

In Him Was Life

New Testament holiness is a joyous privilege, not a heavy burden and duty.

Keeping The Faith

The question isn't "do you truly believe" but, "who do you trust"?

Religion // Cruciformity

There is no standard scholarly agreement on what exactly is meant by the word *religion*, so defining *religion* (from the Latin *religiō*) can be a bit tricky. In fact, prior to the 16th and 17th centuries, the concept of religion, *as a distinct set of beliefs or doctrines*, didn't really exist.

Today, we would probably summarise religion as *a unifying social-cultural system of beliefs and practices relating to sacred, supernatural, or spiritual elements*. We may tend to also think of religion, particularly in a Christian context, as somewhat *creedal*, that is, as a set of ideas, formulas, regulations, or practices that are defined in some formal way, such as through statements, creeds, confessions, and denominational distinctives.

The word religion, from the Latin *religiō*, meaning '*to bind*', is a word which in the ancient and medieval world was used to

refer to *individual virtue of worship; respect for what was sacred, and a reverence for the divine*. It described an attitude of *being* rather than a *creedal position* and it related to the *individual* rather than the *collective*.

The act of *binding to* – of *religio* – is an act of faithfulness to something or someone, to which one is bound as if by a pledge or duty. It's similar to when someone makes an *oath of allegiance* to their country, effectively *binding themselves* to that country and pledging to respect, uphold and obey its laws.

In fact, companions to the word *religio* would be words like *duty, fealty, allegiance, or obedience*. Used with its original meaning in mind, it's a worthy addition to a list of descriptors we might use for the relationship that is formed when someone surrenders authority over their life to Jesus.

Religion is actually a necessary undertaking of every Christian who wishes to give their life and allegiance to Jesus as king and who chooses to surrender to his guidance and leadership in their life. This *binding to* Jesus – *religio* – and the reality that he becomes everything in a person's life – is what it means to become a child of God, joined to the mission of God to the world and submitting to His will, in Christ, for our lives. It is an act of individual virtue of worship, not simply an acceptance of a creedal statement or list of practices.

“So, then, you are no longer foreigners and strangers, but fellow citizens with the saints, and members of God's household, built on the foundation of the apostles and prophets, with Christ Jesus himself as the cornerstone.” | Ephesians 2:19-20 CSB

For many of us, however, this isn't our experience of religion.

What we may have experienced or grown up with and what we would describe as *religion* is probably; adherence to a distinct set of beliefs, doctrines, or practices (some of which find their roots in scripture, some which don't).

Perhaps our family's beliefs eventually became our own; their set of doctrines were absorbed as ours, and we found ourselves one day 'a Christian, attending church', without giving too much thought to the process by which we got there. We accepted, without question, someone else's *religion*, as we might accept an old, hand-me-down sweater, thinking to make it our own.

Religious is perhaps what many of us became; that is, we converted to Christianity by adopting a set of beliefs and practices related to the historical figure of Jesus. Our *religiosity* as Christians might have been further defined by our identification with one particular denomination's creeds and practices over another.

Yet both these actions are not describing the true nature of *religion*. The differences may be subtle, almost indistinguishable from one another; however the reality is that what we may have ended up giving our allegiance to was a *system*, rather than to *Jesus*.

While being a Christian is certainly communal, and while Christians tend to believe mostly all the same fundamental creeds, and while the creeds and practices of Christianity can be taught and preached and are, in many ways, intrinsically invaluable to religion, *true religion* is the *individual and deeply personal matter of an individual's binding to the person of Christ*.

Religion, in the true sense of the word, cannot be passed down.

'Part of the genius of genuine Christianity is that each generation has to think it through afresh. Precisely because

God wants every single Christian to grow up in understanding as well as trust, the Christian faith has never been something that one generation can sort out in such a way as to leave their successors with no work to do.' (N T Wright)

"Don't think of worship in terms of attending a church service, singing praise and worship songs or honouring the name of Jesus. The meaning of worship touches much larger questions. Namely, worship is all about who has the authority over our lives. Who will have our submission? Who will be given first place? Who will win our love, allegiance and devotion? True worship is absolute committal, surrender and submission to God." | Frank Viola, Insurgence

Counterfeit Religion

Paul the Apostle wrote his letter to the Galatians addressing an idea that had taken root at that time that right standing with God depended on what Jesus did plus additional 'spiritual acts' that are undertaken, that we are made *"right with God by what we do"*.

However, this is performance-based Christianity – in fact, probably a rather apt description of our modern understanding of *religion*. Paul reiterates to the Galatians that anything which adds to our standing in the eyes of God, apart from the performance of Jesus on the cross, is legalistic teaching and counterfeit Christianity.

"Foolish Galatians, who has cunningly deceived you, before whose eyes Jesus Christ was openly set forth as crucified? Are you so foolish? Having begun in the Spirit, are you now completed in the flesh? He therefore who supplies the Spirit to you, and works miracles among you, does He do it by the works of the law, or by hearing of faith?" | Galatians 3:1-5, New Heart English Bible

Patterns of thought, actions, or behaviours, which are deemed 'godly' 'spiritual' or 'biblical' can often become the outward markers of people who are perceived to be *religious* but may, in reality, mask a heart far from allegiance to Christ.

Anything apart from 'binding to the cross of Jesus' results in toxic faith – *religion* that has gone wrong, leading to dependence on others' approval and not God's. Anything that adds to our standing in the eyes of God, apart from the performance of Jesus on the cross, is legalistic teaching and binds us to human systems of belief or worship, and not to God.

Yielding our allegiance to a set of beliefs, as *the primary driving force*, will result in Christians who may have a form of godliness but who deny the miraculous power of transformation implicit in such a life; a Christian life marked by the cruciform love of Jesus (John 13:5).

It is, quite simply, putting the cart before the horse.

As Christian Evangelist Gordon Fee comments, "*If you had asked Paul to define what a Christian is, he would not have said, 'A Christian is a person who believes X and Y doctrines about Christ,' but 'A Christian is a person who walks in the Spirit, who **knows** Christ.'*" (Gordon Fee, 1934-2022)

There is a subtle yet crucial difference and the long-term effects of mistaking one for the other can be disastrous.

Christian life will become joyless, suffocating, without meaning, and without power. This kind of Christian morphs into 'clouds without water, carried along by the wind, inflated but empty; fruitless trees in autumn, whose branches are disappointingly empty at harvest time.' They become rooted in performance, rules, patterns of behaviour, and intractable systems of belief that leave very little room for any theological growth or deeper understanding. The lifeblood of faith – the crucified and resurrected Christ – seems almost an

afterthought when laid alongside the many parameters they will use to define their *religion*.

Critically, a true and meaningful relationship with God will never be sustained on this basis.

“When faith is completely replaced by creed, worship by discipline, love by habit; when the crisis of today is ignored because of the splendor of the past; when faith becomes an heirloom rather than a living fountain; when religion speaks only in the name of authority rather than with the voice of compassion – its message becomes meaningless.” – Abraham Heschel

This is why Paul makes what initially seems to be a brief and insignificant statement regarding the gospel (but is, in actual fact, one of the most powerful statements he makes), *“Remember Jesus Christ, raised from the dead, a descendant of David; such is my gospel.”* (2 Timothy 2:8, ISV).

The starting point – the impetus behind the act of binding to (*religio*) for the Christian life is *faith by grace alone in the crucified Christ*. The animating and life-transforming force in a Christian’s [walk with God](#) is the [resurrection life](#) of the living Christ; a cruciform life.

This, and this alone, is what any Christian must first and foremost be bound to.

“When I came to you, brothers and sisters, announcing the mystery of God to you, I did not come with brilliance of speech or wisdom. I decided to know nothing among you except Jesus Christ and him crucified.” | 1 Corinthians 2:1-3, CSB

Journey To Cruciformity

Choosing Jesus, truly choosing him above all else, means rethinking everything you thought you knew about your faith

and what – or who – your life is bound to. It means learning that your identity must rest on the rock of Christ, not in others' opinions of you or in the set of beliefs to which they subscribe, even if those beliefs are ones which you would agree with. It means making decisions others can and will criticise and judge you for. It means being much less certain in your own abilities and more certain in the reality of God's grace in your life.

It means wrestling and arguing with God, with fervent prayer and pleading, to finally arriving at the understanding that God will provide everything that you need. It means, perhaps, starting again at the place where Jesus needs to truly become the Lord of your life; that he has your complete allegiance and your life is bound to his.

You may discover that what you have been searching for, all this time, to feel whole and secure, will only be found in the one who loved like no other, laying down his life for his friends (John 15:13).

"To this I hold, my hope is only Jesus, for my life is wholly bound (religio) to his. Oh, how strange and divine, I can sing: all is mine. Yet not I, but through Christ in me." | City Alight

Jesus taught his disciples that following him meant that one had to be willing to *"pick up their cross daily"* (Luke 9:23; 14:27). Cruciformity is, in essence, *conformity to the cross*; a life that is shaped by the narrative of the cross.

Cruciformity was the beating heart of God's mission to the world demonstrated in full measure by the ministry of Jesus, who came "not to be served but to serve, and to give his life as a ransom for many." (Matthew 20:28; Mark 10:45; John 13:1-17). The cruciform life, therefore, is one that is a living exegesis of the story of Jesus, beginning firstly in identification with his death and then flowing outwards in a

living embodiment of his resurrection.

Cruciformity does not mean 'being spiritual' or 'belonging to a faith community' or 'seeking spiritual direction'. Of course, it may involve those things but the cruciform life is grounded in the wholehearted trust that God will keep His promises, demonstrated in the crucified Jesus, and this trust is constantly affirmed and expressed by a transformed life.

