examples of the believers meeting together as a community and the purpose of these gatherings can generally be summarised by five key elements:

To honour God and His Son – '**worship**'

To grow community – '**fellowship**'

To develop personally – '**discipleship**'

To provide service to others – ‘**ministry**’

To share the Good News – ‘**evangelism**’

Being ‘called out’ is a common theme in the New Testament:

- Jesus came to **call** sinners (Matthew 9:13, Mark 2:17, Romans 8:30).
- By God’s [grace](#) and mercy, He **calls** people from among Jews and Gentiles to be His people (Romans 9:24-26).
- The believers in Corinth were **called** into fellowship with Jesus Christ (1 Corinthians 1:9).
- God **calls** believers to [peace](#) (1 Corinthians 7:15).
- The **calling** is by the grace of Christ (Galatians 1:6).
- The believers in Galatia were **called** to [freedom](#) (Galatians 5:13).
- Paul implored the saints at Ephesus to walk in a manner worthy of their **calling** (Ephesians 4:1, 1 Thessalonians 2:12).
- The believers at Colossae were **called** in one body (Colossians 3:15).
- God **calls** believers into His own kingdom and glory (1 Thessalonians 2:12).
- God **calls** believers to conduct their lives in holiness (1 Thessalonians 4:7, 2 Timothy 1:9, 1 Peter 1:15).
- God **called** the believers in Thessalonica by the gospel (2 Thessalonians 2:14).
- God **calls** believers out of darkness and into His marvellous light (1 Peter 2:9).

These passages all cite the original greek word *kaleo* (‘to call’ or ‘called’) and have to do with a believer’s relationship with God and their connection to His eternal purpose. We can also see the connection here with the use of the Greek word *ekklesia* to describe the collective community of ‘called out’ people – believers that assemble together.

## **Metaphors For The Church**

Other metaphors are used throughout the Bible to describe the



community of believers, one of which is that believers form a spiritual 'house' – living stones to offer up spiritual sacrifices acceptable to God through Jesus Christ (1 Peter 2:5).

Another metaphor is the human body, a living thing – made up of real people (1 Corinthians 12:12). Paul devotes a whole chapter in the book of Corinthians to the principles and purpose of 'church' and how each 'member' of the body is to be valued for the diversity and contribution they bring to 'the body'.

This metaphor of a body is further expanded as yet another metaphor, that of a particular kind of body, the body of a bride; the fiancée and intended wife of 'the lamb' (John 3:29, Revelation 3:12). We are given to understand from Ephesians 5 that the relationship between Jesus and the church wasn't modelled on the first marriage but, in fact, it was the other way around. God had the church in mind from the very beginning and our understanding of marriage is therefore modelled on the relationship that would exist between Jesus and his bride. Therefore, if we want to understand how the church, as the bride, relates to Jesus, we are to look to marriage and the examples given in both the record of creation in Genesis and Paul's writings in the New Testament. Marriage is our human way of experiencing and understanding how we, together as one body, relate to Jesus as his church.

*"A wife should put her husband first, as she does the Lord. A husband is the head of his wife, as Christ is the head and the Savior of the church, which is his own body. Wives should always put their husbands first, as the church puts Christ first. A husband should love his wife as much as Christ loved the church and gave his life for it. He made the church holy by the power of his word, and he made it pure by washing it with water. Christ did this, so he would have a glorious and holy church, without faults or spots or wrinkles or any other flaws. In the same way, a husband should love his wife as*

*much as he loves himself. A husband who loves his wife shows he loves himself. None of us hate our own bodies. We provide for them and take good care of them, just as Christ does for the church, because we are each part of his body. As the Scriptures say, "A man leaves his father and mother to get married, and he becomes like one person with his wife." This is a great mystery, but I understand it to mean Christ and his church." | Ephesians 5: 22-32, CEV*

## **The Birth Of The Church**

We are to think of the church – this community of believers – as a woman, a woman whose very life and existence were framed by the death and resurrection of a man. Through this man's death and sacrifice, she is created and at his resurrection, she becomes a living creature. We see the obvious echo in the story in Genesis of the creation of Eve from Adam's side:

*"The Lord God said, "It is not good for the man to be alone. I will make a companion for him who corresponds to him." The Lord God formed out of the ground every living animal of the field and every bird of the air. He brought them to the man to see what he would name them, and whatever the man called each living creature, that was its name. So the man named all the animals, the birds of the air, and the living creatures of the field, but for Adam no companion who corresponded to him was found. So the Lord God caused the man to fall into a deep sleep, and while he was asleep, he took part of the man's side and closed up the place with flesh. Then the Lord God made a woman from the part he had taken out of the man, and he brought her to the man. Then the man said, "This one, at last, is bone of my bones and flesh of my flesh; this one will be called 'woman,' for she was taken out of man." | Genesis 2:20-23, NET*

What an eloquent phrase: *'bone of my bones and flesh of my*

*flesh*! Adam looks at this new creation and exclaims “*this is my very own self, from my very own body*”. She is man’s counterpart, not merely in feeling and sense – his flesh – but in his solid qualities. We also have another significant phrase – ‘*taken out of*’ – echoing ‘the call’ that goes out in Acts 2. Here in Acts, we read of people being ‘taken out of the dominion of darkness and transferred into the kingdom of light and life’; visible proof of the power of the Gospel to bring about a new creation. Without the death and resurrection of Jesus, there would be no church, no new creation, no bride. The insistence of the critical reality of the resurrection of Jesus being connected to the fulfillment of the gospel promise was the firm teaching of the first century Apostles and this remains the solid framework of the existence of the church today.

*“Remember Jesus Christ, raised from the dead, descended from David. This is my gospel.” | 2 Timothy 2:8, NIV*

The woman in Genesis is the man’s possession, not in the sense of ownership, but rather in the sense of belonging. She is from him and of him, they belong together and are as one body. Paul comments on this being ‘profound’ and that ultimately, he is referring to the church’s relationship with Jesus (Ephesians 5:32).

## **A Woman Of Valour**

The word used of Eve at her creation is the Hebrew word *ezer*, which is translated as ‘*helper*’ in English. However, our understanding of *helper* falls far short of the original sense of the word, which is used elsewhere in the Bible to describe God as a helper to His people or of a king to his subjects. The primary idea of the word lies in ‘*girding*’, ‘*surrounding, hence defending*’, to ‘*protect or aid*’. The counterpart, therefore, to the man is “*a woman of valour, whose worth is incalculable*” (Proverbs 31:10).

We have this extraordinary *woman of valour* fleshed out in more detail in Proverbs 31:10-31; a famous passage celebrating 'the virtuous woman (or wife)'. We would perhaps understand *virtuous* to mean '*having or showing high moral standards*', but the original Hebrew words *eshet* and *chayil* used in these verses don't convey virtue or virtuousness in the same way we would understand '*virtuous*' today. The Hebrew word *eshet* is the construct form of *isha* (woman) and *chayil* connotes bravery (Psalm 76:5); capability (Proverbs 12:4); triumph (Psalm 118:16); or strength (Psalm 84:7). In the 17th century (when the first English Bibles were translated) *virtuous* still suggested the French '*virtu*', which at the time meant '*manly*' or '*brave.*' A better translation of the Hebrew words *eshet chayil* is '*woman of valour*' (as translated by the Tanakh Jewish Bible (1917)). This *virtuous woman* is the same woman who is also, in the King James translation, '*clothed in strength and honour*' (Proverbs 31: 25).

If marriage is modelled on the church and her relationship to Jesus, then it's not such a stretch to recognise the ideal woman in Proverbs as a detailed portrait of what the well-functioning, organic body of the church looks like.

