

Toxic Faith

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It seems hard to believe that people who have answered Jesus' call to a life of freedom could so easily lose the sense of joy and relief they first felt. It's difficult to understand why Christians who have been made free and 'alive in Christ' would choose to return to a kind of spirituality that slowly imprisons the mind and poisons the soul. How does a message that speaks clearly of God's love – a life of salvation in Jesus by His grace – become perverted and distorted, becoming instead a culture of performance-driven expectations, demanded by an unfair and intolerant God?

"God didn't go to all the trouble of sending His Son merely to point an accusing finger, telling the world how bad it was. He came to help, to put the world right again." | John 3:17, MSG

Yet for many Christians, this is exactly where they find themselves. It may be early into their Christian journey or many years later, but somewhere along the way, their perception of Christianity becomes misshapen and their sense of peace, fulfillment, and relief dissipates.

Religious life becomes exhausting; they feel overwhelmed, emotionally drained and trapped. They may begin to judge themselves or others around them by what they do, what they wear, what they say. They become consumed by rules, preoccupied with fault and blame, and heavily focused on performance – their own or others'. Something that was meant to empower them and set them free has rendered them powerless – they are stuck, with no way forward and no way out.

The simple truth of being 'saved by grace through faith alone'

has been turned on its head, becoming 'the gospel of acceptance with God through performance'. Their simple faith in Jesus as the only source of life and acceptance with God has become toxic. Or perhaps, sadly, they never had that simple faith to begin with.

Toxic Faith

Toxic faith is a destructive and dangerous relationship with a religious system, not with God, that allows this system to control a person's life in the name of God. It is a system where another gospel is preached – not one of freedom and liberty and acceptance through grace, but one, in reality, of enslavement to rituals and rules.

Seeking God's approval on the basis of your own religious behaviour is toxic faith. Anything that adds to our standing in the eyes of God, apart from the performance of Jesus on the cross, is legalistic teaching. A true and meaningful relationship with God can never be sustained on this basis.

This deconstruction of faith is not just a problem that modern Christians struggle with. The first-century church at Galatia also dealt with this issue and the damage caused by this 'false gospel' is catalogued throughout the letter written by Paul to the Galatians.

The tone of Paul's opening words is one of incredulity at the situation in which the Galatians find themselves.

"I am astonished that you are so quickly deserting the one who called you to live in the grace of Christ and are turning to a different gospel – which is really no gospel at all." | Galatians 1:6, NIV

The Greek word used here for 'desert' means 'to defect'; and it's a defection, not from a denomination or doctrine, but from 'Him who called you by grace'. It's a severing of the

real and personal relationship a Christian has with God. And it's a distortion of the gospel Paul first preached to them, Christ's gospel, of forgiveness of sins by grace – by Jesus' performance – and not by their own. In fact, Paul says, it's really no gospel at all.

Paul takes the issue the Galatians are dealing with very seriously. When a spiritual life of grace and rest is replaced with a life of imposed works, it's a hugely serious issue.

But what was happening in Galatia for Paul to be so up-in-arms? What induced him to tackle the situation with such passion, to the point of stating the following words, not once but twice?:

*“Even if we or an angel from heaven should preach **a gospel other than the one we preached to you**, let them be **under God's curse!** As we have already said, so now I say again: If anybody is preaching to you **a gospel other than what you accepted**, let them be **under God's curse!**” | Galatians 1: 8-9, NIV*

Law Versus Grace

Paul had been converted from a life steeped in [religious tradition](#) and law, a life that gave him privilege, prestige, and power. He had used that power to persecute the church of God, systematically destroying it, until one day He was confronted by the risen Jesus, and a message that was radically different to everything he thought he knew.

Paul learned that God was not an impersonal force to be used to make people behave in certain prescribed ways, but a personal saviour offering life and freedom through the saving work of Jesus. Paul discovered that right standing with God was not to be achieved through law-keeping – and, in fact, was impossible to be achieved this way – but by personal belief in God's promises.

Paul learned of the **true gospel** – that of being ‘saved by grace through faith alone and not by works, lest any man should boast’ (Ephesians 2:8-9).

This is the gospel that He originally preached to the Galatians and which they had gladly received. Yet, it is with dismay that he hears that religious leaders of the old school had come into the church, reintroducing old ways, law-keeping, and an abundance of religious rules and regulations. One of these religious rules was the rite of circumcision, which they were insisting Christians should undertake. Circumcision, in that time, was the ultimate act of external religious performance, and was being promoted as added ‘proof of spirituality’.

