

# By One Man

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I like the Apostle Paul.

I like his ability to 'call a spade a spade', the unrelenting pursuit of his faith, and his bold assertion to "preach nothing but the cross of Christ" (1 Corinthians 2:2). No doubt he ruffled more than a few feathers at times, with his unapologetic directness and refusal to tolerate any other gospel than that of being [saved by grace through faith alone](#).

He doesn't shy away from telling it how it was; the reality that his zeal for God had been seriously misplaced early on, and that he had been a violent persecutor and destroyer of the very faith he was now thankful to call his own.

He doesn't downplay the facts of his former life; that not only had he been zealous for the traditions of his fathers, he had also been considered an 'up and coming' amongst his peers, his upward trajectory in Judaism eclipsing many of those his own age (Galatians 1:13).

Yet he also doesn't state this just for effect or from a place of pride, but rather as facts relevant to advancing the true gospel narrative he now endeavors to preach. He states that he counts all those things of his former life as loss because of the surpassing worth of knowing Christ Jesus, his Lord.

He has a particularly warm and fatherly relationship with Timothy, his 'son in the faith' and he shows deep regard for several fellow workers whom he commends by name: Epaphroditus, husband-and-wife team, Priscilla and Aquila, Barnabas, Titus, Silas, Luke, Lydia, and Onesiphorus.

He demonstrates tenderness and genuine love and concern for all those of the "household of faith" and he is a passionate

evangelist to those who are yet still “strangers and foreigners” to the gospel of grace. His letters to the early churches are full of pastoral advice and authoritative direction. Yet he is also unapologetically direct and is prepared to meet and name injustice or falsity head-on, as in the situation that he writes about in 2 Corinthians 7 (see also 2 Corinthians 11, Galatians 1:6–9, Galatians 2:4; 2 Corinthians 11:26).

*“Paul’s letters reveal a remarkable human being: dedicated, compassionate, emotional, sometimes harsh and angry, clever and quick-witted, supple in argumentation, and above all possessing a soaring, passionate commitment to God, Jesus Christ, and his own mission.” | [Britannica.Com](https://www.britannica.com)*

Paul’s influence, passion, and commitment enabled the gospel of Jesus Christ to take root and flourish throughout Asia Minor, and its spread continued long after his death, reaching even to the ends of the earth.

Paul wrote several letters, one of which was the letter to the church at Rome. In chapters 5 and 6 of Romans, he covers some significant theological territory by dealing with the themes of death, life, and resurrection, which came about, he states, ‘by one man’...

## **By One: Death In Adam**

The need for our forgiveness and reconciliation with God sits at the heart of the gospel. Paul recounts in Romans 5 how humanity found itself in the dismal state of being sinning, dying creatures and why we need forgiveness, reconciliation, and renewal.

He makes his first point in Romans 5:12 where he teaches that Sin came into the world *by one man* and that death followed swiftly on Sin’s heels, enslaving all of humanity in a dominion of darkness and, ultimately, separation from God.

The word he uses for 'man' is the Greek word ἄνθρωπος (anthrópos) meaning *human*. We get our English word anthropology from the combining of *ánthrōpos* (ἄνθρωπος, "human") and *lógos* (λόγος, "study"). It's therefore strictly more accurate to say that *by one human* Sin entered the world and death spread to all.

While Adam becomes the representative of us all, the focus, I think, is not primarily on his gender (as a man) but on his humanity. In fact, scripture elsewhere confirms that Eve was complicit in sin alongside Adam (Genesis 3:6,12, 1 Timothy 2:14). Together, they were responsible for the catastrophe that unfolded.

*"The narratives of Genesis focus on conflict and resolution. God's purpose from the beginning is to have His presence fill the earth; humans are to image God and subdue the earth, i.e., bring about order and fruitfulness in creation (Genesis 1–2). Conflict enters the story when humans rebel against God (Genesis 3). Shalom is shattered, and the earth is cursed. Further degeneration takes place (Genesis 4–6) until God brings judgment and mercy (Genesis 6–9). Humans then attempt to restore God's presence (Genesis 11) before God launches His own initiative to re-establish His presence on Earth (the covenant). Genesis 1–11, then, is the founding story of humanity, ending in crisis. These narratives give a real and true assessment of God's initial purposes and the human plight. Genesis 12–50 is the founding story of the nation with whom the covenant is eventually made at Sinai. The covenant establishes the relationship to Abraham and his descendants, provides the structure for living in God's presence, and lays the foundation for God's presence to be established on earth." | [BioLogos](#)*

The consequence of the fall in Eden – mortality – flowed from Adam and Eve to all of humanity; a literal reality and a core theological truth embedded within the Genesis record. Dying

became hard-coded in our DNA.

Not only that, Paul comments later in Romans 7, Sin is a powerful and destructive force that humans find impossible to resist. Humanity has been *sold under sin*, constantly battling against the pull of our own self-will, which is invariably in opposition to God. Despite having the desire to do good, more often than not, we lack the ability to do what is right, so powerful is Sin's hold and influence over us. There is no one in all the world who has not fallen prey to Sin's insidious, whispering temptation\* (Ecclesiastes 7:20, Romans 3:21).

The introduction and continued presence of Sin in the world is what gives death its power over humanity. We die because we're mortal and death now reigns supreme and we remain dead because of the power that Sin gives death.

***In Adam, all die. This is Paul's first point and the incontrovertible theological teaching of Romans 5.***

## **By One: Life In Christ**

Yet, says Paul in Romans 5:21, and here he makes his second point, in Christ, there is life. There is another theological truth embedded within the Genesis record, a promise "that new life would be delivered out of death."

*"And I will put enmity (open hostility) Between you and the woman, and between your seed (offspring) and her Seed; He shall [fatally] bruise your head, And you shall [only] bruise His heel." | Genesis 3:15, AMP*

Humanity was promised that a descendant of Eve – [another human](#) – would arise to wage war against Sin and to overthrow death. Yet in waging this war, death would deal him a powerful blow, a seemingly mortal wound. But out of his death would flow life.

This promise would be affirmed countless times throughout scripture, and, particularly, by Jesus himself during his ministry, who stated the reason for his coming was that “they [humanity] may *have life*, and have it in abundance [to the full, till it overflows]” (John 10:10, Amplified Bible).

Unable to wage the war for themselves, God’s promise and gift to the world would go into battle on humanity’s behalf. He would wage war for all those who were weak, utterly helpless, and hopelessly enslaved to Sin. Those who were living in darkness, far from the eternal life God had intended for them. Those whose greatest enemy was death itself.

In fact, this hero’s [redemptive work](#) *on behalf of humanity* would be deeply connected to *his own humanity*. He had to be human, like us, in order to make atonement for the sin of humanity (Isaiah 53:6, Hebrews 2:17)

As a human, he would still feel keenly the pull of Sin’s seductive promise, the desire and temptation, as *the first Adam* had, to undertake this battle on his own terms. He would wrestle with the terrifying but necessary reality of confronting death up close; not just any kind of death but the painful and humiliating death of a traitor.

He would face the world’s great enemy alone, rejected by all, even by those who were closest to him, in the moment of his greatest need. Defenseless, *like a lamb led to slaughter*, he would cling to the words of the Psalmist that, though he walked through the valley of the shadow of death, God would be with him still. He would choose to suffer according to God’s will, committing his soul to a faithful Creator.

This war would be brutal and bloody and seemingly fatal for our hero.

And yet, there would be an extraordinary twist...

Where *the first Adam* had been a living being; *the last Adam*

would be a life-giving spirit (1 Corinthians 15:45). This hero would be human *but not merely a human*. He would be the “Word-Made-Flesh” – the ‘one and only of his kind’ and in him would dwell ‘the entire fullness (completeness) of God’s nature (Colossians 2:9).

Written into the very fabric of our reality was a powerful promise that Sin *could be* defeated by the willing sacrifice of one who had committed no sin and who had lived a perfect, moral life according to God’s will. The sacrificial death of such an individual, on behalf of all of humanity, would heal the division between God and humanity, reopening the way to the eternal life God had always intended for His creation.

Scripture could not be any clearer that the victory over Sin and death was going to be God’s, accomplished through the sending of His Son, the Word-Made-Flesh. Sent in the likeness of all of humanity, but in whom dwelt all the fullness of God, only the Son of God would be able to overcome and defeat our greatest enemy.

Not only that, in meeting death head-on, he would deal it a fatal blow, overturning and destroying its claim on him. Sin’s power to command death would be vanquished. Jesus himself would now hold the keys of death and the grave. On the third day, at the break of dawn, he would rise from the silence, *Life* himself having swallowed up death in victory (Acts 2:24, Romans 6:9, 1 Corinthians 15:54).

One act of righteousness, Paul says, led to justification and life for all humanity. By one man’s obedience, many would be made righteous (Romans 5:18-19).

*“As sin has exercised kingly sway in inflicting death, so grace, too, may exercise kingly sway in bestowing a righteousness which results in the Life of the Ages through Jesus Christ our Lord.” | Romans 5:21, Weymouth New Testament*

## Deeper Magic

I love how C S Lewis writes about this epic moment in his fictional work, *The Lion, The Witch, and The Wardrobe*:

*At that moment they heard from behind them a loud noise—a great cracking, deafening noise as if a giant had broken a giant’s plate....The Stone Table was broken into two pieces by a great crack that ran down it from end to end; and there was no Aslan. “Who’s done it?” cried Susan. “What does it mean? Is it more magic?” “Yes!” said a great voice from behind their backs. “It is more magic.” They looked round. There, shining in the sunrise, larger than they had seen him before, shaking his mane (for it had apparently grown again) stood Aslan himself. “Oh, Aslan!” cried both the children, staring up at him, almost as much frightened as they were glad... “But what does it all mean?” asked Susan when they were somewhat calmer. “It means,” said Aslan, “that though the Witch knew the Deep Magic, there is a magic deeper still which she did not know. Her knowledge goes back only to the dawn of time. But if she could have looked a little further back, into the stillness and the darkness before Time dawned, she would have read there a different incantation. She would have known that when a willing victim who had committed no treachery was killed in a traitor’s stead, the Table would crack and Death itself would start working backward.” | C S Lewis*

This “deeper magic” is an immutable law of consequence, as certain as the law of gravity or the rising of the sun. Jesus has brought life and all those *in him* will live. This gift of grace has been given, the work has been finished and the end has been written. *“While we were still enemies, we were reconciled to God by the death of His Son, and, further, now that we are reconciled, we will also be saved by his life.”*

**In Christ, all will live. This is Paul’s second point and the incontrovertible theological teaching of Romans 5.**

# The Resurrection: Proof + Promise

One of the great theological truths of the Christian faith, as taught by Paul and, indeed, written into the earliest Christian creeds is the necessary and factual reality of [the resurrection](#), particularly, the resurrection of Jesus. In fact, Paul asserts that resurrection underpins the entire gospel narrative, without which all of Christian life is rendered futile.

*“If there is no resurrection of the dead, then not even **Christ has been raised**. And if Christ has not been raised, our preaching is useless and so is your faith. ... And if Christ has not been raised, your faith is futile; you are still in your sins. Then those also who have fallen asleep in Christ are lost.” | 1 Corinthians 15:17, NIV*

He actually summarised the gospel by affirming three statements, one of which is a declaration of the reality of the resurrection of Jesus:

*“Remember Jesus Christ [the anointed], raised from the dead, descended from David. This is my gospel.” | 2 Timothy 2:8 | NIV*

The Christian faith asserts and teaches that resurrection is a historical reality; Jesus Christ really did live, die, and was raised again to eternal life.