A truly cruciform, gospel-shaped life starts with the activity of God. It is God who is saving us and it is God who is renewing us. It is God who accepts our belief in the sacrifice of Jesus and sends [His Spirit](#) into our lives to regenerate us as new creatures in His Son.

A cruciform life is one that is pointed in pursuit of Jesus and utterly and completely bound to him.

"A person who lives by the indwelling life of Christ through the Holy Spirit is a person who is under Law. But it is not the Law of Moses. Nor is it a Law that some preacher created from his own personal standards. No, the Law I'm referring to is 'the Law of the Spirit of life in Christ Jesus (Romans 8:3). This Law is like the law of gravity; it's a constant force or power. You and I have an indwelling Lord. The Law of God has been written on our hearts because Jesus Christ lives within us by his Spirit. This is the promise of the new covenant. Spiritual people (religious people)(italics, ours) are those who live by the Lord's life that indwells them. They know by instinct what the will of God is (1 John 2:27). Where the Spirit leads them, they yield to it (for the most part) – no matter what the cost. And life and peace are the results (Romans 8:6). The external Law, then, is no longer an outward thing full of dead letters and cold commands. It has been transferred into the indwelling life of Christ. To live by Christ is our highest calling as people of the insurgence." | Frank Viola, Insurgence

“Christ carried the burden of our sins. He was nailed to the cross, so we would stop sinning and start living right. By his cuts and bruises, you are healed. You had wandered away like sheep. Now you have returned to the one who is your shepherd and protector.” | 1 Peter 2:24-25, CSB

***“The word ‘theology’ literally means ‘*thinking about God*’. One classic definition of theology was given by St Anselm. He called it ‘*faith seeking understanding*’ and for many this is the true function of Christian theology.” | Paul Badham**

Our theology – what we think about God – is therefore important. How can we begin to know and understand ourselves and our place in this expansive creation if we have no sense of the One who made us and the purpose for which we’ve been made?

However, a robust and living theology will spring from knowing and experiencing *who God is* and what *He has done for us*, in Jesus, and is not simply giving agreement to a statement or creed of ‘theological beliefs’.

By affirming the biblical narrative, that we are saved by grace through faith alone, we begin a journey towards a deeper understanding of *who God is*, which only grows as our Christian life progresses. Our theology is, perhaps then, best described as an expedition of discovery, rather than a destination at which we arrive. We discern more and more about the heart and mind of the Creator as our life progresses. This knowing and experiencing – this [walking with God](#) – renews us day by day to become more like the crucified Lord we follow.

Jesus was the exact representation of God and the very imprint of His nature ([Hebrews 1:3](#), [John 14:10-11](#)), the Word-made-flesh who took up residence amongst us ([John 1:1-14](#)). By knowing him, we can know God (Colossians 1:15, Hebrews 1:3, 2 Peter 1:3).

To know God is to know Jesus, whom He sent (John 17:3) and, therefore, the true starting point of our *theology* as Christians is looking to Jesus and, fundamentally, to Jesus crucified. Our *theology* begins with *cruciformity*; a life first and foremost surrendered to the crucified Christ in faith.

Theology, *true theology* – thinking about God – will be seen and witnessed in cruciformity (Galatians 5:22-23); a life pointed in pursuit of Jesus and utterly and completely *bound to him*.

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Beyond The Pale

(Not a reader? Take a listen instead ↓)

“By the 14th century, the Norman invasion of Ireland was struggling. Too many Normans had “gone native”, assimilated into Irish life. The remaining settlers had retreated to just four eastern counties: Louth, Meath, Dublin, and Kildare. These four “obedient shires” were the only part of Ireland still under the control of the English crown. The king’s perimeter was marked with wooden fence posts pounded into the Irish turf. These were called “pales,” from the Latin palus, meaning “stake.”

Over the following centuries, the English settlement fortified its boundaries by turning the fenceline into an impressive barrier: a ten-foot-deep ditch surrounded by eight-foot banks on each side and ringed by a thorny hedge. These ramparts were never meant to be an impregnable wall, but they did provide a daunting obstacle to raiders stealing across the borders for English cattle. Within the Pale ditch, settlers lived under the protection of the crown. But once

you passed “the Pale,” you were outside the authority and safety of English law, and subject to all the savageries of [rural Ireland](#). “Beyond the pale” then became a colloquial phrase meaning “outside the limits of acceptable behaviour or judgment.” | [C N Traveler](#)

I [recently wrote about my separation from](#) the religious community I grew up in and the overwhelming response to my article was both encouraging and thought-provoking.

Many people wrote to me, both publicly and privately, to let me know that the article had deeply resonated with them. They expressed that they, too, have had many questions over the years, wrestling with inconsistencies while attempting to find their place in a system they secretly suspected they didn't fit.

Not many people feel free to speak publicly of their reservations or doubts and I understand this fear and hesitancy. They want to avoid similar censure and they know the penalty for dissenting is potentially severe; loss of relationship, rejection, and ostracisation.

Many also wrote expressing their distress at my experience (regardless of whether it had been theirs or not) and offering their blessing on my continued journey. I deeply appreciated their warmth, kindness, and understanding.

Others expressed dismay that I was no longer part of the community; how would I receive *nurture and support*? With whom would I now *fellowship*? Couldn't I have just stayed to *change the culture*? Beneath their words there seemed the suggestion of a more serious question; wasn't this just the beginning of a descent into loss of faith and the inevitable and eventual drift from God?

Others were less complimentary with their feedback. My article was deemed to be slanderous and inaccurate, and I, the author,

simply a narcissistic, bitter ex-member, obsessed, while I was “in”, about my ‘rights’ being impinged upon or ‘the (annoying) call of true discipleship interfering with my personal life’.

Now that I was “out”, I was simply an aggressive and confrontational vandal, looking to break something with whatever stones I could throw.

My ‘questions’ were excuses, and, they implied, I ought to be cancelled.

While I thought a lot about the people for whom this article resonated, and I deeply appreciated that they had shared their thoughts with me, I thought more about the other two kinds of responses.

Firstly, I wondered about those who had simply dismissed me and what I had to say. I pondered the mentality that refused to acknowledge any part of my experience as valid, believable, or worthy of discussion.

I wondered at the psychology that would paint me as the intolerant troublemaker rather than the wounded truth-teller.

And I wondered at such blind certainty of their supposed privileged position and their categorical dismissal that God could legitimately be found anywhere outside their own walls. Their confirmation bias was on full display by the way in which they chose to interpret and respond to my narrative.

I thought, secondly, about those who now considered me beyond the pale, out beyond the protection and comfort of the only community that was able to provide such things. Blessings and opportunities galore had been mine for the taking, had I only just remained within the palisade walls. No such blessings or opportunities (or if there were some to be found, they would be few and far between), awaited me outside those walls.

No one survives out there, they seemed to be whispering to one

another. She'll die, for sure.

Well, I didn't die.

It hasn't been an easy journey, I'll not pretend otherwise, but outside those walls is not the wilderness you might imagine it to be. I'd been told that there was nothing worthwhile out there, but I discovered those are simply the words of fearful men, hemmed in by their own definitions and not living free in the Spirit of Christ.

God is out there. He is everywhere, and the more you listen for Him, the clearer He speaks. He is with us always, even when it feels like we're wandering through a wilderness, even if we're walking through the valley of the shadow of death.

Beyond the pale, I found men and women, fellow Christians, who deeply love Jesus and are committed to following him. I found people who are not afraid of difference but are compelled by the love of Christ to listen, to reason together, and sharpen iron one with another. To my astonishment, I discovered that *they knew the names of the faithful; Abraham, David, Deborah, Isaiah, Mary of Magdala, Paul, and many more.*

I discovered my place in the history of the church and learned the names of people from long, long ago – *Clement of Rome, Ignatius of Antioch, Irenaeus, Polycarp, Junia, Prisca, and Quintilla*, brothers and sisters in the great family of God.

I became reacquainted with Scripture in new ways, seeing the Bible as a book to marvel at and pore over, the spirit-breathed and living words of Heaven's Creator, active and able to deeply transform our hearts and lives, shaping us for His purpose. I learned to loosen my grip on needing *to know and understand everything* right now, and learned instead to say, "God, show me more of *You*."

My way of thinking about the Christian life shifted dramatically. It became very simple (note that I use the word

simple, not easy): Confess Jesus is Lord and Saviour (believe the story of Jesus as told us in the gospel) and then take up your cross and follow him, bearing the fruit of a life of repentance. All else is just noise.

I discovered the messy but vital reality of the local church; filled with sinning and flawed humans who are being renewed daily by the grace of God, asking their questions and voicing their doubts along the way.

I learned what it felt like to be pastored to and personally prayed over, concepts that, bizarrely for a Christian, felt foreign and strange to me.

I discovered some churches that weren't for me and found others that were. The Christian world is nothing if not perfectly imperfect and there's a lot of diversity out there. It's not for me to judge the legitimacy of their place as one of the Lord's lampstands (Revelation 2:5), but it is my responsibility to use discernment when choosing a church home (1 John 4:1-5).

I found myself asking: what am I responsible to *bring* and what am I responsible to *nurture*? *In this sea of Christianity, how do I best serve and represent Jesus in the place where I now find myself?*

Let me now answer some of the questions that have been put to me. It may be that these are questions on your mind too.

Who Do I Fellowship With?