*‘Yes’, they would have said ‘faith in Jesus is important and you absolutely must have it. But it’s **not enough**. In order to find positive standing with God, you must also be circumcised’.*

In other words, there was a group in Galatia propounding the idea that right standing with God depends on what Jesus did **plus** additional ‘spiritual acts’ that are undertaken. This is completely in opposition to the message of the cross, that salvation comes through Jesus’ performance, not our own:

“For Christ did not send me to baptise but to preach the gospel, and not with words of eloquent wisdom, lest the cross of Christ be emptied of its power. For the word of the cross is folly to those who are perishing, but to us who are being saved it is the power of God.” | 1 Corinthians 1:17-18, ESV

“He himself bore our sins” in his body on the cross, so that we might die to sins and live for righteousness; “by his wounds you have been healed.” | 1 Peter 2:24, NIV

This ‘different gospel’ was a serious perversion of God’s gift

of grace and a not-so-subtle manipulation of the relationship between the individual and God. No wonder Paul was furious.

“Is it not clear to you that to go back to that old rule-keeping, peer-pleasing religion would be an abandonment of everything personal and free in my relationship with God? I refuse to do that, to repudiate God’s grace. If a living relationship with God could come by rule-keeping, then Christ died unnecessarily.” | Galatians 2:21, MSG

The Collision Of Grace And Spiritual Performance

The word of God is living and active, and, like a powerful sword, it cuts right through [to the heart](#), judging the thoughts and purposes contained therein. It can be used as an instrument of grace, by reminding us of God’s love and showing us how to bring order and purpose to our lives.

In the wrong hands, however, or wrongfully used, the word of God can be used in ungraceful ways, as a means of shaming others into performing someone else’s agenda, in the name of God. In the hands of performance-based people, it can be used as a weapon in order to pressure people into acting differently or to get rid of them if they do not. It can be used to lay burdens on men ‘too difficult to bear’.

“Woe to you experts in religious law as well! You load people down with burdens difficult to bear, yet you yourselves refuse to touch the burdens with even one of your fingers!” | Jesus, Luke 11:46, NET Bible

The appearance of Jesus on the Jewish scene was a dramatic collision between grace and spiritual performance. The conflicts the Pharisees initiated with Jesus were usually over minor issues such as fasting (Mark 2:18), sabbath keeping (Mark 2:24), eating with ‘unclean’ people (Mark 9:11), or

attitudes towards civic duties, like paying taxes (Matthew 9:11) – all performance-driven markers of supposed spirituality.

The Pharisees ‘majored on minors’ because precise details of religious life were their passion, but in doing so, they were actually inverting spiritual values. They made uncompromising stands on matters of no particular spiritual importance, while issues of greatest significance were minimised.

Jesus called them out on their hypocrisy in the gospel of Matthew, where he says:

“Woe to you, teachers of the law and Pharisees, you hypocrites! You give a tenth of your spices – mint, dill and cumin. But you have neglected the more important matters of the law – justice, mercy and faithfulness. You should have practiced the latter, without neglecting the former. You blind guides! You strain out a gnat but swallow a camel.” | Matthew 23:24, NIV

Jesus, in contrast, set out the essential way that a person finds [right standing with God](#):

“I am the way, the truth, and the life. No one comes to the Father except through Me.” | John 14:6, BSB

“I am the gate. If anyone enters through Me, he will be saved. He will come in and go out and find pasture.” | John 10:9, NIV

“Jesus said to her, “I am the resurrection and the life. He who believes in Me will live, even though he dies.” | John 11:25, NIV

“And there is salvation in no one else, for there is no other name under heaven given among men by which we must be [saved](#).”

Jesus is the only way to find right standing with God. The name of Jesus is the only means by which humanity can be saved. Jesus' performance, not our own, is what secures this extraordinary gift of grace.

Christians must not be drawn to extremes in a misguided zeal for religious purity but pay attention to the essentials that Jesus so patiently explained. We must be on guard to avoid systems that employ the use of 'formulas' and 'doctrines' to press good people of faith into conformity with a system instead of conformity to Christ. Particularly, we must be on the lookout for cultures that promote or enable power posturing, performance preoccupation, unspoken rules, and a lack of balance.