The resurrection is not only relevant to the gospel narrative, it's essential. Author Craig Blomberg comments, “As wonderful as Jesus' life and teachings and miracles were, they were meaningless if it were not historically factual that Christ died and was raised from the dead and that this provided atonement, or forgiveness, of the sins of humanity.” Embedded in this reality is the proof that what was begun in Jesus, God intends to do for all creation.

*“The most startling characteristic of the first Christian preaching is its emphasis on the resurrection. The first preachers were sure that Christ had risen, and sure, in consequence, that believers would in due course rise also. This set them off from all the other teachers of the ancient world...Nothing is more characteristic of even the best thought of the day than its hopelessness in the face of death. Clearly, the resurrection is of the very first importance for the Christian faith” – The New Bible Dictionary 1996, p. 1010, “Resurrection”.*

Jesus didn't just overcome death, his death also made reparation for all the sins of the world. Sin, in its entirety, was dealt with, once and for always\*\* (Romans 6:10). His resurrection was both proof and promise that the war against Sin had been waged and won. Death has lost its power. Those in Christ *will* live, no longer be held by death but merely passing through it. They too, like him, will be raised to life, never again to experience death.

*“I assure you: Anyone who hears my word and believes Him who sent me has eternal life and will not come under judgment but has passed from death to life.” | John 5:24*

Life, and life abundantly – the same life that Jesus now has [awaits them on the other side](#).

It's no wonder Paul concludes his thoughts on this subject with these inspiring words: *“In everything we have won more than a victory because of Christ who loves us. I am sure that nothing can separate us from God's love—not life or death, not angels or spirits, not the present or the future, and not powers above or powers below. Nothing in all creation can separate us from God's love for us in Christ Jesus our Lord! (Romans 8:7-39, CEV).*

This is indeed good, good news!

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**\*apart from Jesus, of course.**

**\*\*This, of course, doesn't mean that we don't still struggle with sin – this is the challenging reality of the Christian life – but rather that the penalty that sin inflicts, death, has been absolved for those in Christ (Isaiah 53:6, 1 John 2:2, John 1:29). We eagerly wait, with all of creation, to be completely set free from the bondage to corruption and obtain the freedom of the glory of the children of God (Romans 8:22).**

**A large part of the inspiration for this article came from the worship song 'This My Soul' By The Gray Havens. It's truly worth a listen and captures Paul's sentiments from Romans 5 and 6 perfectly. This song is one of my personal favourites.**

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# **In The Shadow Of The Empire**

**(Not a reader? Take a listen instead ↓)**

Christianity in the first century was a spiritual explosion, fueled by the reality of the resurrection of Jesus and the presence of the Holy Spirit. Unlike the Jewish community, who lived and worshipped largely by themselves, Christians were active evangelists, eager to share the good news about Jesus with all who would listen. They preached Jesus everywhere, not just as the long-awaited Jewish Messiah, but as Lord, Saviour, and King; over and above Caesar.

Initially planted in the soil of Jerusalem, the gospel message soon spread rapidly beyond Israel; throughout Judea, Samaria, and the rest of the Mediterranean world. In as little as just over 10 years after Jesus' resurrection, Christianity had

already reached as far as Rome itself. As Jesus had promised, his disciples were to be his witnesses, even to the ends of the earth (Acts 1:8, Acts 2:41-47).

The area of [Asia Minor](#) was a huge melting pot of ethnicities and also one of the [first areas to flourish with converts to the new religion of Christianity](#). It was also part of the expansive [Roman Empire](#), at the height of its glory, and was therefore subject to Roman law and Roman customs.

Living in the shadow of the Empire would prove a difficult tension for Christians to navigate. No longer [giving allegiance to Caesar](#) as 'Lord of the earth' but instead confessing that this title belonged to Jesus Christ, how were they to behave as people *in the world but not of it*?

As *citizens of heaven*, did the laws of Rome no longer apply to them?

And, as *people of the kingdom*, how were they to live out the values of the kingdom in the society around them? Were they justified in using force to make *the kingdoms of this world the kingdom of the Lord and Christ*?

These are all important questions, not just for those in the first-century church but for every generation of Christians who have come after them.

How should Christians conduct themselves, living in the shadow of the Empire?

## **A Letter From Peter, An Apostle Of Jesus Christ**

The importance of the way a Christian behaves so as to be a credible witness for the gospel is a significant principle emphasised throughout the New Testament. It's a [theme picked up by Peter the Apostle](#) in his first letter to the early churches (1 Peter 1-5).

Discouraged by the persecution they were suffering because of their faith, Peter writes to the early churches throughout Asia Minor to encourage them and to provide wisdom and counsel in their response to the pressures around them and in their life of Christian witness.

## **Keep Your Conduct Honourable**

Firstly, Peter urges them, *keep your conduct honourable*. They are holy people, [called out of darkness](#) into God's marvellous light. Walking in the light means [walking humbly alongside God](#), doing justly and loving kindness. Deceit, malice, hypocrisy, slander, drunkenness, sensual living; these are all fruitless deeds of darkness (Ephesians 5:11) and Peter encourages the church to choose differently, to live exemplary lives in their neighborhoods so that their actions will refute pagan prejudices (1 Peter 2:11-12).

They had been [born again](#), by the living and imperishable Word of God, new creations guarded through faith for a salvation that would one day be revealed to all. Demonstrating lives that paralleled what they preached would witness to the truly supernatural power of the gospel and its ability to effect transformation.

## **Respect And Submit To Authority**

For the Lord's sake, Christians were to show respect to all people and, particularly, to those in authority. They were to be model citizens, subject to every human institution (1 Peter 2:13). As Jesus the master had made clear during his earthly ministry, *render unto Caesar the things that are Caesar's and unto God the things that are God's*.

Their allegiance to Jesus wasn't an excuse to engage in illegal behaviours, disrespect of their masters, or dishonour of the Emperor or his delegates. *Pay your taxes, submit to the laws of the land, pray for those who have the rule over you*.

They were to treat their service to the Emperor, their master (if they were a slave), and indeed each other as service rendered to the King himself.

The Christian life wouldn't always bring blessing, and the persecution and suffering they were currently experiencing were proof of this reality. Yet Peter encourages them to look to the example of Jesus himself, who demonstrated that the kingdom of heaven advances not through power and might, but through missions of mercy, kindness, and humility and, ultimately, through suffering.

The greatest suffering of all brought about the greatest victory for all (1 Peter 4:13-14).

## **Love Earnestly And Do Good**

They were to love each other earnestly. This was the defining mark of those who belonged to the King and it was how the world was to know they were his disciples.

Given to hospitality, they were to love with open hearts and generous lives. They were to live bright and unafraid: remembering that the light shines in the darkness and the darkness will not overcome it. They were to entrust their souls to a faithful Creator while continuing to doing good to all and especially to those of the household of faith (1 Peter 1:22, Galatians 6:10). *Love and do good to others just as Jesus has loved you. By this, all people will know you are his disciples.*

Early Christianity found particular expression through philanthropy; care for the poor, widows, and orphans, for those brethren who had been imprisoned or condemned, and particularly for brethren, who due to poverty, could not afford an honourable burial. The early church would often provide services for such persons, believing care in death as well as life was an active expression of love. The early Christian insistence on caring for those *made in the image of*

God transformed the ancient world.

## In The World But Not Of It

*“The Christian ideal is not freedom from work, but strength to do it; not freedom from temptation, but power to overcome it; not freedom from suffering, but joy in an abiding sense of the Father’s love; not absence from the world, but grace to make the world better for our presence; not holy lives driven from the world, and living apart from it, but holy lives spent in the world and leavening it.” – Ellicott’s Commentary For English Readers.*

Like our early Christian brethren, we too continue to live in the shadow of the Empire. We too must wrestle with issues of allegiance, to show submission to those institutions and ordinances which have authority over us, yet not be conformed to this world in the process.

We may think this requires us to limit our interaction with the people around us or remove ourselves ‘from the world’, but this isn’t what scripture is concerned with. It’s the ruler of this world who is our enemy, not those who are enslaved to him; those who, like us, have also been made in the image of God. They, too, desperately need the presence of Jesus in their lives, whether they know it or not and our Christian witness in this current world is vitally important.

Jesus’ prayer for his disciples was not that God would take them out of the world but that He would protect them from the evil one. We must not be conformed to the image of the ruler of this world, nor choose his way, a path that only leads back to darkness (John 12:31, 1 John 1:5-7). Jesus prayed for the protection of his followers, knowing we are left in this world for a specific purpose; to witness to the power of his saving name. *“You are the salt of the earth,”* he said, *“you are the light of the world”*.

Our commission is to live and work, to love and forgive, to mourn, trust, despair and hope [alongside and together with](#) our unbelieving neighbours and friends, all the while telling of the faithfulness of a good God and the hope found in the gospel message.

Our lives – our everyday, mundane, messy, uncomfortable, terrifying, joyful, and thoroughly human lives will be the greatest witness of all to the hope that lies within us.

How we conduct ourselves, as we live in the shadow of the Empire, is still just as relevant and important today as it was for our first-century brethren.

As Christians, we're now citizens of a spiritual city whose builder and maker is God, people of a heavenly kingdom, living out the values and ideals of [that kingdom](#) in this earthly life.

Yet we're also still literal citizens of the countries we live in. We still retain all the privileges that citizenship affords, together with the responsibilities it holds. *Because we have given our primary allegiance to Jesus and, for the Lord's sake, we're to continue to submit to the laws and ordinances of the countries in which we live.*

Christians have a greater not lesser responsibility to do good and model appropriate citizenship. We don't get a leave pass to flout the regulations and laws passed by those in authority, just because we're 'not of this world.' *"It is God's will that by doing good, you might cure the ignorance of the fools who think you're a danger to society. Exercise your freedom by serving God, not by breaking the rules."* (1 Peter 2:13-17)

Yet, there must be a disclaimer at this point. We also have a responsibility – a greater responsibility, it can be argued – to model the values of the [kingdom of heaven](#). This responsibility often highlights issues of injustice, prejudice

or inequality which may exist both within the church and without, issues to which God is adamantly opposed and therefore we also should be opposed.

The Atlantic slave trade, which operated between the 15th and 19th centuries, might never have been abolished, had it not been for the public agitation of those who spoke vocally against a legally sanctioned practice and campaigned tirelessly for its elimination.

Two distinct laws passed in Nazi Germany provided the legal framework for the systematic persecution and resulting genocide of millions of Jews, demonstrating that sometimes doing what is lawful isn't the same as doing what is right.

And in our own country of Australia between 1910 and 1970, at least 100,000 Aboriginal children were forcibly removed – stolen – from their parents and families as a result of various government policies, leaving a legacy of loss and trauma that persists today. The pain inflicted on an entire people through separation and forced assimilation was enabled by governmental law, regardless of the reality that it was morally repugnant to do so.

*As Christians, the law cannot be our ultimate moral guide. Slavery was lawful. The holocaust was legal. Segregation and apartheid were legally sanctioned. Many of today's laws are created to protect corporations rather than people. Simply put, the law does not dictate our ethics. God does. | Craig Greenfield*

[God's values have the final word in our actions](#) and this may mean, at some point, our choices or actions put us in conflict with the culture around us or the laws of the country in which we live. *We submit, until, for conscience sake, we can no longer submit* (Acts 5:29, Exodus 1:7).