Well, other Christians of course. A Christian is someone who has "*confessed that Jesus is Lord and believes in their heart that God raised him from the dead.*" (Romans 10:9). They've demonstrated their belief by repenting of their former way of life and by being baptised into the saving name of the Father, Son and Holy Spirit (Matthew 28:19). They've been transferred out of the dominion of darkness and into the kingdom of the

Son of God's love, [a kingdom of life and light](#).

The first letter of John puts it this way:

"What was from the beginning, what we have heard, what we have seen with our eyes, what we have observed and have touched with our hands, concerning the word of life – that life was revealed, and we have seen it and we testify and declare to you the eternal life that was with the Father and was revealed to us – what we have seen and heard we also declare to you, so that you may also have fellowship with us; and indeed our fellowship is with the Father and with His Son, Jesus Christ. We are writing these things so that our joy may be complete.

*This is the message we have heard from him and declare to you: God is light, and there is absolutely no darkness in Him. If we say, "We have fellowship with Him," and yet we walk in darkness, we are lying and are not practicing the truth. **If we [walk in the light](#) as He Himself is in the light, we have fellowship with one another, and the blood of Jesus His Son cleanses us from all sin.**" | 1 John 1:1-7, CSB*

If we abide in Jesus, then we are in common union – community – with all those who are also abiding in him, both in our present time and throughout the ages, a great cloud of faithful witnesses of the risen King, [the people of the kingdom](#) (1 John 2:28, John 15:1-27, Hebrews 12:1-2). We are connected to one another by the precious blood of the lamb and nothing can separate us from the love of God, apart from us choosing to leave the light and walk again in darkness (Romans 8:31-39).

The [ordinance of communion](#) – taking bread and wine together – is an important part of our Christian life, as members of Jesus' body and God's family. It is a key element of Jesus' covenant with each one of us individually and collectively as his church, the price of which was his own blood.

Written about 300 years after the birth of Christ, [the Apostles' Creed](#) summarises the foundational Christian beliefs taught by the early church and is a bold declaration of Christian faith in Jesus Christ. It particularly affirms the teachings regarding Jesus, that of his virgin birth, his crucifixion, his death, and his subsequent resurrection; core elements of the gospel of good news.

It is a primary statement of faith shared by Christians around the world, uniting them in common with the work achieved in and through Jesus. No Christian worth their salt denies this creed.

The church, the universal church, exists outside denominational walls and extends beyond historical boundaries. There is only *one body* of Jesus Christ, and holding to this spiritual reality means holding to the reality that *fellowship with the body happens when we abide in the body*.

Why Couldn't I Stay And Change The Culture?

Cultures don't happen overnight. Made up of an interconnecting set of goals, roles, processes, values, practices, attitudes, and assumptions, the culture of an organisation is practically its DNA.

Changing a culture takes committed leadership, and often requires years of concerted and consistent effort, including intensive work to communicate and reinforce new ways of thinking, desired values, and changed behaviours. In fact, in the case of organisational transformation (such as church), it can take a minimum of seven to 10 years to change the culture.

But we humans are very resistant to change in general and attempting to change the culture of an organisation is particularly difficult as it's deeply embedded in the system. When people believe that their culture is superior to other

cultures, they tend to resist any influence other cultures may bring (you can read more about this [here](#)).

I came to realise that I didn't have 15 years, or 10 years or even seven years up my sleeve. My children had reached their formative and impressionable years and there were many aspects of this culture that I didn't want them to absorb or be absorbed into. I also realised that while I had been hopeful of the possibility of a shift in culture, I had not fully understood how deeply embedded it was in the heart of a system so strongly resistant to change.

This was a culture that has existed for years and years, unchanged and unchallenged. It did not want to change and it saw no need for change. I began to understand it would take many years of sustained and concentrated effort by many more persons than myself, to see any kind of tangible difference.

I felt I had more hope of reaching the moon than I did of changing this culture by staying.

Have I Lost My Faith?

I said that this journey hasn't been easy. And it hasn't.

When a person experiences loss of community, they also have to contend with what can feel like loss of identity. While we would all agree in theory that our identity rests, or should rest, in Jesus, in practice we are also deeply shaped by our place within community, in knowing and being known by the people who surround us.

Beyond the pale is initially daunting and lonely. Everyone you ever knew is on the other side of that fence.

I was [reminded during this time](#) of the story of Hagar, who had been driven into the wilderness by the harsh treatment of her mistress Sarah (Genesis 16:6-13).

Miserable, lonely, and afraid, the Lord found Hagar beside a spring in the wilderness and spoke words of comfort and hope to her. She names God in that place as 'El Roi', meaning, "You are the God who sees me."

I have repeated this to myself many times in the past few years when doubt and discomfort has crept in. Not doubt *in* God, but doubt that He still had His hand over my life, that He was the God who looks after me, that I was still seen and known.

Having faith is firstly a posture of the heart, an orientation of trust in or towards something or someone. My faith was placed in Jesus at 16 years old and my trust in God remains firm. I remain confident that the Spirit will lead me in all truth and that the important things God wishes me to know, He will make known.

I trust Him, even when I am confused about His plans for me, even when I don't understand the lessons He's teaching me, even when I can't see what the future holds.

I trust Him even when I'm wracked with anxiety and overwhelmed by uncertainty. I trust Him even when life is challenging and change is necessary. I trust Him because I believe that the same Spirit that rose Jesus from the dead *lives in me*. If God is for me, who can be against me?

This journey has challenged me in ways I never imagined and I've wondered many, many times, *how did I get here?* But I know, for sure, He is still the God who sees me and takes care of me.

I have not lost my faith.

Where Would I Find Nurture And Support?

The wilderness is an unforgiving landscape, where all reliance on self is brutally highlighted for what it is, inadequate,

insufficient, a lie. To my dismay, I initially found myself echoing the murmurs of the children of Israel in the wilderness. I wondered, had God brought me out here to die?

This was the first lesson I had to learn: Jesus never promised this Christian life would be easy.

The second was this: God always provides.

It was not the wilderness I imagined it to be. God sent people into my life during this time: good, loving, solid, Jesus-loving people, who prayed with me, ate with me, opened their homes and shared their lives with me.

They personally testified to God's goodness in both good times and bad. They encouraged me to persevere in faith, nurture forgiveness, run after grace, and ground myself in God's love. *"Love bears all things",* they reminded me, *"believes all things, hopes all things, endures all things."*

Like the children of Israel who had wandered in the wilderness, God had ensured I was still provided for.

***"There's honey in the rock
Water in the stone
Manna on the ground
No matter where I go
I don't need to worry now that I know
Everything I need You've got"***

Honey In The Rock | Brooke Ligertwood

Where To From Here?

I am a Christian for the rest of my days. *I believe in Jesus Christ, descended from David, risen from the dead. This is my gospel.*

But as to the next step? *I don't know* what God has in store for my future.

I hope to be a part of a flourishing and vibrant church. I hope to serve and witness alongside people whom I get to love and know deeply, and by whom I feel seen and loved in return.

I hope to be a worthy example of faith for my children and a trusted companion and woman of valour to my husband.

I hope that God uses me in many small, indiscernible ways to help grow His kingdom here on earth. If He has larger, more visible plans in mind, I hope I have the courage to step into His calling for me.

I hope to avoid pain and difficulty and loss, but I know these will inevitably come my way, so I hope to be brave and true when they do.

And in all these things, I recognise that I will be flawed, always flawed, but I continue to give thanks for the grace of God and the blood of Jesus, which cleanses us from all sin.

Most of all, I hope to hear the words of the king on that final day: *"Well done, good and faithful servant. You have been faithful over a little; I will set you over much. Enter into the joy of your Lord."*

Will Progressive Christianity Destroy The Church?

(Not a reader? Take a listen instead ↓)

I want to talk about something that's been on my mind for a while. Some time ago, I watched a commentary by a 'Christian pastor' that totally shocked me. In fact, I haven't really

stopped thinking about it since.

I found it disturbing; equal parts ridiculous and horrifying, and I really couldn't believe it was being presented under the guise of legitimate Christianity.

For me, it highlighted a disturbing and, frankly, heartbreaking direction that modern Christianity, or at least a part of it, has taken; a wild trip sideways down the labyrinth-like rabbit hole of progressive Christianity*. And I believe this pervasive ideology, left unchecked, could signal the death knell of the church as we know it.

Here's the commentary and then I'll get to discussing it (this video has been removed from YouTube since the writing of this article, only the transcript is available, which is below):

"There's a part of the gospel where Jesus uses a racial slur [for context, the story of the syrophenician woman in Mark 7 and specifically Mark 7:24–30]...what's amazing about this account is that the woman doesn't back down, she speaks truth to power. Her boldness and bravery to speak truth to power actually changes Jesus' mind. Jesus repents of his racism and extends healing to this woman's daughter. I love this story because it's a reminder that Jesus is human. He had prejudices and bias and, when confronted with it, he was willing to do his work..." | [Brandan Robertson](#)

Brandan Robertson, poster boy for the progressive Christian movement, is, by his own declaration, 'spreading the good word of an inclusive, modern gospel'. Progressive Christianity, part of a larger movement called "the emerging church", claims that at the heart of this movement is the desire to articulate a way of being Christian that is an alternative to the traditional Christian faith portrayed in the public realm.

Brandan is a "noted author, pastor, activist, and public theologian working at the intersections of spirituality,

sexuality, and social renewal” (taken directly from his website). He currently serves as the Lead Pastor of Metanoia Church, a “digital progressive faith community”. In July 2021, *Rolling Stone* magazine included Robertson in its annual “[Hot List](#)” of top artists, creatives, and influencers who “*are giving us reason to be excited about the future.*”

Well, I, for one, am not excited in the least.