*"She obtains wool and flax, and she is pleased to work with her hands. She is like the merchant ships; she brings her food from afar. She also gets up while it is still night, and provides food for her household and a portion to her female servants. She considers a field and buys it; from her own income, she plants a vineyard. She begins her work vigorously, and she strengthens her arms. She knows that her merchandise is good, and her lamp does not go out in the night. Her hands take hold of the distaff, and her hands grasp the spindle. She extends her hand to the poor and reaches out her hand to the needy. She is not afraid of the snow for her household, for all of her household are clothed with scarlet. She makes for herself coverlets; her clothing is fine linen and purple. She makes linen garments and sells*

*them, and supplies the merchants with sashes. She is clothed with strength and honour, and she can laugh at the time to come. She opens her mouth with wisdom, and loving instruction is on her tongue. She watches over the ways of her household, and does not eat the bread of idleness. Her children rise up and call her blessed, her husband also praises her..."*  
| Proverbs 31: 13-22, 23-28

What a remarkable description of the capable, industrious, joyful reality of the organic church; a living, breathing *woman of valour*, of which every believer is a member and valued part.

## **The Bride And The Lamb | The Story's Resolution**

Yes, Christians are stones making up a house (1 Peter 2:5).

Yes, Christians are branches connected to a vine (John 15:1-7).

Yes, Christians are subjects and citizens of a kingdom (Ephesians 2:19).

Yes, Christians are children of a heavenly Father (1 John 3:1).

Christians are all these things. But these are still metaphors for the individual. It's only when we consider marriage, as a metaphor of the church and the king being brought together, as one, that we understand that the Christian life isn't intended to be experienced as individuals but as a collective community. The church – the *woman of valour* – is created from the body of Jesus, who was crucified, buried and raised the third day, just as the first woman was taken from the first man. Together, Jesus Christ and the church are one body. She, the church, is the bride of Jesus and He, Jesus, is the spotless lamb who was slain from the foundation of the world

(Ephesians 1:22-23, Ephesians 4:4, 2 Corinthians 11:2, Acts 20:28, Colossians 1:24, Revelation 13:8).

The first two chapters of Genesis are where we first discover God's eternal purpose for humanity. The last two chapters of Revelation tell us of the glorious resolution of God's story. And Paul's words in Ephesians assert the *"supremacy and centrality of Jesus Christ in all this, together with his counterpart, the church, which should dominate our understanding of everything physical and spiritual."* – Frank Viola

*"Christ did not die just to save us from sins, but to bring us together in community. After coming to Christ, our next step is to be involved in community. A church that does not experience community is a parody, a sham. Simply put, the purpose of the church is to stand for God's eternal purpose. In short, wherever the church gathers together, its guiding and functioning principle is simply to incarnate Christ."* – Frank Viola, *Reimaging Church*

*"Let us rejoice and be glad and give Him the glory. For the marriage of the Lamb has come, and his bride has made herself ready."* | Revelation 19:7, BSB

*"The heart of her husband has confidence in her, and he has no lack of gain. She brings him good and not evil all the days of her life."* | Proverbs 31:11-12, ESV

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## **Author's Comment: A Further Brief Note Regarding The Translation Of 'Church'**

The English language was first spoken as a Germanic dialect, known as Old English or Anglo-Saxon, beginning in northern

England some years after the Anglo-Saxon conquest (circa 449 AD). The earliest written Old English, however, did not appear until approximately 800 AD. Probably sometime around 500 AD, the people in northern England started referring to a building erected for worship as a *cirice*, later, *chirche*, and finally, a *church*.

By the time William Tyndale translated the New Testament from Greek to English (known as the "Tyndale Translation", 1525 AD), the word *church* had been in use for centuries. Throughout these centuries, the state church had maintained its power over the people through bloody crusades against resistance groups for the sake of "doctrinal purity." It was claimed that the Apostle Peter had started the church (based on Matthew 16:18); and therefore the church should be lead by a clergy and not placed in the hands of any "congregation or assembly." Not only that, prior to the fourteenth century, a complete Bible in the English language, for the common people, didn't exist. Even for modestly educated clergy, the Bible was mostly inaccessible – available only in the Latin language and in large folio copies of two or three volumes. These Bibles were ridiculously expensive, limited in number and difficult to access. For the most part, the clergy had to rely on the small portions of scripture that were included in prayer books.