# The Covid-19 Pandemic

For Christians, times of trouble are opportunities to test and prove our own conviction; that there is One God who rules over all things and that we remain confident that He continues to do so, even through trouble and difficulty ([Psalm 103:19](#), [Daniel 2:21](#), [Ephesians 4:6](#)).

While the early Christians faced very different times of trouble than we do today, comparable only perhaps by how we choose to respond, our faithful response is no less necessary than theirs.

The ongoing crisis of Covid-19 is a troubling and anxious time. The most recent reports regarding the virus are particularly concerning, causing fear for many people, especially the elderly and vulnerable in our communities. Whilst we shouldn't be ambivalent about what's going on around the globe, we also need to be measured in our response and very careful not to be contributing to or escalating the level of panic that people may be experiencing.

It's extremely disturbing that Christians would contribute to misinformation regarding both the virus and associated treatment options, particularly in the social domain. Many, in reality, are unlikely to be qualified to actually comment from a medical perspective, yet this doesn't seem to prevent them from offering advice, suggestions, criticisms, or conjecture on the subject.

Verified medical information shared in responsible ways is helpful; unfactual, fear-inducing conspiracy theories are not. By all means, discuss the situation with those around you but choose to do so in responsible ways, with a view to banishing exaggerated fear.

Neither is it appropriate for Christians to participate in acts of disrespect or civil disobedience of those in

authority, whilst current regulations don't directly contradict God's directives. We ought to instead continue to pray for wisdom and guidance in our own personal choices as well as for those in the difficult situation of accessing risks and making decisions on behalf of our nation.

Christians also have both a responsibility and a privilege to point the world's attention to the One who is still in control of all. We can choose to positively redirect the conversation, to comfort people's hearts and try to settle their fears, whilst still acknowledging the gravity of the current pandemic and assist in supporting practical measures to combat it.

There is no authority except from God, and those that exist have been instituted by God (Romans 13:1). We are to seek their welfare, to speak evil of no one, to respect the government and be law-abiding. If it is possible, as far as it depends on us, we're to live at peace with everyone. (Titus 3:1-2, Jeremiah 29:7, Romans 12:18).

We need to continue to pray, worship and connect in all the ways that are possible to us right now. Most of all, we need to continue to point the people of the world to Jesus, who told his much-loved followers: "Let not your hearts be troubled, neither let them be afraid. Trust in God and trust in me also" ([John 14:1](#)).

## Convictions + Conduct

Our convictions and conduct go hand in hand. What we say and what we do must show itself to be in agreement.

*"We don't believe something by merely saying we believe it, or even when we believe that we believe it. We believe something when we act as if it were true." | Dallas Willard*

If we believe that God is King of all the earth and remains sovereign still, then we must act in such a way that confirms

this truth to the watching world.

We are to be thankful for those in authority and especially at a time like this, those in healthcare, who risk their own lives to treat and save others ([1 Timothy 2:2](#)). We need to remember to pray for them and assist where we can.

We ought to show responsibility in following the direction of the government and officials, acknowledging measured concern for the situation we all find ourselves in and abiding by recommendations for the good of everyone ([1 Peter 2:13](#)). Now, more than ever, is the time to show consideration and restraint and to lead the world by example. It is not the time (or ever!) for Christians to display greed or selfishness but to consider those who are our neighbour and to love them, as ourselves ([Romans 13:8-10](#)).

And, particularly, it is vitally important to consider those who are weak and vulnerable amongst our communities, who have always found a special place in God's heart ([James 1:27](#); [Psalm 68:5](#)).

*We have opportunity right now, to remind the world of a good, good God, who is actively seeking to overthrow the effects of sin in the world and restore humanity to full relationship with Himself.*

Even here, in times that seem very dark, God is still busy making all things new.

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I first wrote about [the Christian response to the pandemic](#) over a year ago, when things had really started to impact our communities. We've seen a lot happen around the world in that time and, recently, it seemed as if Australia had finally gotten a handle on things and life might be returning to

normal.

I confess, I've not personally felt any real sense of fear throughout this situation until very recently, when the various mutant strains became more contagious and seemingly more virulent. The recent restrictions in Sydney give cause for concern and Covid-19 now feels very much on our doorstep. I had to intentionally take time this week to remind myself of my faith, my conviction that God is sovereign still and that the wind and waves still know His name. Through it all, my eyes must remain on Him.

At the same time as this was occurring, three events impacted me personally and I felt compelled to again write about the situation.

One was several shares in one week on social media of what can only be described as 'doomsday' commentaries; fear-inducing and based in theory, not fact.

The second was the illegal, unmasked gathering/protest that occurred in Sydney, which was also shared on social media (whether to criticise or congratulate I couldn't say for sure, although it did appear to me to be in support of the protest).

The third was two different statements from Christian pastors within a denomination stating this: that if you chose to vaccinate, you weren't faithful, and, that if you didn't choose to vaccinate, you weren't faithful. In my opinion, this kind of religious pressure, criticism or coercion about a very personal choice is completely irresponsible and amounts to spiritual abuse, especially from those in a pastoral position.

I was reminded again of the relevance and importance of the Christian faith in our world, to provide hope, comfort, and assistance to those who are struggling, fearful, or angry. And I was reminded of the example left for us in God's Word, which seems to have an answer for every situation, of those in the early church who lived in the shadow of the Empire and navigated the same tensions with faithfulness and steadfast hope. We can learn a lot from them.

Pictured: Sculpture of Tiberius Claudius Caesar Augustus

# Walking With God

(Not a reader? Take a listen instead ↓)

*“He has told you, O human, what is good; And what does the LORD require of you, but to do justice, to love kindness, and to walk humbly with your God.” | Micah 6:8 NAS 1977*

## Knowing And Being Known

At the heart of us all is a deep desire to be known; to be so intimately connected with another person that it's as if we are no longer two people but one – *‘a single soul dwelling in two bodies.’* There are many of us who are lucky enough to experience that kind of affinity with another person; sharing empathy, support and kinship in a close human relationship like no other. Our experience of marriage, that of committing to another person and them to us, is one of the most intimate and fulfilling relationships we will have in this life.

Yet nothing will compare to knowing and being known by the One who has breathed life into us, animating our flesh and bone and *‘in whom we have our very being.’*

God intended that humanity would seek Him, reach out for him and desire to be close to Him in relationship. He is not far from each one of us, as near as the tongue in our mouth, as close as the heart in our chest. (Acts 17:28, Romans 10:8)

In moments of quiet worship, in stirring songs of devotion, in

times of disappointment, heartache and despair, the emotions that overwhelm our hearts all serve to propel us towards seeking and loving the One who rings our hearts like a bell. (Abraham Heschel)

Our days are numbered, yet we were made to walk with God. Perhaps we all feel that pull and longing, in the secret places of our hearts, to return to the place in the beginning, to the cool shade of the garden, where God once walked with us.

## A Perfect Eden

In that garden, in the beginning, Adam and Eve were in close relationship with their Creator. The world that existed at that time was 'very good', a perfect Eden where God's glory shone softly between the tall, slim trees and Heaven and Earth were as one. In the middle of the garden, grew two trees; the Tree of the Knowledge of Good and Evil and the Tree of Life. From one tree Adam and Eve could freely eat, but the other was forbidden to them, prohibited from being eaten and not even to be touched. Life, and life abundantly, flowed from one and certain death would be the result of eating from the other.

It was such a small thing, only one bite, and yet the result of their disobedience was catastrophic. The evil of sin entered God's good world, and would eventually spread like a dark, cancerous mass across the surface of the earth.

A [sentence of death](#) was passed, not just to Adam and Eve, but to all who would come after them. The way to the garden – to the place where God had once walked with them – was barred. The oneness with God that had existed before sin entered the world had been broken and a great chasm now lay between the Creator and His children.

# A Communion Of The Heart

This expression, *“walking with God”* is used often in the Bible and means, *‘not merely God’s knowledge of a person, but also a person’s response to God. Practical obedience, along with a communion of heart and will, are described as “walking with” or “before God.”* (Genesis 5:22; Genesis 6:9; Genesis 17:1; Psalm 56:13; Psalm 116:9)’ (Elliot’s Commentary)

The first person that we’re told *‘walked with God’* after the catastrophe that unfolded in the garden was a man named Enoch (Genesis 5:21-24). Chapter 11 of the book of Hebrews, a famous chapter cataloguing many faithful individuals, tells us that Enoch was taken from this life and didn’t experience death. The commendation of him was of *“one who pleased God”* (Hebrews 11:5). The word used for walk in the commentary on Enoch’s life in Genesis means, in Hebrew *‘to come, go, walk’*. It carries the idea of coming and going *with God* – that is, that Enoch was in complete union with God and agreement about where they were going together. He walked alongside God on a daily basis, going here and there in life but always at God’s side.

This idea of *‘being at God’s side or being near to God’* being related to faith is recognised by Paul the Apostle in his thoughts about Enoch (Hebrews 11:6). He verbalises what is surely a connection between the two ideas: *“And without faith it is impossible to please Him, for whoever would draw near to God must believe that He exists and that He rewards those who seek Him”* (Hebrews 11:5-6, ESV). Walking with God, Paul seems to be making clear, is synonymous with a *‘faith that pleases God’*.

*“Can two walk together without agreeing where to go?” | Amos 3:3, BSB*

“Will, then, God walk with a person, guiding, shielding, strengthening him, if that person is not in harmony with Him?

He (Amos) illustrates the truths that all effects have causes, and that from the cause you can infer the effect. The “two” (here) are God’s judgment and the prophet’s word. These do not coincide by mere chance, no more than two persons pursue in company the same end without previous agreement. The prophet announces God’s judgment because God has commissioned him; the prophet is of one mind with God, therefore the Lord is with him, and confirms his words.” (Elliot’s Commentary)

## An Invitation To Deeper Relationship

Abraham, called the friend of God (James 2:23), was summoned deeper into relationship by the invitation of God to ‘walk with Him’

*“I am God Almighty; walk before me faithfully and be blameless.” | Genesis 17:1, NIV*

Abraham is known not only as the *friend of God* but also as the *father of faith*, demonstrating the reality that ‘walking with God’ and the action of faith in our Christian lives is one and the same thing.

Faith is what brings us to that place of being ‘put right with God’ but it’s [faith, meshed with action](#), that really brings us into a full relationship with Him. The all-encompassing meaning of belief is intrinsically linked with the actions that back it up – seamless believing and doing. It’s not the doing that makes us right, but it’s impossible to show our faith, without the doing.

The apostle James, in his letter to the believers, tells them that separating belief from action is like separating a body from the life force or spirit within – all that’s left is a corpse. (James 2:18-26). As Eugene Peterson so aptly puts it, *“Wisdom is not primarily knowing the truth, although it certainly includes that; it is skill in living. For, what good is a truth if we don’t know how to live it? What good is an*

*intention if we can't sustain it?"*

It's faith, coupled with action – *believing and doing* – that elevated Abraham from being not just a *father of faith* but also the *friend of God* – participant in a close and intimate relationship of knowing and being known.

The Psalmist also spoke of the comfort of knowing and being known – that God's presence was always at his side.