There’s a lot to unpack in his words and, to be honest, it’s hard to know where to start. The problem with progressive Christianity is that it is, by nature, slippery and hard to pin down at a glance; it comes so prettily packaged and cleverly articulated.

Words like inclusivity, deconstruction, equality, and truth-seeking are marched out in quick succession and used in such a way so as to sound noble but humble, and demonstrative of authentic faith.

Issues such as social justice or economic disparity and the marginalisation and discrimination of certain social or ethnic groups are highlighted and cited as key issues for which the progressive Christian will boldly campaign.

While these kinds of issues are certainly addressed within the biblical texts, they do not stand alone from the sound theology or biblical context in which they sit.

And this is one of the core issues with progressive Christianity; seemingly meritable values are affirmed and offered up as convincing proofs of a reshaped and reimagined 21st-century gospel, but, the reality is, they’ve been cleverly detached from the context or theological truth in which we find them in scripture.

For example, progressive Christianity **affirms the right of women to choose what happens to their bodies****. Initially, we might chorus a resounding yes; surely this is speaking to the

unarguable value we place on free will and the intrinsic liberty of every human to choose their own destiny...until we realise this is really another way of supporting the legalisation of abortion, in any circumstances and for any means.

Progressive Christianity offers the statement that **Christianity is the truth for us. But it is not the only truth. We share our lives with people who are Muslim, Jewish, Hindu, Buddhist. We experience these people as loving and caring by following their religious traditions. We believe there are many trains [to God] and God welcomes them all*.**

Again, we may begin to agree. Many religions affirm values in which we see merit (such as love and care for others)...but this is not what is really being said. This is really another way of advocating the post-modern ideology that there is more than one truth, that, in fact, there are many truths, different from each other but all true nonetheless. Critically, this statement asserts that Jesus is not the only way to God and that *being a good person* – “loving and caring” [of others] – will do the job just as well.

Not only that, personal experience is given primary authority in determining truth. Instead of the Word shaping the conclusions we draw from our experiences – *sola Scriptura*, our experiences become the primary authority in determining truth, requiring the Word of God to conform to and find agreement with our own conclusions and experiences.

Our experiences certainly form part of a raft of resources that provide value in decision-making or conclusion-drawing, but only when the conclusions we draw or the decisions we make are first and foremost shaped by the sound theology expressed in God's Word and in light of the truths expressed therein. Our experiences are not to be considered reliable in and of themselves; scripture warns us that the heart of humanity is deceitful above all things and that our way of viewing the

world is shaped by a mind that defaults to our own self will and not the will of God.

The conclusion expressed in the statement that **because we experience people as loving and caring therefore their expression of religion [without the need for Jesus] is still an acceptable path to God** is in direct contradiction to what scripture teaches. *Sola Scriptura*, therefore, demands that this conclusion must be reworked and submitted under scripture; reason, logic, tradition, and experience are valid but subordinate to what God's Word teaches.

Dig a little deeper and you begin to see that progressive Christianity has an agenda, one that claims to be supported by biblical truth but is, in reality, a radical reappraisal and, often, rejection of traditional Christianity in favour of what is largely a human rights agenda.

The words employed and issues raised are used in ways that are deceiving, that relegate Jesus to simply a remarkable helper, spiritual teacher or life guru, that advocate for the inherent divinity in humanity, and that change the meaning of the gospel and its call on believers' lives entirely.

The primacy of personal experience, as expressed by progressive Christianity, propounds the idea that *our truth is true* and therefore cannot be argued against but must be accepted as valid, irrespective of God's Word saying differently.

Progressive Christianity teaches that you can find God within yourself, that sexuality and gender are fluid, that morality is relative, and that the primary call of Christian faith is to "love God, love our neighbour, and love ourselves", which is simply a clever reworking of Jesus' words in order to redefine 'love of neighbour' as including "affirmation of the LGBTQ+ community..."

"The significance of the word 'progressive' in a sociological

sense is rather deceptive in that it misrepresents and downplays the very gospel the church exists to proclaim. It implies and claims that the traditional Christian faith has served its purpose, it is now old-fashioned, restrictive, irrelevant and even repressive.” | Rev E.A. Curnow

“At its core, progressive Christianity is a different religion. It gives you a different God and a different Jesus. It’s not a Jesus who can save you.” | Alisa Childers

I want to analyse some of the ideas inferred in Brandan Robertson’s commentary, who, by the way, states that he “cannot know if Jesus was the incarnation of God with any degree of certainty”, and who “sometimes, believes in the divine claims Christians have projected back onto the historical Jesus and sometimes doesn’t.”

1. Jesus Was A Racist

I’m appalled even typing that sentence. However, it has been said so it must be countered.

Racism is defined as *prejudice against or antagonism towards a person or people on the basis of their membership of a particular racial or ethnic group, typically one that is a minority or marginalised*. However, throughout the Bible, God makes no distinction between people based on their social status ([Jeremiah 22:3](#)), their ethnicity ([Acts 10: 34-35](#)), or their gender ([Galatians 3:28](#)).

He sends rain on the just and the unjust and causes the sun to rise on the good and the evil (Matthew 5:45). His message of good news, first preached to Abraham, was intended to be a blessing for all humanity (Genesis 12:3). The whole world is separated from God by sin and His salvation through the sending His Son is for the whole world to receive, if they will (Romans 5:12, Ephesians 2:12, 2 Peter 3:9).

God is just, holy, perfect, generous, impartial, and good. If this is who God is, then this is also who Jesus, God-With-Us, is. Jesus was no racist.

2. Speaking Truth To Power

While the woman mentioned in this story ‘spoke truth’ and while Jesus certainly was ‘power’, the use of this phrase is intended to convey something else entirely. The idea behind the phrase *speaking truth to power* is that of an individual courageously confronting (possibly corrupt) authority, calling out injustices, and demanding change. It presumes that the one speaking is the true moral authority in the matter, someone who is willing to proclaim ‘what is right’ in the face of criticism or consequence.

Again, if we’ve seen Jesus then we’ve seen God and any display of power sits alongside absolute morality, justice and truth. Jesus himself *is* truth (John 14:6) and the use of this phrase here to imply he manifests injustice or untruth is plainly ridiculous.

3. Jesus Was Willing To Do His Work

This phrase *willing to do his (or her) work* is another favourite in progressive circles and is used to imply there is some character deficit or lack in an individual (in this case, Jesus), which needs adjusting or repenting of (a word which Brandon also employs in his commentary regarding Jesus).

Jesus was certainly prepared and “willing to do his work”, but it wasn’t the work of self-improvement or repentance.

The Lamb, without spot or blemish, sent into the world to reconcile the world again to God, his work was to do the will of his Father (Luke 2:49, John 5:36). Though he entered into our human experience and is, therefore, able to understand us in every way, right down to the alluring call of sin and the temptation to choose self will that we experience, his life

and character were perfect. It could not have been otherwise, else our forgiveness and reconciliation could not have been obtained (Hebrews 9:14, Hebrews 4:15, 1 Peter 2:22).

This is just a poor attempt to reinvent Jesus into a caricature that serves the cultural slogans and trends that the progressive Christian movement wants to advance, and which bear no resemblance to the real Jesus of the scriptures; perfect lord, saviour, king.

4. Brandan Robertson's Conclusion: 'A Reminder That Jesus Is Human'

It's sad but unsurprising that this is Brandan's take-home point from this story. In reality, the story in Mark 7 marks a significant turning point in Jesus' ministry of kingdom-preaching and repentance-calling, where the mission is expanded to include the Gentiles; obviously super good news for you, me, and anyone else of non-Jewish heritage!

The world that we see in the Bible and all around us still is one where all of creation, including humanity, groans to be set free from the bondage of sin. The good news of the gospel is that in Jesus, who is both saviour and king, God is saving, rescuing, atoning, justifying, ruling, and reconciling people for the glory of His name and in pursuit of His purpose.

The story of Mark 7 is about the inclusive call of the gospel, the invitation extended to all to come out of the dominion of darkness, ruled over by the prince of this world, and into the kingdom of the Son of God's love, a kingdom of light and life. A call to *come as you are...but not stay as you are*; a challenge to surrender, to receive forgiveness and renewal, and to be transformed into the kind of human God always intended you to be (John 5:24, Acts 26:18, Luke 24:47, Colossians 1:13).

Will Progressive Christianity Destroy The Church?

*“Progressives are not just a group of Christians who are changing their minds on social issues and politics...they often **deny core essential doctrines of the faith**, which leads them to preach an entirely different gospel.” | Alisa Childers*

Despite the descriptor, I don't believe progressive Christianity to be Christian at all. The movement often denies key tenets of the Christian faith; the primary authority of the Bible as God's inspired Word, the historical reality of the resurrection of Jesus, the dark reality of sin and the resultant separation it creates between God and humanity, and the need for Jesus' atoning sacrifice as a means of reconciliation with God.

Sin itself is often redefined, simply becoming *“all of our greedy impulses that create inequity in the world”* (Brandan Robertson), rather the biblical definition of rebellion against God's law, *“a word, deed, or desire in opposition to the eternal law of God”* (Augustine of Hippo) (1 John 3:4), *“evil thoughts, murder, adultery, sexual immorality, impurity, and debauchery; idolatry and sorcery; hatred, discord, jealousy, and rage; rivalries, divisions, factions, and envy; drunkenness, orgies, false testimony and slander and the like.”*

The truly dangerous reality is that the insidious ideology of progressive Christianity is infiltrating and hijacking genuine Christianity, silencing the church's ability to speak into and about the real-life situations for which she exists.