In his translation of Matthew 16:18, Tyndale rightly translates the Greek word *ekklesia* as *congregation*, as opposed to the word *church*, signalling a return to a correct understanding of the organic reality of the church. Tyndale's accurate translation of this one word threatened the power and control of the entire state church system. Knowing Tyndale's translation was soon to become public, to be read by the common people in their own language, presented a real threat to the power of the religious institution of the day. Tyndale was told to amend his translation. Despite being threatened by the religious leaders of his day, William Tyndale would not revoke his translation of the word *congregation*. Ultimately, he was betrayed, sentenced to death, and burned at the stake in 1536.

In 1604, King James of England and Scotland commissioned a new

translation in response to perceived problems or flaws with earlier translations which did not “conform to the ecclesiology and reflect the episcopal structure of the Church of England and its beliefs about an ordained clergy”. Instructions were given to the translators that the new version would conform to the ecclesiology of the Church of England (which, by now, had broken with and was directly in opposition to the Roman Catholic Church). As such, certain Greek and Hebrew words were to be translated in a manner that reflected the traditional usage of the church, now long-entrenched and in common use. Ecclesiastical words such as *church* were to be retained and not to be translated as *congregation*.

The King James Authorised Version was published in 1611 and quickly grew in popularity. It still remains a significant and popular English translation today. Unfortunately, however, the inaccurate use of the word *church* to replace the original *ekklesia* became firmly embedded in most translations with many readers unaware of the problematic nature of its translative history.

Can we unravel and reverse nearly 500 years of linguistic and cultural understanding that now surrounds the word *church*? Can we edit and reprint millions upon millions of editions of the Bible in English, which, in truthfulness, used a word that was an inaccurate representation of the original? Should we withdraw every copy of errant English Bibles from circulation, simply because it contains the word ‘church’? Is it possible to determine what was genuine translative prerogative or suspect ecclesiastical bias, then or now? The answer is clearly ‘no’ to all these questions.

A better solution, perhaps, and one worthy of investing our energy and resources to, is to rediscover the original meaning that the New Testament writers had in mind – the organic reality of a community of believers – and to speak, think and believe this of the church today, recognising that wherever the church gathers together, its guiding and functioning principle is simply to incarnate Christ.



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# Is Church-Going Still Relevant?

Despite Christianity still being Australia's largest religion (61.1% compared with 7.3% of all other religions combined), the proportion of Australians identifying as Christian has been steadily declining over the past century. Compared to 1911, when 96% of people identified as Christian, the 2001 census recorded the figure of 68% and the latest Census, taken in 2011, recorded a drop to 61.1%.

New figures released in 2017 show that some 7 million Australians (30.1% of the population), said they did not identify with any religion at all, a figure that's up from around 4.8 million (22.3%) in 2011's Census.