*"Even though I walk through the darkest valley, I will fear no evil, for You are with me; Your rod and Your staff, they comfort me." | Psalm 23:4, NIV*

'Walking with God' means simply that we are [God's people](#). We are intimately known by Him and He is known by us. This is a relationship where God's presence is truly living with us and we are walking alongside Him, each and every day of our lives.

## **A Promise Of Reconciliation**

This has always been the comforting promise from God to His people (Leviticus 26:12, Deuteronomy 10:12, 1 John 1:7), firstly to the nation of Israel and then flowing and expanding outward from Israel to include all of humanity in the [new covenant](#):

*"I will walk among you and be your God, and you will be My people." | Leviticus 26:12, NLT*

*"I will make my home among them. I will be their God, and they will be my people." | Ezekiel 37:27, NLT*

*"For we are the temple of the living God; as God said, "I will live with them and walk among them, and I will be their God, and they will be my people." | 2 Corinthians 6:16, ESV*

Jesus was the exact representation of God and the very imprint of His nature (Hebrews 1:3, John 14:10-11), the Word-made-flesh who took up residence amongst us (John 1:1-14).

By knowing him, we could truly know God and the promise of reconciliation could be seen clearly for the first time; so close we could reach out and touch it. The morning of that resurrection, it was as if all the world waited, in breathless anticipation, for the moment when restored relationship became a reality and we could once again walk with God.

Through the blood of Jesus, the painful separation between us and the One who loves us best, has been healed. The ravine of sin has been bridged and we who were once far off from God, are brought close again, in perfect, harmonious relationship.

## **A Life Alongside God**

Walking with God is sometimes equated to simply '*living a moral life*', but I believe this misses the point.

Firstly, there's nothing simple about living a perfect, moral life. And while the Christian life is certainly about *trying* to do the right thing, we will actually never achieve a morally acceptable life. Only Jesus achieved that and it's only through his victory that we are conquerors, but certainly not through our own efforts. *Walking with God* isn't about achieving perfection, not at the core of it all.

Walking with God is about a life spent *alongside God* and, as a result of that choice, producing the kind of faith that is real and pleasing to God. It's about relationship; a decision of the heart to choose the way that God is walking, not our own, and to pursue that path with Him.

This is a faith that isn't just a thought or a hope or a list of unemotive 'do's' or 'don'ts' but forward motion in real communion with God, as a Father and as a Friend. "Walking with God" is deeply connected to the idea of having *living faith* –

that is, faith expressed through action, not merely subscribing to a set of beliefs. It's living in the delicately balanced tension between faith and works and ensuring that the things we're convicted of find real demonstration in our conduct.

Corinthians confirms that walking with God is by faith (2 Corinthians 5:7) but this is faith demonstrated not just in *saying* what we believe but *doing* what we say we believe.

It isn't an intellectual exercise – *knowing things about God* – but a choice of the heart, intimately *knowing God*, His character, His will, His greatness and majesty, and then choosing humbly to walk alongside Him every moment of our lives. We'll get it wrong more often than we'll get it right, but we have faith that 'the blood of Jesus cleanses us from all sin' and we have confidence that his sacrifice enables us to draw close to God and choose relationship again with Him. This is where conviction and conduct meet in glorious union and we are truly 'walking with God'.

*"We don't believe something by merely saying we believe it, or even when we believe that we believe it. We believe something when we act as if it were true." | Dallas Willard (1935 – 2013)*

*"It's possible for a man to spend so much mental energy in discussing and rediscussing the simple element of truth that he never puts what has learned into practical effect, and this is probably why some people have drawn a fictitious distinction between matters of morality and what have been called 'mere questions of doctrine'. Sound doctrine is the foundation of sound morality and right action is simply right doctrine in practice. By putting on the whole armour of God, we must have our feet shod with the preparation of the gospel of peace. Our shoes are in use every step of the way. We are not always using the sword of the Spirit to the throwing down*

*of fleshly strongholds; but we are always walking, whether in war or peace, whether surrounded by the wicked and assailed by fiery darts, or in the assembly of the saints and hearing words of cheer. Our 'walk in life' covers all this experience." | Islip Collyer, Conviction and Conduct (page 97, 106)*

## **On Earth As In Heaven**

Awareness of and responding to the love of God is at the heart of our Christian lives. We are who we are, first and foremost, because of God revealed in Christ. Because of Jesus, sin has been defeated and death no longer has the final word. "There's nothing more to separate us from the promise, the words of a living hope." (This, My Soul | The Gray Havens)

The truth is that 'walking with God', that beautiful, expansive, all-enveloping phrase, is what draws us back into the light, where we can stand naked and unashamed in the glow of God's glory. Choosing to walk with God, in a repaired relationship through Jesus, returns us to that garden, to the place where everything was 'very good' and where every heartbeat of our life echos to the will and glory of our Creator.

*"How great the chasm that lay between us, how high the mountain I could not climb. In desperation, I turned to heaven and spoke Your name into the night. Then through the darkness, Your loving-kindness tore through the shadows of my soul. The work is finished, the end is written, Jesus Christ, my living hope." | Jesus Christ, My Living Hope, Bethel Music*

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**Two worship songs, in particular, were the inspiration behind**

this article. The first, 'Your Glory' by All Sons & Daughters, is a beautiful reminder of the purpose for which we were created and to which we're all called. The second, 'This My Soul' by The Gray Havens is a compelling retelling of the story in the beginning: the perfect peace of Eden, disrupted by sin, but promised rescue, redemption, and restoration, at great personal cost, by the Creator Himself.

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## Keep Your Eyes On Jesus

We're [called to a radical life](#).

This is a life in which we're called to follow someone we've never seen. We've heard about him but we've never seen him with our own eyes. We've 'believed the report', the good message about who Jesus is and why he came, and our hearts have been convicted to follow him. And even though we haven't seen him, we love him.

*"Though you have not seen him, you love him. Though you do not now see him, you believe in him and rejoice with joy that is inexpressible and filled with glory" | 1 Peter 1:8, ESV*

## The Redemptive Power Of His Sacrifice

We have come to realise that, without Jesus, we are nothing more than 'dead men walking'.

We're reminded of the story of the serpent placed on the pole during Israel's wilderness wanderings (Numbers 21). Their criticism of God and His way brought a plague of poisonous snakes throughout the camp. Moses was told to place a copper snake on a pole for all to see and anyone who fixed their gaze on that serpent on the pole would be healed and live.

A snake on a pole has come to represent medicinal healing throughout the medical world today and we can, of course, see the redemptive symbol in this story for our Christian lives. The bronze serpent is the clearest type of the saving work of Jesus. Jesus himself used this symbol to appeal to the people in his day (John 3:14). Like the serpent, Jesus was to be raised on a stake for all to see, and all those who looked to his redemptive sacrifice would live.

We fix our gaze on Jesus, crucified, believing in the power contained in his name, and though we are dying, yet we live! Death no longer has the final say.

*“But in fact Christ has been raised from the dead, the firstfruits of those who have fallen asleep. For as by a man came death, by a man has come also the resurrection of the dead. For as in Adam all die, so also in Christ shall all be made alive. But each in his own order: Christ the firstfruits, then at his coming those who belong to Christ.”  
| 1 Corinthians 15:-20-23, NIV*

## **Believing And Becoming In Jesus**

Our Christian life starts the moment we turn our eyes to Jesus and [acknowledge him](#) as Lord of our heart and our life. But our gaze must never leave him.

The Christian life is one of transformation; of more than just believing, but of becoming, where the impossible is possible. We are able to become more than conquerors through him who loved us.

*“What, then, shall we say in response to these things? If God is for us, who can be against us? He who did not spare His own Son, but gave him up for us all – how will He not also, along with him, graciously give us all things. No, in all these things we are more than conquerors through Him who loved us.” | Romans 8:31-32, 37, ESV*

We are learning to follow where Jesus has gone already and we are learning, day by day, to trust him as our good shepherd.

## A Leap Of Faith

Living the Christian life is often stepping out into the unknown. It's often an exercise in surrender, trust, and faith.

*"Now faith is the assurance of things hoped for, the conviction of things not seen. For by it the people of old received their commendation. By faith we understand that the universe was created by the word of God, so that what is seen was not made out of things that are visible." | Hebrews 11:1-3, ESV*

We look around us and see how things presently are, in this life, **and yet we believe that there is more** and that **we can be more**. This belief is underpinned by the [evidence of the risen Christ](#). Resurrection, the most unbelievable, incredible event to have possibly happened **has** happened. When Christians gather together for communion, we celebrate and witness to this remarkable event. The ramification for us as believers is not a small thing: the [same power](#) that raised Jesus from the dead now lives in us!

*"I also pray that you will understand the incredible greatness of God's power for us who believe him. This is the same mighty power that raised Christ from the dead and seated him in the place of honor at God's right hand in the heavenly realms." | Ephesians 1:19-20, NLT*

*"And if the Spirit of Him who raised Jesus from the dead is living in you, He who raised Christ Jesus from the dead will also give life to your mortal bodies through His Spirit, who lives in you." | Romans 8:11, BSB*

Jesus promised his followers that he would be with them, even to the end of the world. This is his promise to us. Sometimes he will lead us through fire and across water, through deep valleys and up high mountains. There is no promise that the Christian life will always be easy but he promises he will never leave us or forsake us.

Some of you may be feeling the heat of those flames. Or perhaps you feel like your feet are sinking and you're going to drown. Raise your eyes and fix them on Jesus! He goes before us, he stands beside us, every day of this Christian life.

## **Faith Is Learning From History**

We learn a lot from the story of Israel and their exodus from Egypt. When the children of Israel were delivered out of slavery, that moment only signaled the beginning of a journey of faith. And almost immediately, they were brought to the edge of the ocean, with churning water ahead of them and the enemy hard at their heels. There was no way forward and no way back. And then, suddenly, a miracle was performed and God parted the ocean before them – a way out – seemingly impossible but clearly visible. They had to make a decision of faith – to step into that path cut through the ocean and cross through to the other side. Moses, their leader, spoke boldly at this moment:

**“Don't be afraid, stand firm and watch God do His work for you.”**

Some of us may be in that moment right now, afraid of what is behind us and unable to see a path ahead of us. Sometimes, the step of faith involves standing still and watching God go to work for us. Sometimes, faith asks us to step out into the unknown.

We have the story in Matthew 14:24-31 of Peter being called by

Jesus to step out of the boat and onto the churning water. And we realise from reading this story that sometimes faith asks us to step out of the boat, out of the place where it feels comfortable and relatively safe and into the dark and churning ocean. In those moments, too, we must not lower our gaze. Faith will keep us afloat, fear will sink us.

We must look for Jesus and keep looking for Jesus. He is the good shepherd, who laid his life down for the sheep, and, like the Psalmist, we can confidently say,

*“Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me.” | Psalm 23:4*

## Keeping Our Eyes On Jesus

How do we keep our eyes on Jesus? How do we ‘follow him’ and keep him front and foremost in our minds, day by day?

We need to make him real! We need to learn about him, discover what kind of leader he is, read about his character, his personality, his emotions. We need to talk to him, tell him our struggles and our fears. We need to ask for his courage to be ours. We need to invest in **relationship** with him; deep and personal and transformational.

We need to be reminded and convicted in our hearts that he is not just our personal saviour and friend, but [the resurrected King](#), in whom all power rests and with whom all things are possible!

When we come together as church, we are reminded that the church was born from the sacrifice of a man who, while we were yet sinners, died for us. Who, for the joy that was before him, endured the cross. And whose resurrection assures us that the best is still yet to come.