We are becoming less comfortable about naming sin and preaching the need for true biblical repentance and more concerned about being labelled as intolerant, judgmental, old-fashioned, or irrelevant. When did morality become simply

degrees of relativity and we became afraid to speak up and say, "*that is wrong*", or conversely, "*this is right*"?

We are becoming confused by cries of inclusivity, tolerance, and *love of the other*; mistaking the inclusive call of the gospel for the exclusive reality of the church.

We are uneasy repeating the biblical truth that "*narrow is the way and few there be that find it*", preferring instead the idea that multiple superhighways of every description will surely lead to God. The discovery of our *true, inner self* through spiritual evolution seems a more palatable message for the masses than the sombre alternative; the biblical narrative of *death to self* and radical rebirth in Jesus.

Despite her flaws, the church still needs to be the voice, the hands, the beating heart of Jesus in a dark and sin-enslaved world. We need to speak with sensitivity and compassion, yes, but we ought not to shy away from talking about the things people may not want to hear about but desperately need to; sin, estrangement, sacrifice, surrender, death, reorientation, transformation. We need to speak about these things too, with boldness and conviction.

Will progressive Christianity be the death of the church? No, I don't think so. I think the blood of Jesus, by which his church was purchased, is more powerful than that.

But I do think the church is facing one of her greatest challenges yet; not through external persecution as in times past, but through subtle, internal perversion. There is a desperate need for discernment and a deep commitment to the gospel of the Bible, in doctrine and practice.

I think we need to pay attention, to have our wits about us, wary of those who may come in sheep's clothing, disguising themselves as servants of righteousness. We need to be unafraid to boldly and confidently lay their claims and teachings alongside the sound words of Jesus Christ, the

living Word of God, for scrutiny and assessment, acceptance or rejection.

And I think we need to courageously recommit to our commission that, collectively, we, the church, the 'woman of valour' for whom Jesus died, will shine brightly in a darkened and impoverished world through our most basic and guiding principle: that is, to incarnate Christ.

"But test everything; hold fast what is good." | 1 Thessalonians 5:21, BSB

* <https://www.bethelbeaverton.org/progressive-christianity>, <https://progressivechristianity.org/the-8-points/>, https://en.wikipedia.org/wiki/Progressive_Christianity

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<https://www.theatlantic.com/politics/archive/2019/05/progressive-christians-abortion-jes-kast/590293/>

Leaving

(Not a reader? Take a listen instead ↓)

Leaving is never because of just one thing. Not really.

It's the result of a thousand, inconsequential *one things* that all converge in a single moment of sudden, irreconcilable difference.

For me, the eventual leaving of the religious community I grew up in began as a tiny question fluttering at the back of my mind.

Back then, I'd never met a question I didn't want to take

apart, examine, rearrange and then carefully reassemble, perfectly ordered, and satisfactorily answered.

I'm, by nature, a lover of straight lines and exact dimensions. I find predictable angles strangely comforting, the even length and width of squares reassuring. Curved, irregular edges and uneven portions, I had decided, are one of life's great menaces. Questions without answers were anathema.

Questions + Answers

However, this question-with-no-answer was an uncomfortable and irregular shape, one that I could not find a corresponding answer to in my existing theology. It was like a jigsaw piece that had been accidentally caught up from another puzzle, and no matter how I turned it around in my mind, I could not make it fit into my existing framework.

I was possessed with an uncomfortable sensation that something didn't add up, that what I had been told no longer carried sufficient weight or authority. It was an inconsistency I could not overlook nor satisfactorily explain, an unexpected bump in an otherwise smooth spiritual life.

But back then, it was just *one thing*. It stood alone in its irregularity and I let it sit, like a bothersome pebble in my shoe, not fitting, never resolved. This question wasn't the explosion, merely the spark; but when I cast my mind back to all the *one things* that finally resulted in my departure, I get no further back than this question.

This is a difficult article to write in many respects. I have many friends and family still within the community that I have left. The thoughts I share are entirely my own and are not intended to imply any lack of conviction or sincerity in any one of them, or indeed anyone else from within that community. I hope I am able to write about my experiences with respectful thoughtfulness for the many loving and good people who remain

there still.

Yet I am also aware that I cannot be alone in my uncomfortable questioning. There must be others who have asked, if not the same questions, ones that are very similar and who have then sat with the same unsatisfactory answers, ones that simply won't fit.

What are we to make of such inconsistencies? Does faith ask us to suspend our questions or does faith ask us to push deeper into them, despite the challenges, despite the possibility we may need to admit another answer is not only possible but probable and necessary?

You may be wondering what the question was. Well, it was hardly earth-shattering. It was a question of *when and where a woman ought to wear a head covering*. Yes. I grew up in a head-covering church.

Principles + Applications

(I would like to make a brief comment at this point; if you are a woman – particularly one who I know personally – who believes head coverings for women are a biblical principle that should be applied in perpetuity and therefore choose to cover your head, I deeply respect your conviction. I am not seeking to change your conscience on this issue. But I can bet you have questions, particularly if the application of this principle in your church looks anything like it did for me...)

The religious community I grew up in wore head coverings for church services, Bible classes, and Sunday school, but not fellowship meals or family Bible readings. We wore them at church preaching meetings, but not during community hall cleaning or evangelistic neighborhood visits. We would wear them for youth activities, more specifically, the formal part of the event but we wouldn't wear them for the supper and games that followed, nor at church picnics or community

outings.

We would wear them during formal preaching and Bible exposition but not during informal discussion group activities. We would wear them for church worship (although a woman wasn't able to 'pray or prophesy', despite the scriptural prerequisite of 'a covered head' being satisfied), and remove them immediately afterward.

Head coverings denoted submission we were told, yet submission, strangely, didn't seem to be required in the home, on trips to the beach, or when we were doing the grocery shopping. Little discussion was given to the biblical principle of submitting *one to another* and what that might possibly mean.

Finally, head coverings were required for a church meeting of business, which was neither an act of worship nor a church service of any kind. The question took shape in my mind and refused to be dismissed – *why?*

Why did we wear head coverings anyway? What was their purpose then or now? Are they even required now? What is submission really? Women had clearly prayed and prophesied in public worship then, why no longer? Or why, even with the required head covering in place did women 'remain silent'? Why on earth did we wear head coverings to a business meeting?

Did we have it all completely wrong?

I'm not proposing to suggest an answer in this article to the questions this particular subject raises (if such an answer exists) or that the questions I've noted form a comprehensive list of all the relevant points of discussion. I'm simply highlighting the moment, for me, that scriptural principle and practical application suddenly appeared to be inconsistently applied and self-contradictory.

Just one question. One little spark.

Piles Upon Piles

Time passed. Over the years, the questions gathered in untidy piles in my mind.

Why did we bemoan the state of the world yet we seemed to do very little by way of community engagement or civic involvement to fix it?

Why did we seem to know a great deal about the end times and prophecy yet precious little about the here and now; the practicalities of Christian witness; paying our taxes, saving our marriages, stewarding our lives and finances well?

Why didn't more of us recycle?

Why could we eat lunch with our non-believing co-workers but not socialise with them over dinner?

Why was taking communion at church – *common union* – such a solitary and miserable affair, hemmed in on either side by silence and woeful introspection?

Why, if we were a people saved and redeemed and made new, did we sing such mournful hymns of lament?

Why, if woman was created to stand alongside man, equal partners in the great mission of God to fill the earth with His glory, were the women I saw all around me prohibited from contributing in meaningful ways within the church; in teaching; evangelising, praying, and leading the congregation with wisdom and grace?

Why did I see power posturing and spiritual manipulation manifesting themselves in a community born out of the sacrificial heart of Jesus, *who came not to be served but to serve and to give his life as a ransom for many*? Why did *nobody* do anything about it?

Why, when we were meant to celebrate *grace*, did we seem to

reward *intelligence*, beginning at a young age?

Yearly examinations to determine biblical knowledge were undertaken each year by Sunday School students. The questions were often difficult and, it seemed, purposely disorientating. The premise seemed clear: the more you knew, the more spiritual you were and the closer to God you got. We all received prizes at an end-of-year award ceremony, for what exactly I'm still not really sure, but 'first in exam' and 'first in class' always got a mention and an additional prize.

I don't recall any mentions for *character development*, *personal growth*, *kindness*, or *showing Jesus to others*.

The motivation may have been sincere but the subliminal messaging was flawed. We were taught to compete against each other, not run alongside each other. We were taught that what we knew was more important than who we were being.

It often seemed to me that the word of God was something to be sermonised from, bored by, afraid of, or wielded, weapon-like at others, but never the spirit-breathed and living words of Heaven's Creator, active and able to deeply transform our hearts and lives, shaping us for His purpose.

Compliance seemed more relevant than character, uniformity more desirable than unity and, in the end, what I could *explain about Jesus* significantly more important than whether I actually loved Jesus and was following him (or at least trying to).

The Spark Ignites

All the things I've mentioned, the questions I've shared (and the many I've left out) can most likely be found in many other churches or religious communities, to a greater or lesser degree. And no church is perfect or has it all sorted, this I am willing to admit.

None of these things, alone, were enough to cause a leaving.

But I did resolve to do something about my questions, to seek opportunity and space to ask them, to give voice to my doubts, to challenge my perception of Christian life, and, if necessary, to adjust and reorient my direction.

To let scripture speak to me, unfiltered, and be confident that the Spirit would lead me in all truth. To allow my questions and convictions to sit in tension with one another while my Christian life continued to grow and deepen, built on the solid rock of faith in Christ.