"God's steward, an overseer (leader) must be above reproach – not self-absorbed, not quick-tempered, not given to drunkenness, not violent, not greedy for money. Instead, he must be hospitable, a lover of good, self-controlled, upright, holy, and disciplined. He must hold firmly to the trustworthy message as it was taught, so that by sound teaching he will be able to encourage others and refute those who contradict this message. For many are rebellious and full of empty talk and deception, especially those of the circumcision, who must be silenced." | Titus 17-10

*"Leaders are given to the church to protect the flock from legalists, who push religious performance as the means of right standing or favour with God. In Paul's letter to Titus, he says that the rebellious men **must be silenced**. Unfortunately, in many churches, not only are the leaders not protecting the flock against those who push religious performance, they are the pushers and in bondage to performance themselves." | Johnson & VanVonderen*

Jesus had no interest in setting up rigid religious and social guidelines for his followers. He chose instead to major on the significant agendas of the kingdom of God. Paul confirms Jesus' way of living in his final words to the Galatians:

"For my part, I am going to boast about nothing but the cross of our Master, Jesus Christ. Because of that cross, I have been crucified in relation to the world, set free from the stifling atmosphere of pleasing others and fitting into the little patterns that they dictate. Can't you see the central issue in all this? It is not what you and I do – submit to circumcision, reject circumcision. It is what God is doing, and He is creating something totally new, a free life! All who walk by this standard are the true Israel of God – His chosen people. Peace and mercy on them!" | Galatians 6:14-16, MSG

"Then you will know the truth, and the truth will set you free." | John 8:32, NIV

Toxic: 'Mid 17th century: from medieval Latin toxicus 'poisoned', from Latin toxicum 'poison', from Greek toxikon (pharmakon) '(poison for) arrows', from toxon 'bow'. (Oxford Dictionary). 'Containing or being poisonous material especially when capable of causing death or serious debilitation' (Merriam-Webster Dictionary). **Faith:** 'Great trust or confidence in something or someone.' (Cambridge Dictionary)

Only A Suitable Redeemer Will Do

One of the most startling pieces of information that we are given in relation to Jesus is the fact that he was **made like us**. Jesus' redemptive work *on behalf of humanity* was deeply connected to *his own humanity*. Although he was born "[the Son of God](#)", and radiant with His Father's glory, he participated in every way in all the experiences of what it means to be human. His ability to sympathise with us and to reconcile on our behalf springs from a complete understanding of what it is like to be human; with all our doubts, fears, temptations and failures. He understood humans because **he was** human.

"For this reason he (Jesus) had to be made like them, fully human in every way, in order that he might become a merciful and faithful high priest in service to God, and that he might make atonement for the sins of the people." – Hebrews 2:17, NIV

"For we do not have a high priest who is unable to empathise with our weaknesses, but we have one who has been tempted in every way, just as we are – yet he did not sin." – Hebrews 4:15, NIV

These remarkable concepts of atonement, redeeming and redemption were subtly foreshadowed many times throughout Old Testament stories; one such example is the well known tale of Joseph of the multi-coloured coat and his descent into slavery at the hands of his brothers.

However, the law of *the kinsman* or *the kinsmen redeemer* had been written into the weave of Israeli life from very early times, clearly foretelling what Jesus' work was to be and how it was to be accomplished. We find the narrative of **the**

redeemer and the redeemed poignantly depicted in the [story of Ruth](#)

A Story Of Redemptive Love

The [story of Ruth](#), the inconsequential outsider, is one of joy and heartbreak, desolation and hope. Ruth, of all people, was an unlikely heroine. Not only was she a woman, in a time when women were of minor importance, she was also a widow, poor and foreign and would have been considered an outsider to any true-born Israelite. Yet the conclusion of this seemingly insignificant tale brings us to the interesting discovery that Ruth eventually became an incredibly significant and vital part of [God's plan of salvation](#) for the world – she was an ancestor of [Jesus Christ](#).

Ruth's story powerfully underscores the importance of love's redeeming power to transform lives. (You can read more about it [here](#).)

Yet hidden within the narrative lies a deeper significance; a story within a story, that has remarkable bearing on the work and purpose of Jesus himself. Hidden, in plain sight, is the way in which God intended to save the world, through His Son.

'The Nearest Kinsman Redeemer'

The book of Ruth is set during the time of Israel's history known as 'the Judges' (circa 1220 – 1050 B.C.). It was a period of religious and moral decline, frequent foreign oppression and national disunity. The people of Israel were often at the mercy of enemies from without and discord from within. Yet although it was a time of great instability, certain laws and customs helped to form an integral part of Israelite society. Many of these laws can still be found throughout the Old Testament, in the books of Leviticus, Numbers and Deuteronomy.

One law, in particular, was known as the law of the *nearest kinsman* or the *kinsmen redeemer*. The kinsman-redeemer was a **male relative** who, according to various laws of the [Pentateuch](#), was responsible to act on behalf of a relative who was in trouble, danger, or need. The Hebrew term for kinsman-redeemer (*go el*) designates *one who delivers or rescues*, either property or person. **The redeemer had to be related to the person being redeemed and could not be a stranger.**

The *kinsman-redeemer* or *guardian-redeemer* was the proper legal term for the nearest male kinsman who was able to redeem or vindicate a relative (Leviticus 25:25-55).