*“The word that saves is right here, as near as the tongue in your mouth, as close as the heart in your chest. It’s the word of faith that welcomes God to go to work and set things right for us. This is the core of our preaching. Say the welcoming word to God – “Jesus is my Master” -embracing, body and soul, God’s work of doing in us what He did in raising Jesus from the dead. That’s it. You’re not “doing” anything; you’re simply calling out to God, trusting Him to do it for you. That’s salvation. With your whole being you embrace God setting things right, and then you say it, right out loud: “God has set everything right between Him and me!” Scripture reassures us, “No one who trusts God like this – heart and soul – will ever regret it.” | Romans 10-10-13, MSG*

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**The Christian life isn’t always easy and the next step isn’t always clear. Sometimes we need courage to make that step and sometimes we just need to stand still and watch God go to work for us.**

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# Emotionally Healthy Spirituality

*“It’s impossible to be spiritually mature while remaining emotionally immature.” | Peter Scazzero, Emotional Healthy Spirituality*

## Emotions Make Us Human

Do you have emotionally healthy spirituality? Are you emotionally mature? Or are you, perhaps, deeply uncomfortable

being intimate with your emotions? Did you realise that emotional maturity and spiritual health are intrinsically linked? Our emotions are at the core of what it is to be human and the journey of genuine transformation to emotionally healthy spirituality begins with a commitment to allow yourself to feel.

## Are You Emotionally Mature?

Are you as emotionally mature as you'd like to think you are? Ask yourself the following questions and you may be surprised and somewhat perturbed with the answers:

- You find it difficult or impossible to be transparent about your life struggles or how you *really* are. If someone asks, you reply "I'm fine", "all good", or "great week – yours?".
- You take any suggestion as a personal attack or rejection, rather than seeing it as an opportunity to improve or grow.
- You are intolerant of different views to your own and often tend to speak in very black and white terms about differences ie "right" or "wrong".
- You may be outwardly helpful, friendly, or giving to others but in private, you're actually a lousy spouse, parent, or family member.
- Others may describe you as unteachable, proud, insecure, or defensive.
- You may deal with conflict or turmoil with others by using methods that emotionally distance you from the very person you need resolution with. You often choose to talk with someone other than the person you are in conflict with. You avoid face-to-face conversations or simply pretend a situation doesn't exist.

You might be feeling somewhat dismayed to find yourself in one or more of the above scenarios. The good news is you're definitely not alone. Many (or most of us, if we're honest)

find ourselves somewhere in the middle of thinking we're emotionally mature and discovering that, in reality, we're not. But what does our emotional maturity have to do with our spirituality?

## Humanity – Made In The Image And Likeness Of God

Humans are incredibly complex creatures. yet we can divide all these complexities into five general parts or components that, put together, make us a “whole” or “complete” human:

**Intellectual** – Humans are created superior to animals; we're able to reason and make decisions for our own lives. The pursuit of knowledge is inbuilt in humans and the acquisition of knowledge is considered to be highly valuable and profitable.

**Spiritual** – Humans are also able to comprehend and make decisions based on more than just logical conclusions, knowledge or experience. We have the ability, if we choose, to base our reasoning on spiritual values with moral considerations. We're able to comprehend “higher ideals”. [Vines Expository Bible Dictionary](#) defines “spirituality” as *“things that have their origin with God and therefore are in harmony with His character”*. The ability to comprehend spiritual things makes us uniquely different to animals.

**Physical** – Humans aren't insubstantial, rather, our very essence, our consciousness, the thing that makes us, US, is contained within a literal, physical body. We *feel* things physically; touch, cold, heat, hunger, thirst, tiredness, and our physical state can be nurtured or abused (by ourselves or others). Our bodies are incredibly designed and are, as [the Psalmist](#) so aptly described them, “fearfully and wonderfully made (Psalm 139:14).

**Social** – Humans have a natural desire to belong, to be loved, to be “part of something”. We're generally extremely social creatures. We tend to develop our circle or tribe and

cultivate that to our benefit because we enjoy company and friendship. We hate loneliness or the feeling of being unwanted or not needed. Social rejection or disconnection is actually one of the major causes of depression in humans.

**Emotional** – Finally, humans are emotional and our emotions are actually connected to all the other parts of us. Our emotions are the very core, the heart, of what it is to be human. We *feel* elation when we *learn* something new (intellectual). We *feel* pain when our bodies experience *hurt* (physical) and we *feel* acceptance and love when we *belong* (social). It should make sense to us that our spirituality and our emotions are deeply connected. But, somehow, we struggle to recognise this connection and, in fact, we often actively seek to disconnect the two. Yet, our spirituality and our emotions are inseparable.

*“The call of emotionally healthy spirituality is a call to a radical, countercultural life. It is a call to intentionality, rhythm, and expectation of a life transformed by the risen Christ, with the power to see through the illusions and pretense of our world.” | Peter Scazzero*

Emotions are data and this data gives us important information, enabling us to make values-based decisions. The problem with ignoring the connection between our emotions and our spirituality is that we then ignore important information about ourselves, how and why we’re feeling certain things, and the need to deal with those feelings.

Without acknowledging our emotions and using that information, our values-based decisions, those “*higher ideals*” or “*things that have their origin in God*”, can’t be acted upon in a deeply connected and meaningful way.

We become one-dimensional creatures, stagnant and immovable, rather than multi-faceted and growing towards being “*thoroughly equipped for every good work* (2 Timothy 3:17), and

we certainly don't have an emotionally healthy spirituality.

*"There is no greater disaster in spiritual life than to be immersed in unreality. In fact, the true spiritual life is not an escape from reality but an absolute commitment to it."*

| Peter Scazerro

## **The Iceberg – What's Really Going On Beneath The Surface**

Unresolved or ignored emotions don't just go away. They grow, unchecked, beneath the surface of our life. What people see really is only "the tip of the iceberg." Above the waterline, we may appear to be doing fine, we will often say we *are* fine, but beneath the surface rage, all the unacknowledged and unresolved emotional feelings that we pretend don't exist. We're not being true to ourselves or others and we're not living authentic, meaningful lives. Here's what happens when we ignore our emotions:

- We become fearful
- We become intolerant
- We become critical
- We become ignorant
- We become disconnected
- We become discontented
- We become disillusioned

## **Still Not Sure About Being Emotionally Connected? Jesus Was Emotional!**

We're told that Jesus was like us, in all aspects of his humanity (Hebrews 4:15). He felt every human need and experienced the broad spectrum of human emotion. However, his emotions were always deeply connected to his spirituality. He felt sadness (Luke 19:41), joy (Luke 10:21), anger and distress (Mark 3:5), sorrow (Matthew 26:37), compassion (Luke

7:13), astonishment (Luke 7:9), stress and anxiety (Luke 12:50), and desperation and emotional vulnerability (Mark 14:32-36).

*The challenge to shed our “old false” self in order to live authentically in our “new true” self strikes at the very core of true spirituality. Paul the Apostle, expressed this as, “to put off your old self...and to put on the new self, created to be like God in true righteousness and holiness” (Ephesians 4:22, 24).” | Peter Scazzero*

Emotional courage is listening to what your heart is telling you, ensuring you are emotionally connected with your spirituality and therefore able to make important, values-based decisions. Knowing yourself completely is critical to knowing God. Ignoring your emotions is ignoring the very way in which you draw closer to and become more like God.

Sometime, discomfort may be the price of admission to a meaningful life. Emotionally healthy spirituality is about reality, not denial or illusion and it's an essential part of being human.

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**Further Recommended Resources:** [Emotionally Healthy Spirituality, Peter Scazzero](#). [The Gift and Power of Emotional Courage, Susan David, TEDWomen2017](#)

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# Jesus: King Of The World

The final pages of the Old Testament come to a close with the prophetic words of Malachi, written around 460-430 BC. We find the people of Israel have returned from nearly 130 years of exile and are back in the land of their ancestors. Yet the nation is vastly diminished. The temple has been restored under the leadership of Nehemiah but it is a much smaller building than the previous, gloriously constructed temple of King Solomon's days. The royal line, although still in existence, no longer occupies the throne. Israel is a shadow of her former glory; a vassal state under the domination of the Persians, the great world power of the day. Ezekiel's prophecy against Israel – a result of their rebellion of God's sovereignty and their faithlessness as His witnesses – has been utterly effective:

*"You profane and wicked prince of Israel, whose day has come, whose time of punishment has reached its climax. This is what the Sovereign Lord says: Take off the turban, remove the crown. It will not be as it was: The lowly will be exalted and the exalted will be brought low. A ruin! A ruin! I will make it a ruin! The crown will not be restored until he to whom it rightfully belongs shall come; to him I will give it." | Ezekiel 21: 25-27, NIV*

Demoralised and disloyal, the people of Israel continued to go about their religious obligations but they had completely lost faith in God and doubted His love for them. They believed that nothing good ever came from following God and forgot, as they had many times before, His blessings and favour of them as a people. They had no confidence He even cared about their future.

This final book of the Old Testament offers a glimpse into the hearts of those who had been specially chosen by God as His

witnesses to the nations around them. Even with the perspective of their glorious history and events like the Great Exodus from Egypt, they had completely given in to apathy. They had neglected God's promises; and spiritual lethargy and a corrupt priesthood spread unfaithfulness, cancer-like, throughout the nation.

Malachi's words are the last message from God to His people and, for 400 years after, there will be silence.

## **God's Announcement – I Am Arriving!**

It is to this vast length of silence that God finally speaks, announcing His impending arrival into the story of not just Israel, but the entire world. The work that God had been at for a long time was about to culminate in a tiny, obscure town in the middle of the demoralised and now Roman-occupied nation of Israel. The glory of God was about to be revealed to all humanity.

John the Baptist, God's messenger, bursts onto the scene, "preaching a baptism of life-change that leads to forgiveness of sins" (Mark 1:4). But there was more.

*"As he preached he said, "The real action comes next: The star in this drama, to whom I'm a mere stagehand, will change your life. I'm baptising you here in the river, turning your old life in for a kingdom life. His baptism—a holy baptism by the Holy Spirit—will change you from the inside out." | Mark 1:7-8, MSG*

John was simply the messenger. The 'star in this drama' was none other than God's own son, Jesus Christ. He was coming, not only to save people from their sins but to be God's perfect image-bearer and to restore God's righteous rulership. Jesus had been prophesied to be king of the world ([Luke 1:30-33](#), [Matthew 21:5](#), [John 12:13](#), [Luke 19:38](#)) and his message of good news would totally change people's lives.

# God's Kingdom And The Arrival Of The King

We were created intentionally and with purpose, to be the image-bearers of God, the king of the earth. We were destined to be like Him and enact His will throughout the world. The first humans, Adam and Eve, were given the authority and privilege of ruling over God's good creation, filling all the earth with His glory and accomplishing His purpose. This is where we first see the concept of God's reign – His sovereignty – displayed (Genesis 1:26).

However, instead of partnering with God, Adam and Eve sought to undertake this rule on their own terms, setting in motion the destructive cycle the world has been subject to ever since. The story of human history is really the story of human failure in accomplishing God's purpose, and God's continual involvement in the chaos and mess that we have created, to save us from ourselves.