To believe that the important things God wished me to know, He would make known.

I can't say for sure whether, in the end, it was I who left or whether I was the one who was left; perhaps it's more accurate to say that I was simply a strange shape that no longer fitted into a space that could not change.

Like the question that started this journey of deconstruction, I was now an uncomfortable and irregular part, a puzzle piece that no longer worked with the whole. The posture I had adopted and the resulting reorientation were now incompatible with my existing religious community.

Officially, I was ex-communicated, an ecclesiastical term weighted with censure and disapproval. *We can no longer affirm you as a Christian.*

It implied I had not measured up to the expectation of Christian living, and this judgment sits uncomfortably with me. I have no glaring moral issue or unrepented sin that would give cause for such action. The seeming dismissal of the authenticity of my faith was painful and difficult to understand.

This only resulted in further questions. What happened to *come*

and let us reason together? Who decides whether another Christian's life of faith is lacking?

What really is the purpose of ex-communication in scripture? How much power, if any, should Christians wield over each other in spiritual matters?

What makes a Christian *Christian* anyway? Is it what I know or Who I trust?

Why does the church gather? How is unity in Christ really achieved?

Where did I belong?

I did not deserve ex-communication. And yet here I am, on the other side of something that, at one time, seemed the most scandalous thing that could happen to any Christian.

I find that I belong nowhere and everywhere. That a leaving is also a beginning. And that, when Jesus said *you will know the truth and the truth will set you free*, he really meant it.

I have not been ex-communicated by God.

Still Asking Why

Why did I feel the need to write about this?

Well, firstly, I don't think I am alone, in my questions or my sense of something not quite fitting right. I am certain that there are others out there, people I know well and people who may be strangers, who are *asking questions*.

And I want to tell you, it is okay to ask those questions; don't be deterred in your asking. *It is the glory of God to conceal a matter; to search out a matter is the glory of kings.*

The true function of Christian theology is faith that seeks

understanding; to not just know more about God, but to *know God*. We start with what we do know – and Abraham, the great father of faith is given as the classic example – *that God exists and He is a faithful rewarder of those who seek Him*. And then we keep searching, and asking, and growing, and learning, and building our life on this certainty, all with the intent to *know God more*.

Our questions aren't just interesting, they're vital to an informed, robust faith that will last us a lifetime of Christian journeying.

Secondly, you may be afraid to ask your questions. I want you to know that I understand your fear and your hesitancy; your desire to avoid similar censure. And yet I would say to you, *in everything we have won more than a victory because of Christ who loves us. I am sure that nothing can separate us from God's love—not life or death, not angels or spirits, not the present or the future, and not powers above or powers below. Nothing in all creation can separate us from God's love for us in Christ Jesus our Lord.*

You are God's beloved child and He is not afraid of your questions. If you commit your heart in faith to Him, He will lead you in all truth. *Do not be afraid of those who kill the body but cannot kill the soul. Rather, be afraid of the One who can destroy both soul and body in hell.*

And finally, to those who would feel the need to censure such questioning, I would urge you to pause and reconsider. The Christian faith is not defined by all the things we could possibly know or articulate. None of us would dare to claim we have all knowledge or fully understand all there is to know about God.

The Christian life is not an academic exercise.

The Christian life is built upon the simple premise: *This Jesus, who was crucified, God has raised again to life and he*

is both Lord and Christ. Those who confess this truth are God's children, adopted into the household of faith by God's grace.

The question then becomes not *what do I know but who am I being?* Are our lives demonstrating the fruit of a walk guided by the Spirit; *love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, self-control?* Jesus told us *by their fruit you will recognise them;* that these are the markers that will distinguish a true follower from one who is a follower in name only.

The local church does have a corporate responsibility in the moral matters of each Christian's life (another day, another blog), but *the people are the church*, we are *all responsible to each other* to encourage, disciple, equip, and, if necessary, admonish in our Christian walk.

And how can we grow, make mistakes, experience grace, or mature in our discipleship if we cannot ask questions and, if needed readjust, no matter how uncomfortable?

This is the messy but vital reality of the local church; filled with sinning and flawed humans who are being renewed daily by the grace of God, asking their questions and voicing their doubts along the way.

Leaving is never because of just one thing. It's the result of a thousand, inconsequential *one things* that all converge in a single moment of sudden, irreconcilable difference. Every question I had ever had, every answer I had been given, and every answer I hadn't found brought me to the painful realisation that this was a religious community in which I no longer fitted.

In the end, leaving was inevitable.

As I have written this article, I have endeavoured to share my thoughts and experiences in an accurate and factual way, as they relate to me personally, summarising many aspects for brevity. For some of you reading this, my words may have deeply resonated with you and your experience closely mirrors my own.

Others reading this may be confused, disappointed, angry, or offended by what I've shared and may have received this article as critical or directed personally at them or someone they know. It is true that I have written in such a way that gives a critique of sorts. However, I would respectfully remind my readers that criticism is simply an evaluative or corrective exercise that can be applied to any area of human life, and is perhaps at its most relevant in the evaluation of our spiritual lives. Critique, while uncomfortable, can be the catalyst for much-needed reinvigoration, renewal, and revival.

No part of this article is intended to be received as criticism of any one individual, or offensive or divisive in nature.

Toxic Faith

(Not a reader? Take a listen instead ↓)

It seems hard to believe that people who have answered Jesus' call to a life of freedom could so easily lose the sense of joy and relief they first felt. It's difficult to understand why Christians who have been made free and 'alive in Christ' would choose to return to a kind of spirituality that slowly imprisons the mind and poisons the soul. How does a message that speaks clearly of God's love – a life of salvation in

Jesus by His grace – become perverted and distorted, becoming instead a culture of performance-driven expectations, demanded by an unfair and intolerant God?

“God didn’t go to all the trouble of sending His Son merely to point an accusing finger, telling the world how bad it was. He came to help, to put the world right again.” | John 3:17, MSG

Yet for many Christians, this is exactly where they find themselves. It may be early into their Christian journey or many years later, but somewhere along the way, their perception of Christianity becomes misshapen and their sense of peace, fulfillment, and relief dissipates.

Religious life becomes exhausting; they feel overwhelmed, emotionally drained and trapped. They may begin to judge themselves or others around them by what they do, what they wear, what they say. They become consumed by rules, preoccupied with fault and blame, and heavily focused on performance – their own or others’. Something that was meant to empower them and set them free has rendered them powerless – they are stuck, with no way forward and no way out.

The simple truth of being ‘saved by grace through faith alone’ has been turned on its head, becoming ‘the gospel of acceptance with God through performance’. Their simple faith in Jesus as the only source of life and acceptance with God has become toxic. Or perhaps, sadly, they never had that simple faith to begin with.

Toxic Faith

Toxic faith is a destructive and dangerous relationship with a religious system, not with God, that allows this system to control a person’s life in the name of God. It is a system where another gospel is preached – not one of freedom and liberty and acceptance through grace, but one, in reality, of

enslavement to rituals and rules.

Seeking God's approval on the basis of your own religious behaviour is toxic faith. Anything that adds to our standing in the eyes of God, apart from the performance of Jesus on the cross, is legalistic teaching. A true and meaningful relationship with God can never be sustained on this basis.

This deconstruction of faith is not just a problem that modern Christians struggle with. The first-century church at Galatia also dealt with this issue and the damage caused by this 'false gospel' is catalogued throughout the letter written by Paul to the Galatians.

The tone of Paul's opening words is one of incredulity at the situation in which the Galatians find themselves.

"I am astonished that you are so quickly deserting the one who called you to live in the grace of Christ and are turning to a different gospel – which is really no gospel at all." | Galatians 1:6, NIV

The Greek word used here for 'desert' means 'to defect'; and it's a defection, not from a denomination or doctrine, but from 'Him who called you by grace'. It's a severing of the real and personal relationship a Christian has with God. And it's a distortion of the gospel Paul first preached to them, Christ's gospel, of forgiveness of sins by grace – by Jesus' performance – and not by their own. In fact, Paul says, it's really no gospel at all.

Paul takes the issue the Galatians are dealing with very seriously. When a spiritual life of grace and rest is replaced with a life of imposed works, it's a hugely serious issue.

But what was happening in Galatia for Paul to be so up-in-arms? What induced him to tackle the situation with such passion, to the point of stating the following words, not once

but twice?:

*“Even if we or an angel from heaven should preach **a gospel other than the one we preached to you**, let them be **under God’s curse!** As we have already said, so now I say again: If anybody is preaching to you **a gospel other than what you accepted**, let them be **under God’s curse!**” | Galatians 1: 8-9, NIV*

Law Versus Grace

Paul had been converted from a life steeped in [religious tradition](#) and law, a life that gave him privilege, prestige, and power. He had used that power to persecute the church of God, systematically destroying it, until one day He was confronted by the risen Jesus, and a message that was radically different to everything he thought he knew.

Paul learned that God was not an impersonal force to be used to make people behave in certain prescribed ways, but a personal saviour offering life and freedom through the saving work of Jesus. Paul discovered that right standing with God was not to be achieved through law-keeping – and, in fact, was impossible to be achieved this way – but by personal belief in God’s promises.

Paul learned of the **true gospel** – that of being ‘saved by grace through faith alone and not by works, lest any man should boast’ (Ephesians 2:8-9).

This is the gospel that He originally preached to the Galatians and which they had gladly received. Yet, it is with dismay that he hears that religious leaders of the old school had come into the church, reintroducing old ways, law-keeping, and an abundance of religious rules and regulations. One of these religious rules was the rite of circumcision, which they were insisting Christians should undertake. Circumcision, in that time, was the ultimate act of external religious

performance, and was being promoted as added 'proof of spirituality'.