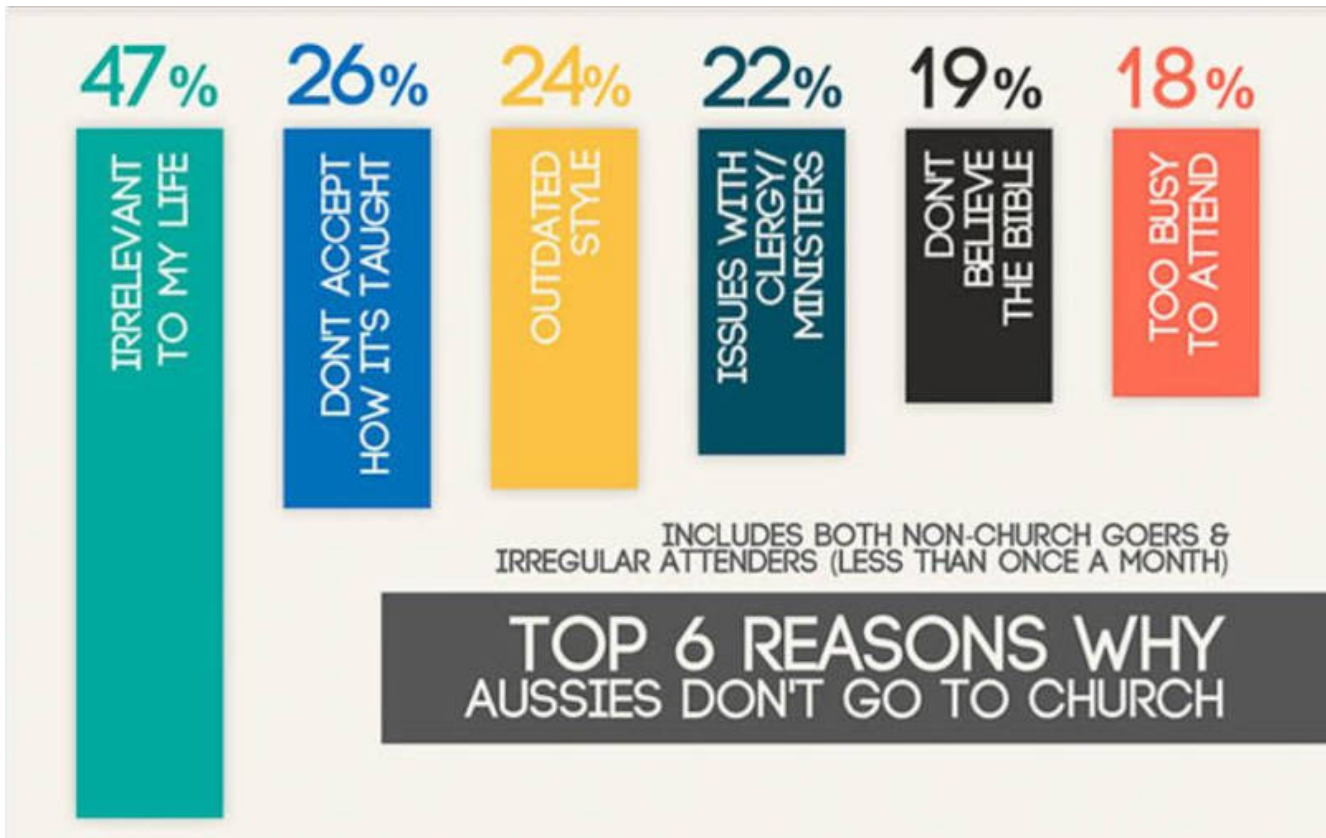
The average church attender's age has increased to 53 years and while the 70+ age group is still strongly represented, the younger generation is increasingly underrepresented. For example, 20-39 year olds make up about 34% of the national population but only 21% of church attenders.

Australia has more churches (13,000) than schools (9,500) yet church attendance has also declined. Those attending at least once per month has dropped by more than half when compared to [statistics](#) taken in 1972 (from 36% to the current attendance rate of 15%). Less than one in seven of the Australians who ticked "Christianity" on their census form regularly attend a church.

## Six Top Reasons Why People Don't Go To

# Church

For many people (as much as 47%), church is considered to be irrelevant to their life. The following diagram shows the top six reasons why Aussies aren't going to church. This is a survey of both non-church goers and irregular attenders but these reasons are perhaps also relevant for those once-regular attendees who have dropped off.



## Is Church-Going Still Relevant In 2019?

Nearly 50% of Australians believe the answer is 'no'. It's interesting to note in the following diagram that out of a list of 13 facilities and services that people agree a community needs, a local church comes in at 13 and 9 respectively (only scrapping ahead of English classes and migrant support, in the case of the latter). Clearly, for many people, church-going is not only personally irrelevant, it's also considered practically superfluous to a community's needs.



Church-going has become less relevant for Christians and non-Christians alike. Considerations such as meaningful engagement, purposeful worship, approachable ministry or authentic beliefs are all issues for people questioning the relevance of church and church attendance in their life.