For centuries, God's story of liberation and redemption – part of His 'Kingdom Mission' – has been enacted, over and over again in the history of the world. Firstly, with covenants made to [Abraham](#), through whom God promises to bless all the world (Genesis 12:1-3, Genesis 13:14-17, Genesis 15:1-21, Genesis 17:1-11). Then with Abraham's descendants, those who came to be known as the people of Israel, who were intended to be God's witnesses to His Kingdom Mission.

*"But you are my witnesses, O Israel!" says the LORD. "You are my servant. You have been chosen to know me, believe in me, and understand that I alone am God. There is no other God – there never has been, and there never will be. Yes I am the LORD, and there is no other Saviour." | [Isaiah 43:10-4, NLT](#)*

Finally, God personally steps into the drama in the person of His Son; [born as a human like us](#), yet expressing and embodying the entire fullness of God's nature (Matthew 21:37, Matthew

1:22-23, Isaiah 7:14, John 1:14, John 14:9, John 12:45, Hebrews 1:3, Colossians 2:9). The relationship between humanity and God, broken in the Garden of Eden, was going to be reconciled. God's good creation, damaged by Adam and Eve's disobedience, was going to be restored. Not only that – God's Kingdom Mission – that all the earth be filled with His glory – was finally breaking through into the kingdoms of mankind. It had been advancing for centuries but finally, it had arrived and the message was clear. God was still king – He has always been king – and His reign, fractured early on in human history (Genesis 2), was going to be properly reinstated through His Son, Jesus.

*“From the days of John the Baptist until the present, the kingdom from heaven has been forcefully advancing, and violent people have been attacking it.” | Matthew 11:12, ISV*

*“The time promised by God has come at last!” he announced. “The Kingdom of God is near! Repent of your sins and believe the Good News!” | Mark 1:15, NLT*

## **God's Upside-Down Kingdom**

The idea of 'the kingdom of God' was consistent with the Jewish hope of a saviour and the arrival of the one who would be the 'consolation of Israel'. (Isaiah 52:7-9, Luke 2:25, Acts 26:6). The prophet Isaiah speaks poetically about the one who would bring peace, justice, and righteousness again to Israel. This national hero would be from David's royal line and Isaiah predicted that his kingdom would have no end.

*“The people who walked in darkness have seen a great light; those who dwelt in a land of deep darkness, on them has light shone....for to us a child is born, to us a son is given; and the government shall be upon his shoulder, and his name shall be called Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace. Of the increase of his government*

*and of peace there will be no end, on the throne of David and over his kingdom, to establish it and to uphold it with justice and with righteousness from this time forth and forevermore. The zeal of the LORD of hosts will do this.” | Isaiah 9:6-7, ESV*

*“And he shall set up a banner for the nations, and shall assemble the outcasts of Israel, and gather together the dispersed of Judah from the four corners of the earth.” | Isaiah 11:12, NASB*

*“But you, Bethlehem Ephrathah, though you are small among the clans of Judah, out of you will come for me one who will be ruler over Israel, whose origins are from of old, from ancient times.” | Micah 5:2, NIV*

*“Has not the Scripture said that the Christ comes from the descendants of David, and from Bethlehem, the village where David was?” | John 4:42, NIV*

*“Do not be afraid, Mary, for you have found favor with God. And behold, you will conceive in your womb and bear a son, and you shall call his name Jesus. He will be great and will be called the Son of the Most High. And the Lord God will give to him the throne of his father David, and he will reign over the house of Jacob forever, and of his kingdom there will be no end.” | [Luke 1:30-33, ESV](#)*

Yet God’s kingdom was not going to arrive in the way that the nation of Israel expected. In reality, this kingdom had very little to do with Israel’s nationalistic hopes of liberation from the Romans. This messianic saviour was also intended to be the saviour of the world and the righteous king of God’s choosing. Israel was correct to expect him to be from David’s royal family line but pitifully ignorant to think that he

would only be coming to overthrow the Romans and restore Israel's monarchy.

So while the nation of Israel expected a royalist and a revolutionary, one who would come to conquer and overthrow by violence and force, their saviour arrives instead in the humblest of forms, a small baby, born to an insignificant family. As this child grows into a man, he teaches of a kingdom of service and love, not of domination or force. This kingdom is about repentance and return to the one true king of the world. This kingdom will deliver humans from the worst kind of domination; slavery to sin and death, and bring them back to a whole and restored relationship with God.

This is not what the nation of Israel expected and even Jesus' disciples, his closest companions who knew him best, were dismayed and confused by his arrest, trial, and subsequent death, not fully understanding his purpose and mission:

*"And they stood still, looking sad. Then one of them, named Cleopas, answered him, "Are you the only visitor to Jerusalem who does not know the things that have happened there in these days?" And he said to them, "What things?" And they said to him, "Concerning Jesus of Nazareth, a man who was a prophet mighty in deed and word before God and all the people, and how our chief priests and rulers delivered him up to be condemned to death, and crucified him. But we had hoped that he was the one to redeem Israel. Yes, and besides all this, it is now the third day since these things happened." | Luke 24:17-21*

## **The Kingdom Of The King**

Jesus came as the perfect example of what God is like. [The Word became a man](#), like us, that we might truly know and appreciate the depth of God's reconciling work on our behalf. In the person and ministry of Jesus Christ and his death and

resurrection, all families of the earth, of any nationality, are able to be blessed and experience the righteous rulership of God.

Jesus was born to be king and He is God's perfect king. He upholds the requirements of God's righteous laws and enacts justice on behalf of his people. His power is not demonstrated in ruthless coercion, but in love, poured out on the cross. His might is not revealed in political coups and military advances, but by redeeming humanity and transforming our hearts.

*"We need to shed our unearthly and nonsocial and idealistic and romantic and uber-spiritual visions of kingdom and get back to what Jesus meant. By kingdom, Jesus means: God's Dream Society on earth, spreading out from the land of Israel to encompass the whole world." | Scot McKnight*

As more people come to believe in Jesus and the power of his message, surrendering to his rulership in their lives, God's kingdom grows and develops, until one day it will fill the whole earth. One day, the relationship between humanity and God will be totally restored, [the earth will be completely filled with God's family](#) and the last great enemy, even death itself, will be destroyed ([1 Corinthians 15:25-26](#)).

*"In the days of those kings the God of heaven will set up a kingdom which will never be destroyed, and that kingdom will not be left for another people; it will crush and put an end to all these kingdoms, but it will itself endure forever." | Daniel 2:44, NASB*

This is a kingdom that has been advancing for thousands of years. It is the core message of the gospel, which confirms to us God's purpose with humanity and how God's Kingdom Mission can become our story too. And the king of this kingdom is none other than Jesus Christ, born to be king of the world!

*“Hail, the prince of heaven comes, angel choirs sound the call, for this babe wrapped in a cloth is the incarnate word of God. All the kingdom and its power, resting now in this child, prince of heaven, Jesus: hope of the world.” | [Prince of Heaven](#)*

*“Something happens when people tell the story of Jesus and start living like he really is the king of the world. That’s when this gospel becomes the best news that you’ve ever heard.” | [The Bible Project](#)*

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The kingdom is also described in the Bible in other ways, such as ‘the kingdom of heaven’ (the gospel of Matthew), ‘the everlasting kingdom of our Lord and Savior Jesus Christ’ (2 Peter 1:11), ‘the kingdom of Christ and God’ (Ephesians 5:5) and ‘the kingdom of God’ (the gospels of Mark and Luke). You can read more about the kingdom in the article ‘[The Kingdom | Now, But Not Yet](#)’. You may also enjoy [this podcast](#), produced by The Bible Project: Jesus and the Kingdom of God.

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## Toxic Faith

(Not a reader? Take a listen instead ↓)

It seems hard to believe that people who have answered Jesus’ call to a life of freedom could so easily lose the sense of joy and relief they first felt. It’s difficult to understand why Christians who have been made free and ‘alive in Christ’ would choose to return to a kind of spirituality that slowly imprisons the mind and poisons the soul. How does a message that speaks clearly of God’s love – a life of salvation in

Jesus by His grace – become perverted and distorted, becoming instead a culture of performance-driven expectations, demanded by an unfair and intolerant God?

*“God didn’t go to all the trouble of sending His Son merely to point an accusing finger, telling the world how bad it was. He came to help, to put the world right again.” | John 3:17, MSG*

Yet for many Christians, this is exactly where they find themselves. It may be early into their Christian journey or many years later, but somewhere along the way, their perception of Christianity becomes misshapen and their sense of peace, fulfillment, and relief dissipates.

Religious life becomes exhausting; they feel overwhelmed, emotionally drained and trapped. They may begin to judge themselves or others around them by what they do, what they wear, what they say. They become consumed by rules, preoccupied with fault and blame, and heavily focused on performance – their own or others’. Something that was meant to empower them and set them free has rendered them powerless – they are stuck, with no way forward and no way out.

The simple truth of being ‘saved by grace through faith alone’ has been turned on its head, becoming ‘the gospel of acceptance with God through performance’. Their simple faith in Jesus as the only source of life and acceptance with God has become toxic. Or perhaps, sadly, they never had that simple faith to begin with.

## **Toxic Faith**

Toxic faith is a destructive and dangerous relationship with a religious system, not with God, that allows this system to control a person’s life in the name of God. It is a system where another gospel is preached – not one of freedom and liberty and acceptance through grace, but one, in reality, of

enslavement to rituals and rules.

Seeking God's approval on the basis of your own religious behaviour is toxic faith. Anything that adds to our standing in the eyes of God, apart from the performance of Jesus on the cross, is legalistic teaching. A true and meaningful relationship with God can never be sustained on this basis.

This deconstruction of faith is not just a problem that modern Christians struggle with. The first-century church at Galatia also dealt with this issue and the damage caused by this 'false gospel' is catalogued throughout the letter written by Paul to the Galatians.

The tone of Paul's opening words is one of incredulity at the situation in which the Galatians find themselves.

*"I am astonished that you are so quickly deserting the one who called you to live in the grace of Christ and are turning to a different gospel – which is really no gospel at all." | Galatians 1:6, NIV*

The Greek word used here for 'desert' means 'to defect'; and it's a defection, not from a denomination or doctrine, but from 'Him who called you by grace'. It's a severing of the real and personal relationship a Christian has with God. And it's a distortion of the gospel Paul first preached to them, Christ's gospel, of forgiveness of sins by grace – by Jesus' performance – and not by their own. In fact, Paul says, it's really no gospel at all.

Paul takes the issue the Galatians are dealing with very seriously. When a spiritual life of grace and rest is replaced with a life of imposed works, it's a hugely serious issue.

But what was happening in Galatia for Paul to be so up-in-arms? What induced him to tackle the situation with such passion, to the point of stating the following words, not once

but twice?:

*“Even if we or an angel from heaven should preach **a gospel other than the one we preached to you**, let them be **under God’s curse!** As we have already said, so now I say again: If anybody is preaching to you **a gospel other than what you accepted**, let them be **under God’s curse!**” | Galatians 1: 8-9, NIV*

## Law Versus Grace

Paul had been converted from a life steeped in [religious tradition](#) and law, a life that gave him privilege, prestige, and power. He had used that power to persecute the church of God, systematically destroying it, until one day He was confronted by the risen Jesus, and a message that was radically different to everything he thought he knew.

Paul learned that God was not an impersonal force to be used to make people behave in certain prescribed ways, but a personal saviour offering life and freedom through the saving work of Jesus. Paul discovered that right standing with God was not to be achieved through law-keeping – and, in fact, was impossible to be achieved this way – but by personal belief in God’s promises.