'Yes', they would have said *'faith in Jesus is important and you absolutely must have it. But it's **not enough**. In order to find positive standing with God, you must also be circumcised'*.

In other words, there was a group in Galatia propounding the idea that right standing with God depends on what Jesus did **plus** additional 'spiritual acts' that are undertaken. This is completely in opposition to the message of the cross, that salvation comes through Jesus' performance, not our own:

"For Christ did not send me to baptise but to preach the gospel, and not with words of eloquent wisdom, lest the cross of Christ be emptied of its power. For the word of the cross is folly to those who are perishing, but to us who are being saved it is the power of God." | 1 Corinthians 1:17-18, ESV

"He himself bore our sins" in his body on the cross, so that we might die to sins and live for righteousness; "by his wounds you have been healed." | 1 Peter 2:24, NIV

This 'different gospel' was a serious perversion of God's gift of grace and a not-so-subtle manipulation of the relationship between the individual and God. No wonder Paul was furious.

"Is it not clear to you that to go back to that old rule-keeping, peer-pleasing religion would be an abandonment of everything personal and free in my relationship with God? I refuse to do that, to repudiate God's grace. If a living relationship with God could come by rule-keeping, then Christ died unnecessarily." | Galatians 2:21, MSG

The Collision Of Grace And Spiritual Performance

The word of God is living and active, and, like a powerful sword, it cuts right through [to the heart](#), judging the thoughts and purposes contained therein. It can be used as an instrument of grace, by reminding us of God's love and showing us how to bring order and purpose to our lives.

In the wrong hands, however, or wrongfully used, the word of God can be used in ungraceful ways, as a means of shaming others into performing someone else's agenda, in the name of God. In the hands of performance-based people, it can be used as a weapon in order to pressure people into acting differently or to get rid of them if they do not. It can be used to lay burdens on men 'too difficult to bear'.

"Woe to you experts in religious law as well! You load people down with burdens difficult to bear, yet you yourselves refuse to touch the burdens with even one of your fingers!" | Jesus, Luke 11:46, NET Bible

The appearance of Jesus on the Jewish scene was a dramatic collision between grace and spiritual performance. The conflicts the Pharisees initiated with Jesus were usually over minor issues such as fasting (Mark 2:18), sabbath keeping (Mark 2:24), eating with 'unclean' people (Mark 9:11), or attitudes towards civic duties, like paying taxes (Matthew 9:11) – all performance-driven markers of supposed spirituality.

The Pharisees 'majored on minors' because precise details of religious life were their passion, but in doing so, they were actually inverting spiritual values. They made uncompromising stands on matters of no particular spiritual importance, while issues of greatest significance were minimised.

Jesus called them out on their hypocrisy in the gospel of Matthew, where he says:

“Woe to you, teachers of the law and Pharisees, you hypocrites! You give a tenth of your spices – mint, dill and cumin. But you have neglected the more important matters of the law – justice, mercy and faithfulness. You should have practiced the latter, without neglecting the former. You blind guides! You strain out a gnat but swallow a camel.” | Matthew 23:24, NIV

Jesus, in contrast, set out the essential way that a person finds [right standing with God](#):

“I am the way, the truth, and the life. No one comes to the Father except through Me.” | John 14:6, BSB

“I am the gate. If anyone enters through Me, he will be saved. He will come in and go out and find pasture.” | John 10:9, NIV

“Jesus said to her, “I am the resurrection and the life. He who believes in Me will live, even though he dies.” | John 11:25, NIV

“And there is salvation in no one else, for there is no other name under heaven given among men by which we must be [saved](#).” | Acts 4:12, ESV

Jesus is the only way to find right standing with God. The name of Jesus is the only means by which humanity can be saved. Jesus’ performance, not our own, is what secures this extraordinary gift of grace.

Christians must not be drawn to extremes in a misguided zeal for religious purity but pay attention to the essentials that

Jesus so patiently explained. We must be on guard to avoid systems that employ the use of 'formulas' and 'doctrines' to press good people of faith into conformity with a system instead of conformity to Christ. Particularly, we must be on the lookout for cultures that promote or enable power posturing, performance preoccupation, unspoken rules, and a lack of balance.

"God's steward, an overseer (leader) must be above reproach – not self-absorbed, not quick-tempered, not given to drunkenness, not violent, not greedy for money. Instead, he must be hospitable, a lover of good, self-controlled, upright, holy, and disciplined. He must hold firmly to the trustworthy message as it was taught, so that by sound teaching he will be able to encourage others and refute those who contradict this message. For many are rebellious and full of empty talk and deception, especially those of the circumcision, who must be silenced." | Titus 17-10

*"Leaders are given to the church to protect the flock from legalists, who push religious performance as the means of right standing or favour with God. In Paul's letter to Titus, he says that the rebellious men **must be silenced**. Unfortunately, in many churches, not only are the leaders not protecting the flock against those who push religious performance, they are the pushers and in bondage to performance themselves." | Johnson & VanVonderen*

Jesus had no interest in setting up rigid religious and social guidelines for his followers. He chose instead to major on the significant agendas of the kingdom of God. Paul confirms Jesus' way of living in his final words to the Galatians:

"For my part, I am going to boast about nothing but the cross of our Master, Jesus Christ. Because of that cross, I have been crucified in relation to the world, set free from the stifling atmosphere of pleasing others and fitting into the

little patterns that they dictate. Can't you see the central issue in all this? It is not what you and I do – submit to circumcision, reject circumcision. It is what God is doing, and He is creating something totally new, a free life! All who walk by this standard are the true Israel of God – His chosen people. Peace and mercy on them!" | Galatians 6:14-16, MSG

"Then you will know the truth, and the truth will set you free." | John 8:32, NIV

Toxic: 'Mid 17th century: from medieval Latin toxicus 'poisoned', from Latin toxicum 'poison', from Greek toxikon (pharmakon) '(poison for) arrows', from toxon 'bow'. (Oxford Dictionary). 'Containing or being poisonous material especially when capable of causing death or serious debilitation' (Merriam-Webster Dictionary). **Faith:** 'Great trust or confidence in something or someone.' (Cambridge Dictionary)

Is Church-Going Still Relevant?

Despite Christianity still being Australia's largest religion (61.1% compared with 7.3% of all other religions combined), the proportion of Australians identifying as Christian has been steadily declining over the past century. Compared to 1911, when 96% of people identified as Christian, the 2001 census recorded the figure of 68% and the latest Census, taken in 2011, recorded a drop to 61.1%.

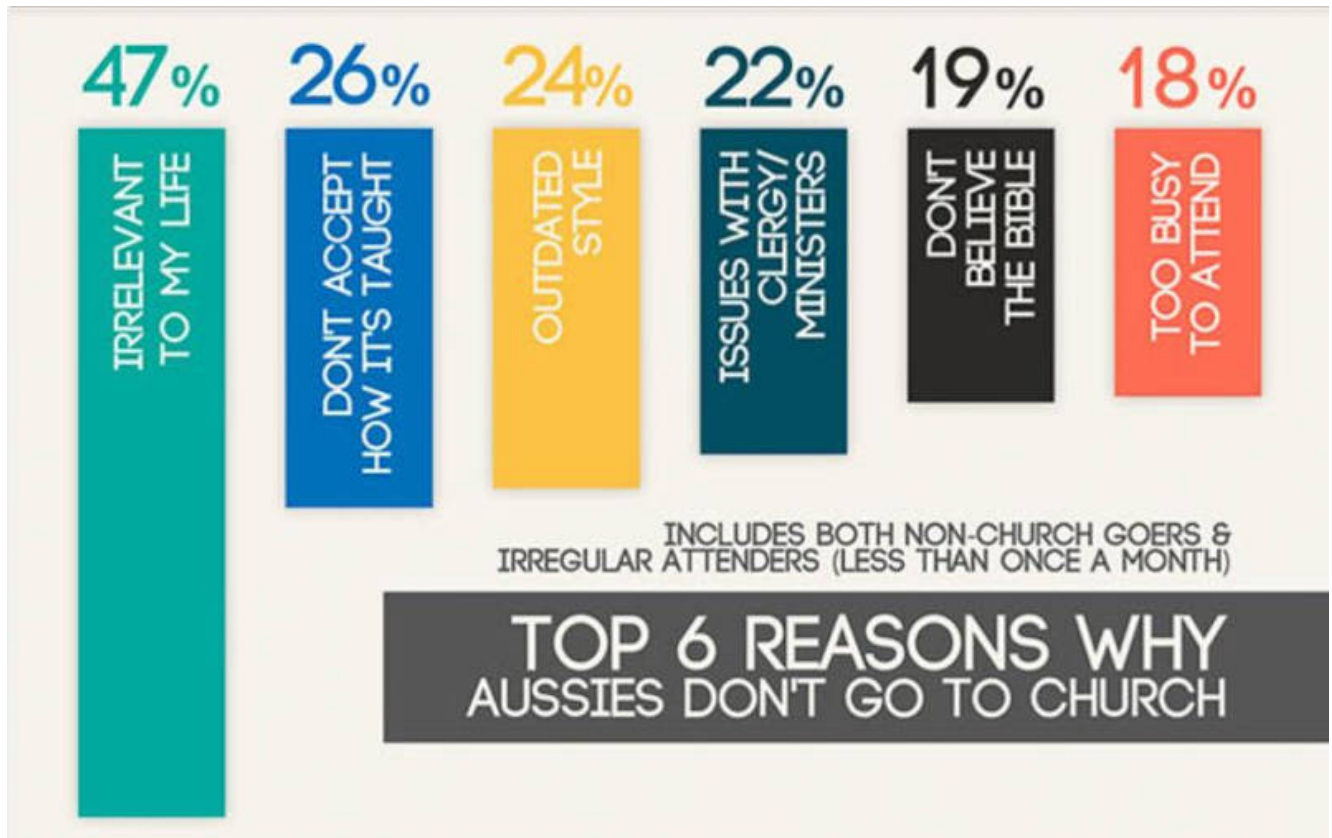
New figures released in 2017 show that some 7 million Australians (30.1% of the population), said they did not identify with any religion at all, a figure that's up from around 4.8 million (22.3%) in 2011's Census.