## Does Church-Going Make Me A Better Person?

*It depends.*

Similar to the colloquial, often humorous question “how long

*is a piece of string?”*, the answer is; it depends. *It depends on how you measure it.*

Church-going, in and of itself, doesn't make a someone a better person (or Christian, for that matter). No-one would suggest that hanging out in the local soccer club means you'll become a better soccer player. Or that spending time every week in a car sales yard will make you a better driver. Attendance at church, in itself, really means nothing at all.

And, in fact, it could be argued that if you are attending because of the wrong motivations, then church-going could actually be detrimental for you. Going to church, just to keep your spouse or family happy, because you feel guilty if you don't, or because you feel a sense of religious obligation, are never meaningful reasons to attend. Religious obligation – a 'works-based' mindset – is often one of the major causes of [church burnout](#).

But when the *purpose* of church and church-going are both considered, we can measure the outcomes in a different way and get quite a different answer.

## **Church Is About People**

The Greek word *ekklesia*, which has been translated as 'church' in our English Bibles, is found 114 times in the New Testament (the original word is actually translated *assembly* three times, *church* 74 times, *churches* 35 times, and *congregation* twice). The original definition is of *an assembly of people convened at a public place*, often for the purpose of deliberating.

The root meaning of *church* is not that of a building, but of people and it was used by the New Testament writers to describe the community of believers gathering together. These believers would meet in various places, such as homes (Romans 16:5) or the temple (Acts 2:42). It wouldn't be incorrect to

express their meetings in this way; that the early believers 'churched together' (or assembled together).

The word *church*, in time, also came to be used to describe the building in which Christian believers would meet and so 'church' is now understood to be either the people, the building or both.

Yet the biblical definition of 'church' is actually about the people – those who have placed their faith in Jesus Christ for salvation ([John 3:16](#); [1 Corinthians 12:13](#)). These people are the community of believers who gather together and the Apostle Paul describes it like the human body, a living thing – made up of real people ([1 Corinthians 12:12](#)). In fact, he devoted a whole chapter in the book of Corinthians (in the New Testament) to the principles and purpose of 'church' and how each 'member' is to be valued for the diversity and contribution they bring to 'the body'. In essence, church is about *relationship*.

*“Church is not an event you go to. It’s a family you belong to.” – Rick Warren*

## What Is The Purpose Of Church?

The purpose of church (believers getting together) can be briefly summarised as follows:

- To honour God and His Son – 'worship'
- To grow community – 'fellowship'
- To develop personally – 'discipleship'
- To provide service to others – 'ministry'
- To share the [Good News](#) – 'evangelism'

These purposes are all outworked in the context of *relationship* – with God, His son and with each other. Church-going is about 'giving' and 'getting'. Church life is designed to enrich our lives, ease our burdens, and provide supportive

relationships for hard times. It develops character growth and maturity so that we can support others, when needed. Service within a church should be something that fills a person with joy and deep personal fulfillment – the natural outworking of a life based on being a certain kind of person, not doing certain kinds of things. Church life – life with Jesus – is for those who are weary and burdened – because in Jesus we find rest.

*“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from Me; for I am gentle and humble in heart, and you will find rest for your souls....” – Jesus, Matthew 11:28-29*

Church-going provides opportunity to undertake all the purposes that a community of believers consider to be important aspects of their Christian life.

So if we ask the question again – does church-going make me a better person? – the answer is *yes – depending on how you measure it.*

If going to church makes you feel like you have a place to belong, gives you support and encouragement, fosters a sense of individual growth and development ‘in Christ’, without judgment, and provides opportunity for you to extend God’s love to others, then yes, church-going can help you be a ‘better person’.

In this context, church-going is definitely still relevant and, it could be argued, essential for healthy, well functioning communities. Church – true church – helps people grow in the ways that matter most – in their relationship with God and Jesus and their relationship with others. This is the Bible’s definition of true happiness and a flourishing life.