Paul learned of the **true gospel** – that of being ‘saved by grace through faith alone and not by works, lest any man should boast’ (Ephesians 2:8-9).

This is the gospel that He originally preached to the Galatians and which they had gladly received. Yet, it is with dismay that he hears that religious leaders of the old school had come into the church, reintroducing old ways, law-keeping, and an abundance of religious rules and regulations. One of these religious rules was the rite of circumcision, which they were insisting Christians should undertake. Circumcision, in that time, was the ultimate act of external religious

performance, and was being promoted as added 'proof of spirituality'.

'Yes', they would have said *'faith in Jesus is important and you absolutely must have it. But it's **not enough**. In order to find positive standing with God, you must also be circumcised'*.

In other words, there was a group in Galatia propounding the idea that right standing with God depends on what Jesus did **plus** additional 'spiritual acts' that are undertaken. This is completely in opposition to the message of the cross, that salvation comes through Jesus' performance, not our own:

*"For Christ did not send me to baptise but to preach the gospel, and not with words of eloquent wisdom, lest the cross of Christ be emptied of its power. For the word of the cross is folly to those who are perishing, but to us who are being saved it is the power of God." | 1 Corinthians 1:17-18, ESV*

*"He himself bore our sins" in his body on the cross, so that we might die to sins and live for righteousness; "by his wounds you have been healed." | 1 Peter 2:24, NIV*

This 'different gospel' was a serious perversion of God's gift of grace and a not-so-subtle manipulation of the relationship between the individual and God. No wonder Paul was furious.

*"Is it not clear to you that to go back to that old rule-keeping, peer-pleasing religion would be an abandonment of everything personal and free in my relationship with God? I refuse to do that, to repudiate God's grace. If a living relationship with God could come by rule-keeping, then Christ died unnecessarily." | Galatians 2:21, MSG*

# The Collision Of Grace And Spiritual Performance

The word of God is living and active, and, like a powerful sword, it cuts right through [to the heart](#), judging the thoughts and purposes contained therein. It can be used as an instrument of grace, by reminding us of God's love and showing us how to bring order and purpose to our lives.

In the wrong hands, however, or wrongfully used, the word of God can be used in ungraceful ways, as a means of shaming others into performing someone else's agenda, in the name of God. In the hands of performance-based people, it can be used as a weapon in order to pressure people into acting differently or to get rid of them if they do not. It can be used to lay burdens on men 'too difficult to bear'.

*"Woe to you experts in religious law as well! You load people down with burdens difficult to bear, yet you yourselves refuse to touch the burdens with even one of your fingers!" | Jesus, Luke 11:46, NET Bible*

The appearance of Jesus on the Jewish scene was a dramatic collision between grace and spiritual performance. The conflicts the Pharisees initiated with Jesus were usually over minor issues such as fasting (Mark 2:18), sabbath keeping (Mark 2:24), eating with 'unclean' people (Mark 9:11), or attitudes towards civic duties, like paying taxes (Matthew 9:11) – all performance-driven markers of supposed spirituality.

The Pharisees 'majored on minors' because precise details of religious life were their passion, but in doing so, they were actually inverting spiritual values. They made uncompromising stands on matters of no particular spiritual importance, while issues of greatest significance were minimised.

Jesus called them out on their hypocrisy in the gospel of Matthew, where he says:

*“Woe to you, teachers of the law and Pharisees, you hypocrites! You give a tenth of your spices – mint, dill and cumin. But you have neglected the more important matters of the law – justice, mercy and faithfulness. You should have practiced the latter, without neglecting the former. You blind guides! You strain out a gnat but swallow a camel.” | Matthew 23:24, NIV*

Jesus, in contrast, set out the essential way that a person finds [right standing with God](#):

*“I am the way, the truth, and the life. No one comes to the Father except through Me.” | John 14:6, BSB*

*“I am the gate. If anyone enters through Me, he will be saved. He will come in and go out and find pasture.” | John 10:9, NIV*

*“Jesus said to her, “I am the resurrection and the life. He who believes in Me will live, even though he dies.” | John 11:25, NIV*

*“And there is salvation in no one else, for there is no other name under heaven given among men by which we must be [saved](#).” | Acts 4:12, ESV*

Jesus is the only way to find right standing with God. The name of Jesus is the only means by which humanity can be saved. Jesus’ performance, not our own, is what secures this extraordinary gift of grace.

Christians must not be drawn to extremes in a misguided zeal for religious purity but pay attention to the essentials that

Jesus so patiently explained. We must be on guard to avoid systems that employ the use of 'formulas' and 'doctrines' to press good people of faith into conformity with a system instead of conformity to Christ. Particularly, we must be on the lookout for cultures that promote or enable power posturing, performance preoccupation, unspoken rules, and a lack of balance.

*"God's steward, an overseer (leader) must be above reproach – not self-absorbed, not quick-tempered, not given to drunkenness, not violent, not greedy for money. Instead, he must be hospitable, a lover of good, self-controlled, upright, holy, and disciplined. He must hold firmly to the trustworthy message as it was taught, so that by sound teaching he will be able to encourage others and refute those who contradict this message. For many are rebellious and full of empty talk and deception, especially those of the circumcision, who must be silenced." | Titus 17-10*

*"Leaders are given to the church to protect the flock from legalists, who push religious performance as the means of right standing or favour with God. In Paul's letter to Titus, he says that the rebellious men **must be silenced**. Unfortunately, in many churches, not only are the leaders not protecting the flock against those who push religious performance, they are the pushers and in bondage to performance themselves." | Johnson & VanVonderen*

Jesus had no interest in setting up rigid religious and social guidelines for his followers. He chose instead to major on the significant agendas of the kingdom of God. Paul confirms Jesus' way of living in his final words to the Galatians:

*"For my part, I am going to boast about nothing but the cross of our Master, Jesus Christ. Because of that cross, I have been crucified in relation to the world, set free from the stifling atmosphere of pleasing others and fitting into the*

*little patterns that they dictate. Can't you see the central issue in all this? It is not what you and I do – submit to circumcision, reject circumcision. It is what God is doing, and He is creating something totally new, a free life! All who walk by this standard are the true Israel of God – His chosen people. Peace and mercy on them!" | Galatians 6:14-16, MSG*

*"Then you will know the truth, and the truth will set you free." | John 8:32, NIV*

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**Toxic:** 'Mid 17th century: from medieval Latin toxicus 'poisoned', from Latin toxicum 'poison', from Greek toxikon (pharmakon) '(poison for) arrows', from toxon 'bow'. (Oxford Dictionary). 'Containing or being poisonous material especially when capable of causing death or serious debilitation' (Merriam-Webster Dictionary). **Faith:** 'Great trust or confidence in something or someone.' (Cambridge Dictionary)

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## Only A Suitable Redeemer Will Do

One of the most startling pieces of information that we are given in relation to Jesus is the fact that he was **made like us**. Jesus' redemptive work *on behalf of humanity* was deeply connected to *his own humanity*. Although he was born "[the Son of God](#)", and radiant with His Father's glory, he participated in every way in all the experiences of what it means to be human. His ability to sympathise with us and to reconcile on

our behalf springs from a complete understanding of what it is like to be human; with all our doubts, fears, temptations and failures. He understood humans because **he was** human.

*“For this reason he (Jesus) had to be made like them, fully human in every way, in order that he might become a merciful and faithful high priest in service to God, and that he might make atonement for the sins of the people.” – Hebrews 2:17, NIV*

*“For we do not have a high priest who is unable to empathise with our weaknesses, but we have one who has been tempted in every way, just as we are – yet he did not sin.” – Hebrews 4:15, NIV*

These remarkable concepts of atonement, redeeming and redemption were subtly foreshadowed many times throughout Old Testament stories; one such example is the well known tale of Joseph of the multi-coloured coat and his descent into slavery at the hands of his brothers.

However, the law of *the kinsman* or *the kinsmen redeemer* had been written into the weave of Israeli life from very early times, clearly foretelling what Jesus’ work was to be and how it was to be accomplished. We find the narrative of **the redeemer and the redeemed** poignantly depicted in the [story of Ruth](#)

## A Story Of Redemptive Love

The [story of Ruth](#), the inconsequential outsider, is one of joy and heartbreak, desolation and hope. Ruth, of all people, was an unlikely heroine. Not only was she a woman, in a time when women were of minor importance, she was also a widow, poor and foreign and would have been considered an outsider to any true-born Israelite. Yet the conclusion of this seemingly insignificant tale brings us to the interesting discovery that

Ruth eventually became an incredibly significant and vital part of [God's plan of salvation](#) for the world – she was an ancestor of [Jesus Christ](#).

Ruth's story powerfully underscores the importance of love's redeeming power to transform lives. (You can read more about it [here](#).)

Yet hidden within the narrative lies a deeper significance; a story within a story, that has remarkable bearing on the work and purpose of Jesus himself. Hidden, in plain sight, is the way in which God intended to save the world, through His Son.

## **'The Nearest Kinsman Redeemer'**

The book of Ruth is set during the time of Israel's history known as 'the Judges' (circa 1220 – 1050 B.C.). It was a period of religious and moral decline, frequent foreign oppression and national disunity. The people of Israel were often at the mercy of enemies from without and discord from within. Yet although it was a time of great instability, certain laws and customs helped to form an integral part of Israelite society. Many of these laws can still be found throughout the Old Testament, in the books of Leviticus, Numbers and Deuteronomy.

One law, in particular, was known as the law of the *nearest kinsman* or the *kinsmen redeemer*. The kinsman-redeemer was a **male relative** who, according to various laws of the [Pentateuch](#), was responsible to act on behalf of a relative who was in trouble, danger, or need. The Hebrew term for kinsman-redeemer (*go el*) designates *one who delivers or rescues*, either property or person. **The redeemer had to be related to the person being redeemed and could not be a stranger.**

The *kinsman-redeemer* or *guardian-redeemer* was the proper legal term for the nearest male kinsman who was able to redeem or

vindicate a relative (Leviticus 25:25-55).

*“If your brother becomes poor and sells part of his property, then his **nearest redeemer** shall come and **redeem** what his brother has sold.” – Leviticus 25:25, ESV*

*“If brothers dwell together, and one of them dies and has no son, the wife of the dead man shall not be married outside the family to a stranger. Her husband’s brother shall go in to her and take her as his wife and **perform the duty of a husband’s brother** to her. – Deuteronomy 25:5, ESV*

*“If a stranger or sojourner with you becomes rich, and your brother beside him becomes poor and sells himself to the stranger or sojourner with you or to a member of the stranger’s clan, then after he is sold he may be **redeemed**. One of his brothers may **redeem him**, or his uncle or his cousin may **redeem him**, or a close relative from his clan may **redeem him**.” – Leviticus 25:47-49, ESV*

While these laws may seem strange and somewhat archaic to us in the 21st century, they were instituted to protect the impoverished or marginalised members of society who might otherwise suffer permanent loss of life, freedom or property.

## **The Law Cannot Redeem**

Ruth appealed to a wealthy landowner and relative of her mother-in-law, named Boaz, who was eligible to undertake the rights and responsibilities of the *nearest kinsman*. Boaz immediately tells Ruth he is willing to redeem her, however there was a kinsman nearer than himself. If this kinsman could not, or would not, then Boaz promises Ruth he will certainly redeem her.