*“If your brother becomes poor and sells part of his property, then his **nearest redeemer** shall come and **redeem** what his brother has sold.” – Leviticus 25:25, ESV*

*“If brothers dwell together, and one of them dies and has no son, the wife of the dead man shall not be married outside the family to a stranger. Her husband’s brother shall go in to her and take her as his wife and **perform the duty of a husband’s brother** to her. – Deuteronomy 25:5, ESV*

*“If a stranger or sojourner with you becomes rich, and your brother beside him becomes poor and sells himself to the stranger or sojourner with you or to a member of the stranger’s clan, then after he is sold he may be **redeemed**. One of his brothers may **redeem him**, or his uncle or his cousin may **redeem him**, or a close relative from his clan may **redeem him**.” – Leviticus 25:47-49, ESV*

While these laws may seem strange and somewhat archaic to us in the 21st century, they were instituted to protect the impoverished or marginalised members of society who might otherwise suffer permanent loss of life, freedom or property.

The Law Cannot Redeem

Ruth appealed to a wealthy landowner and relative of her mother-in-law, named Boaz, who was eligible to undertake the rights and responsibilities of the *nearest kinsman*. Boaz immediately tells Ruth he is willing to redeem her, however there was a kinsman nearer than himself. If this kinsman could not, or would not, then Boaz promises Ruth he will certainly redeem her.

“And now do not be afraid, my daughter. I will do for you whatever you request, since all my fellow townspeople know that you are a woman of noble character. Yes, it is true that I am a kinsman-redeemer, but there is a redeemer nearer than I. Stay here tonight, and in the morning, if he wants to redeem you, good. Let him redeem you. But if he does not want to redeem you, as surely as the LORD lives, I will. Now lie here until morning.” – Ruth 3:11-13, BSB

Boaz’s conversation with the nearer kinsman soon makes it clear that this kinsman cannot redeem Ruth. He offers Boaz this right of redemption, which Boaz accepts.

“Take my right of redemption, because I cannot redeem it...At this, Boaz said to the elders and all the people, “You are witnesses today that I am buying from Naomi all that belonged to Elimelech, Chilion, and Mahlon. Moreover, I have acquired Ruth the Moabite, Mahlon’s widow, as my wife, to raise up the name of the deceased through his inheritance, so that his name will not disappear from among his brothers or from the gate of his home. You are witnesses today..” – Ruth 4:6, 9, BSB

The nearer kinsman in this narrative represents the Law of Moses, under which Israel was governed. Instituted soon after the Israelites had migrated from Egypt, an event also known as ‘The Exodus’, this law remained in place until Jesus’ time and

still forms a central part of [Judaism](#) today. Yet, while the Law came first, prior to Jesus, and imposed many values of morality and justice, ultimately it could never put a man or a woman right with God. ***It was unable to redeem.***

“The law of Moses was unable to save us because of the weakness of our sinful nature. So God did what the law could not do. He sent His own Son in a body like the bodies we sinners have. And in that body God declared an end to sin’s control over us by giving His Son as a sacrifice for our sins.” – Romans 8:3, NLT

No amount of doing good or attempts at obedience can remove the stain of sin from a person’s life. All believers must come to understand that obeying God’s laws cannot produce the righteousness needed for salvation. It is only [dependence on God](#), in faith, to put things right, that makes it possible to be ‘[right with God](#)’.

The law was only a shadow of better things to come; acting as a guardian until all humanity could come to understand their need of a Saviour.

Jesus’ Humanity Was Crucial To Redemption

“Since the children have flesh and blood, he too shared in their humanity so that by his death he might break the power of him who holds the power of death—that is, [the devil](#).” – Hebrews 2:14, NIV

Only a human could break the power of sin and death which had gripped humanity in a stranglehold for over 4000 years. Only the **kinsman-redeemer** could redeem.

Yet no ordinary human could possibly have achieved this remarkable feat. God, in His infinite love, did not leave anything to chance, causing His Son to be born, with the mind

and character of Himself, the exact representation of His being and radiant with His glory (Hebrew 1:3), yet flesh and blood like us. Conceived by the Holy Spirit, Jesus became *Emmanuel*, “*God-With-Us*”, strengthened in will and purpose and redeemer of the world.

Only A Suitable Redeemer Will Do

Jesus was human and ‘our brother’ in every way, made like this so He could be a suitable redeemer.

He fulfilled the essential requirements of being made ‘like his brethren’, human in every respect necessary, so that he could conquer sin and death for all those who shared in his same humanity.

Only in this way, being completely mortal and subject to pain and death, could it be said of Jesus that “*he must suffer and that, by being the **first to rise from the dead**, he would proclaim light both to [the Jews] and to the Gentiles*”, thereby giving the rest of humanity hope of also escaping the finality of mortality and death.