*“In the biblical sense, true human flourishing [happiness] and well-being can only be found in relationship with God and*

*through alignment with His coming kingdom..it is important to see that this flourishing can never occur fully apart from a proper relationship with the creator God. All of the Bible's vision of human flourishing both now and in the age to come either assumes or explicitly states this fact.” – Jonathan Pennington, PhD, [A Biblical Theology Of Human Flourishing](#)*

## **Overcoming Negative Experiences Of Church**

For many people, however, church is not the experience they hoped or thought it would be. Rigid expectations, subtle (or not so subtle) spiritual manipulation, a performance-driven culture or unhealthy theology all combine to ensure the experience of 'church' is one of failure, disconnect, disappointment and isolation, from both community and God. This is a sad but nonetheless true fact and the experience of many people.

God's gift of freedom, found in His [gospel of grace](#), is easily perverted and often squandered by men or women placing religious burdens and [rituals](#) on their fellow man. Jesus condemned the religious leaders of his day for exactly this, commenting that *“they tie up heavy, burdensome loads and lay them on men's shoulders, but they themselves are not willing to lift a finger to move them...”* ([Matthew 23:4](#)).

God – and by extension, church – should not be an impersonal force to be used to make people behave in certain prescribed ways. God is a deeply real and loving Father who invites us into a personal relationship with Him and whose love and acceptance should be manifested by those who 'church together' in His name.

## **So, Is Church-Going Still Relevant?**

*“Christians need relationships to grow. We don't grow in isolation; we develop in the context of fellowship” – Rick*



Warren

Communities also need relationships to flourish and grow, to provide stability and support, and to offer compassion and encouragement. Church can play an important part in people's lives, both Christian or non-Christian, to facilitate these endeavours. Not only that, with the weight of life's pressures and the uncertainty of life's big questions bearing down on people, church is often the place people will turn to '[find God](#)'.

Church is (or should be) the place where the Good News of God's salvation is joyfully lived and unconditionally offered – a place of support and fellowship for those who believe and a place of [welcome and hope](#) for those who don't. Discovering that God has a plan and purpose for you – if you want it – is the most empowering, life-changing realisation in the world!

*“God's way is not a matter of mere talk; it's an empowered life.” -1 Corinthians 4:20*

God's love is demonstrated to the world through a Christian's application of it to others (John 13:35), and this love in operation becomes concrete evidence of [the power of God's message](#), as given through Jesus, to transform lives. 'Church' (a community of believers gathering together) provides a powerful opportunity to do that, and benefits believers and non-believers alike.

*“If it isn't good news, it isn't the Gospel. The Gospel is about what God has done for us and what we can become in Christ; it's about Christ being the answer to our deepest needs. The Good News offers lost people what they are frantically searching for: forgiveness, freedom, security, purpose, love, acceptance and strength. It settles our past, assures our future, and gives meaning to today. It is the best news in the world.” – Rick Warren, A Purpose Driven*



If your experience of church or church-going has been one of hurt, you are not alone. Many people have experienced the disillusionment and distress of discovering that church is not perfect. Church is made up of humans; damaged and sinful by their very nature. In fact, it would be surprising to *not* find hurt within a church, given this fact. Not every church hurts people, but most churches have hurt someone at some point, simply because churches are made up of imperfect people. This reality can leave people reluctant to re-engage, afraid of being hurt again, wanting to protect themselves, and questioning the place of church or even God in their lives.

However, it's important to separate human failure from the love and freedom that God offers. Take time to recover from your negative experience. Let yourself heal. And then find a church where you are able to live freely, with a light heart in response to the [freedom and forgiveness given by God](#).

Be mindful though; if you are looking for another church because you don't feel you can really be "spiritual" without it, or you believe attending church makes God love you more, you really need to examine what true spirituality is and (re)acquaint yourself with what the [grace of God](#) means. If, however, you long for warm, accepting fellowship, spiritual encouragement and growth, and the opportunity to serve others in love, then you're on the right track.

While this approach should not minimise your experience or negate your feelings of hurt or pain, it does enable you to move past the burden of bitterness, which, in the end, will destroy peace, joy, freedom and life itself.