*“And now do not be afraid, my daughter. I will do for you whatever you request, since all my fellow townspeople know*

*that you are a woman of noble character. Yes, it is true that I am a kinsman-redeemer, but there is a redeemer nearer than I. Stay here tonight, and in the morning, if he wants to redeem you, good. Let him redeem you. But if he does not want to redeem you, as surely as the LORD lives, I will. Now lie here until morning.” – Ruth 3:11-13, BSB*

Boaz’s conversation with the nearer kinsman soon makes it clear that this kinsman cannot redeem Ruth. He offers Boaz this right of redemption, which Boaz accepts.

*“Take my right of redemption, because I cannot redeem it...At this, Boaz said to the elders and all the people, “You are witnesses today that I am buying from Naomi all that belonged to Elimelech, Chilion, and Mahlon. Moreover, I have acquired Ruth the Moabite, Mahlon’s widow, as my wife, to raise up the name of the deceased through his inheritance, so that his name will not disappear from among his brothers or from the gate of his home. You are witnesses today..” – Ruth 4:6, 9, BSB*

The nearer kinsman in this narrative represents the Law of Moses, under which Israel was governed. Instituted soon after the Israelites had migrated from Egypt, an event also known as ‘The Exodus’, this law remained in place until Jesus’ time and still forms a central part of [Judaism](#) today. Yet, while the Law came first, prior to Jesus, and imposed many values of morality and justice, ultimately it could never put a man or a woman right with God. ***It was unable to redeem.***

*“The law of Moses was unable to save us because of the weakness of our sinful nature. So God did what the law could not do. He sent His own Son in a body like the bodies we sinners have. And in that body God declared an end to sin’s control over us by giving His Son as a sacrifice for our sins.” – Romans 8:3, NLT*

No amount of doing good or attempts at obedience can remove the stain of sin from a person's life. All believers must come to understand that obeying God's laws cannot produce the righteousness needed for salvation. It is only [dependence on God](#), in faith, to put things right, that makes it possible to be '[right with God](#)'.

The law was only a shadow of better things to come; acting as a guardian until all humanity could come to understand their need of a Saviour.

## Jesus' Humanity Was Crucial To Redemption

*"Since the children have flesh and blood, he too shared in their humanity so that by his death he might break the power of him who holds the power of death—that is, [the devil](#)." – Hebrews 2:14, NIV*

Only a human could break the power of sin and death which had gripped humanity in a stranglehold for over 4000 years. Only the **kinsman-redeemer** could redeem.

Yet no ordinary human could possibly have achieved this remarkable feat. God, in His infinite love, did not leave anything to chance, causing His Son to be born, with the mind and character of Himself, the exact representation of His being and radiant with His glory (Hebrew 1:3), yet flesh and blood like us. Conceived by the Holy Spirit, Jesus became *Emmanuel*, "God-With-Us", strengthened in will and purpose and redeemer of the world.

## Only A Suitable Redeemer Will Do

Jesus was human and 'our brother' in every way, made like this so He could be a suitable redeemer.

He fulfilled the essential requirements of being made 'like his brethren', human in every respect necessary, so that he

could conquer sin and death for all those who shared in his same humanity.

Only in this way, being completely mortal and subject to pain and death, could it be said of Jesus that *“he must suffer and that, by being the **first to rise from the dead**, he would proclaim light both to [the Jews] and to the Gentiles”*, thereby giving the rest of humanity hope of also escaping the finality of mortality and death.

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## Grasping Hold Of Grace: Repentance

*Imagine a man lost the middle of the Atlantic ocean. He doesn't remember how he got there or where he's going, all he knows is this endless swimming in circles. No ships in sight, he's been treading water for hours and now he's beginning to tire. There's a very real danger that he will actually drown – that's if the hypothermia doesn't get to him first. He doesn't realise this, however. He thinks he'll be fine, that there's nothing precarious about his situation. He'll make it to shore.*

*Suddenly, almost miraculously, a ship appears on the horizon. The man gazes at it in interest. It could be useful to him – the water is becoming colder and he feels very tired. The ship slowly draws closer and the captain appears, signalling from the bow.*

*“You poor creature! You look like you could do with saving! Luckily for you, I've got everything you need right here on board; food, water, dry clothes, first aid... the only thing you need to do is grasp hold of the life buoy I'm going to*

*throw to you."*

*He leans over the side and throws the buoy into the water, where it lands near the man's head.*

*The man's expression changes and he looks at the buoy disdainfully. "Conditions for rescue? I've never heard of such a thing. I shouldn't have to do anything, I've been swimming for hours. In fact, I was doing fine before you arrived. I really don't need your help. If you want me to get in the boat, you'll have to come down here and get me."*

*"Believe me", the captain replies. "I've thought of everything and this is the only way for you to be saved. I promise the buoy is large and easy to grasp and not heavy at all. You won't have any trouble, you just need need to reach out and take hold of it."*

*The man shakes his head. "Nope. I'm not happy with those conditions. It doesn't seem fair to me. I don't see why I should have to do anything. And look, if we're being honest, I was doing pretty fine on mine own anyway. You can keep going, thanks."*

*"Well, look, you really don't have to do anything, apart from take hold of the buoy", the captain replied. "I've done everything else for you. I'll pull you in...just grab hold."*

*The man shakes his head again, angry now. "I really resent you saying you'll save me and making me do all the work. I'm supposedly the rescuee – I shouldn't have to do anything! Nope, I don't like that at all. And in fact, I don't need saving anyway. You can take your buoy and get lost."*

*The captain shakes his head sadly. "I know you need the buoy. I'm not going anywhere – I'm hoping you'll see sense and change your mind". The man turned his back on the buoy and continued treading water...*

*Needless to say, the man drowned several hours later.*

*Although this is a somewhat absurd and unlikely story, it's an apt illustration of how humans often choose to view God's saving grace.*

# Grasping Hold Of Grace

God's [saving grace](#) is a remarkable subject, permeating every aspect of [the Gospel](#), giving it weight and power. The saving acts of God, due to the work of Jesus on the cross and Jesus' resurrection from the dead bring reconciliation ("atonement") between people and God. This is why the Gospel is described as a message of hope for the whole world ([Luke 14:15-24](#)).

We see God's love for humanity demonstrated in His grace – His undeserved favour and kindness, bestowed on the human race. God's grace was shown in action – in [sending His son](#), to save the world through him. This important work was planned and has been done, on our behalf, long before we even existed. We had no part in this, nothing we did or didn't do has influenced God's decision or His plan to save humanity, or how He would achieve this. God loves because of **who God is**, not because of who we are.

*"For God so loved the world that He gave His one and only Son, that whoever believes in him shall not perish but have eternal life." John 3:16, NIV*

*"He saved us, not because of righteous things we had done, but because of His mercy. He saved us through the washing of rebirth and renewal by the Holy Spirit." – Titus 3:5, NIV*

There are no disqualifying factors to who is eligible – it's not offered on the basis of race, gender, age or moral character – God's saving grace is offered to everyone. In spite of racial and ethnic prejudices, Christians in the first century came to understand that no one was to be denied hearing and obeying the message of good news.

*"...God shows no partiality. Indeed, whoever fears Him and does what is right is acceptable to Him in any nation." – Acts 10:34-35, ISV*

God wants to save us, He chose to save the world because of **who He is**. His love outweighed our desperate sin and He went to extraordinary lengths to save us.

*“The Lord is not slow in keeping His promise, as some understand slowness. Instead He is patient with you, not wanting anyone to perish, but everyone to come to repentance.” – 2 Peter 3:9, NIV*

**And yet, there is a catch to grace** – a condition, if you like. Saving grace exists in the same way that the life buoy floats on the ocean. Available, accessible, obtainable. We exist in the same way as a man treading water in an endless sea. Hopeless, helpless, dying. God calls to us – *I can save you, I can offer you hope and life – just grab hold.*

Like the drowning man, in the middle of the frigid ocean, we must grab hold of the life buoy if we want to be saved. There is a condition. We must do **something**. The condition to receiving grace is **receiving grace**.

*“For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.” Romans 6:23, ESV*

*“For it is by grace you have been saved, through faith and this is not from yourselves, it is the gift of God.” Ephesians 2:8, NIV*

## **Receiving Grace: Repentance**

The Bible calls receiving God's grace *repentance*. Literally, repentance means to turn back, to change one's mind. However, the Bible tells us that true repentance is not only a change of mind but is also a change in actions.

*“...but declared first to those in Damascus, then in Jerusalem and throughout all the region of Judea, and also to the*

*Gentiles, that they should repent and turn to God, **performing deeds in keeping with their repentance.***” – Act 26:20, ESV

The Acts of the Apostles focuses heavily on the aspect of repentance relating to salvation. It wasn't a new theme – John himself had preached the baptism of repentance, but now the apostles really seek to impress on believers and non-believers alike the connection between repentance and receiving God's grace – His saving work through Jesus:

*Peter replied, “Repent and be baptised, every one of you, in the name of Jesus Christ for the forgiveness of your sins. And you will receive the gift of the Holy Spirit.”* – Acts 2:38, NIV

*“Repent therefore, and turn back, that your sins may be blotted out.”* – Acts 3:19, ESV

*“When they heard these things they fell silent. And they glorified God, saying, “Then to the Gentiles also God has granted repentance that leads to life.”* – Acts 11:18, NIV

Acknowledging our need for God's grace – changing how we think about sin – and then acting in accordance with that change of mind is the true definition of biblical repentance. It is looking away from our hopeless, ungodly self and looking to God's grace. It is **believing that we need saving and reaching out to receive it.**

We choose to end one kind of life and begin another and the way of demonstrating that choice is to be baptised ‘for the repentance of our sins’. The Bible compares baptism to burial, dying to our past course of life and beginning a new one as a Christian, dedicated to God and saved through Jesus.

*“What shall we say, then? Shall we go on sinning so that*

*grace may increase? By no means! We are those who have died to sin; how can we live in it any longer? Or don't you know that all of us who were baptised into Christ Jesus were baptised into his death? We were therefore buried with him through baptism into death in order that, just as Christ was raised from the dead through the glory of the Father, we too may live a new life."* – Romans 6:1-4, NIV

*"Having been buried with him in baptism, in which you were also raised with him through your faith in the working of God, who raised him from the dead."* – Colossians 2:12, NIV

Baptism and the steps that lead up to it are God's arrangement for a person to gain a clean conscience based on his faith in the sacrifice of Jesus Christ.

*"This water symbolises baptism that now saves you also – not the removal of dirt from the body but the pledge of a clear conscience toward God. It saves you by the resurrection of Jesus Christ."* – 1 Peter 3:21, NIV

Preaching the [good news](#) of salvation was the great commission given to the apostles by Jesus and baptism formed an essential part of accepting the gospel and receiving God's saving grace.

*"And He said to them, "Go into all the world and preach the gospel to every creature. Whoever believes and is baptised will be saved, but whoever does not believe will be condemned."* – Mark 16:15-16, KJ2000

The truth is, we are all adrift at sea – drowning in our sins. The only way of being saved is to accept that fact and believe that we need saving. Accepting Jesus as the saviour provided by God for the sins of the world and being baptised as an acknowledgement of our belief is true repentance. It is the way home to a [relationship restored](#).

*“For it is with your heart that you believe and are justified, and it is with your mouth that you profess your faith and are saved.” – Romans 10:10, NIV*