The average church attender's age has increased to 53 years and while the 70+ age group is still strongly represented, the younger generation is increasingly underrepresented. For example, 20-39 year olds make up about 34% of the national population but only 21% of church attenders.

Australia has more churches (13,000) than schools (9,500) yet church attendance has also declined. Those attending at least once per month has dropped by more than half when compared to [statistics](#) taken in 1972 (from 36% to the current attendance rate of 15%). Less than one in seven of the Australians who ticked "Christianity" on their census form regularly attend a church.

Six Top Reasons Why People Don't Go To Church

For many people (as much as 47%), church is considered to be irrelevant to their life. The following diagram shows the top six reasons why Aussies aren't going to church. This is a survey of both non-church goers and irregular attenders but these reasons are perhaps also relevant for those once-regular attendees who have dropped off.



Is Church-Going Still Relevant In 2019?

Nearly 50% of Australians believe the answer is 'no'. It's interesting to note in the following diagram that out of a list of 13 facilities and services that people agree a community needs, a local church comes in at 13 and 9 respectively (only scrapping ahead of English classes and migrant support, in the case of the latter). Clearly, for many people, church-going is not only personally irrelevant, it's also considered practically superfluous to a community's needs.



Church-going has become less relevant for Christians and non-Christians alike. Considerations such as meaningful engagement, purposeful worship, approachable ministry or authentic beliefs are all issues for people questioning the relevance of church and church attendance in their life.

Does Church-Going Make Me A Better Person?

It depends.

Similar to the colloquial, often humorous question “how long

is a piece of string?", the answer is; it depends. It depends on how you measure it.

Church-going, in and of itself, doesn't make a someone a better person (or Christian, for that matter). No-one would suggest that hanging out in the local soccer club means you'll become a better soccer player. Or that spending time every week in a car sales yard will make you a better driver. Attendance at church, in itself, really means nothing at all.

And, in fact, it could be argued that if you are attending because of the wrong motivations, then church-going could actually be detrimental for you. Going to church, just to keep your spouse or family happy, because you feel guilty if you don't, or because you feel a sense of religious obligation, are never meaningful reasons to attend. Religious obligation – a 'works-based' mindset – is often one of the major causes of [church burnout](#).

But when the *purpose* of church and church-going are both considered, we can measure the outcomes in a different way and get quite a different answer.

Church Is About People

The Greek word *ekklesia*, which has been translated as 'church' in our English Bibles, is found 114 times in the New Testament (the original word is actually translated *assembly* three times, *church* 74 times, *churches* 35 times, and *congregation* twice). The original definition is of *an assembly of people convened at a public place*, often for the purpose of deliberating.

The root meaning of *church* is not that of a building, but of people and it was used by the New Testament writers to describe the community of believers gathering together. These believers would meet in various places, such as homes (Romans 16:5) or the temple (Acts 2:42). It wouldn't be incorrect to

express their meetings in this way; that the early believers 'churched together' (or assembled together).

The word *church*, in time, also came to be used to describe the building in which Christian believers would meet and so 'church' is now understood to be either the people, the building or both.

Yet the biblical definition of 'church' is actually about the people – those who have placed their faith in Jesus Christ for salvation ([John 3:16](#); [1 Corinthians 12:13](#)). These people are the community of believers who gather together and the Apostle Paul describes it like the human body, a living thing – made up of real people ([1 Corinthians 12:12](#)). In fact, he devoted a whole chapter in the book of Corinthians (in the New Testament) to the principles and purpose of 'church' and how each 'member' is to be valued for the diversity and contribution they bring to 'the body'. In essence, church is about *relationship*.

"Church is not an event you go to. It's a family you belong to." – Rick Warren

What Is The Purpose Of Church?

The purpose of church (believers getting together) can be briefly summarised as follows:

- To honour God and His Son – 'worship'
- To grow community – 'fellowship'
- To develop personally – 'discipleship'
- To provide service to others – 'ministry'
- To share the [Good News](#) – 'evangelism'

These purposes are all outworked in the context of *relationship* – with God, His son and with each other. Church-going is about 'giving' and 'getting'. Church life is designed to enrich our lives, ease our burdens, and provide supportive

relationships for hard times. It develops character growth and maturity so that we can support others, when needed. Service within a church should be something that fills a person with joy and deep personal fulfillment – the natural outworking of a life based on being a certain kind of person, not doing certain kinds of things. Church life – life with Jesus – is for those who are weary and burdened – because in Jesus we find rest.

“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from Me; for I am gentle and humble in heart, and you will find rest for your souls....” – Jesus, Matthew 11:28-29

Church-going provides opportunity to undertake all the purposes that a community of believers consider to be important aspects of their Christian life.

So if we ask the question again – does church-going make me a better person? – the answer is *yes – depending on how you measure it.*

If going to church makes you feel like you have a place to belong, gives you support and encouragement, fosters a sense of individual growth and development ‘in Christ’, without judgment, and provides opportunity for you to extend God’s love to others, then yes, church-going can help you be a ‘better person’.

In this context, church-going is definitely still relevant and, it could be argued, essential for healthy, well functioning communities. Church – true church – helps people grow in the ways that matter most – in their relationship with God and Jesus and their relationship with others. This is the Bible’s definition of true happiness and a flourishing life.

“In the biblical sense, true human flourishing [happiness] and well-being can only be found in relationship with God and

through alignment with His coming kingdom..it is important to see that this flourishing can never occur fully apart from a proper relationship with the creator God. All of the Bible's vision of human flourishing both now and in the age to come either assumes or explicitly states this fact." – Jonathan Pennington, PhD, [A Biblical Theology Of Human Flourishing](#)

Overcoming Negative Experiences Of Church

For many people, however, church is not the experience they hoped or thought it would be. Rigid expectations, subtle (or not so subtle) spiritual manipulation, a performance-driven culture or unhealthy theology all combine to ensure the experience of 'church' is one of failure, disconnect, disappointment and isolation, from both community and God. This is a sad but nonetheless true fact and the experience of many people.

God's gift of freedom, found in His [gospel of grace](#), is easily perverted and often squandered by men or women placing religious burdens and [rituals](#) on their fellow man. Jesus condemned the religious leaders of his day for exactly this, commenting that *"they tie up heavy, burdensome loads and lay them on men's shoulders, but they themselves are not willing to lift a finger to move them..."* ([Matthew 23:4](#)).

God – and by extension, church – should not be an impersonal force to be used to make people behave in certain prescribed ways. God is a deeply real and loving Father who invites us into a personal relationship with Him and whose love and acceptance should be manifested by those who 'church together' in His name.

So, Is Church-Going Still Relevant?

"Christians need relationships to grow. We don't grow in isolation; we develop in the context of fellowship" – Rick

Communities also need relationships to flourish and grow, to provide stability and support, and to offer compassion and encouragement. Church can play an important part in people's lives, both Christian or non-Christian, to facilitate these endeavours. Not only that, with the weight of life's pressures and the uncertainty of life's big questions bearing down on people, church is often the place people will turn to '[find God](#)'.

Church is (or should be) the place where the Good News of God's salvation is joyfully lived and unconditionally offered – a place of support and fellowship for those who believe and a place of [welcome and hope](#) for those who don't. Discovering that God has a plan and purpose for you – if you want it – is the most empowering, life-changing realisation in the world!

"God's way is not a matter of mere talk; it's an empowered life." -1 Corinthians 4:20

God's love is demonstrated to the world through a Christian's application of it to others (John 13:35), and this love in operation becomes concrete evidence of [the power of God's message](#), as given through Jesus, to transform lives. 'Church' (a community of believers gathering together) provides a powerful opportunity to do that, and benefits believers and non-believers alike.

"If it isn't good news, it isn't the Gospel. The Gospel is about what God has done for us and what we can become in Christ; it's about Christ being the answer to our deepest needs. The Good News offers lost people what they are frantically searching for: forgiveness, freedom, security, purpose, love, acceptance and strength. It settles our past, assures our future, and gives meaning to today. It is the best news in the world." – Rick Warren, A Purpose Driven

If your experience of church or church-going has been one of hurt, you are not alone. Many people have experienced the disillusionment and distress of discovering that church is not perfect. Church is made up of humans; damaged and sinful by their very nature. In fact, it would be surprising to *not* find hurt within a church, given this fact. Not every church hurts people, but most churches have hurt someone at some point, simply because churches are made up of imperfect people. This reality can leave people reluctant to re-engage, afraid of being hurt again, wanting to protect themselves, and questioning the place of church or even God in their lives.

However, it's important to separate human failure from the love and freedom that God offers. Take time to recover from your negative experience. Let yourself heal. And then find a church where you are able to live freely, with a light heart in response to the [freedom and forgiveness given by God](#).

Be mindful though; if you are looking for another church because you don't feel you can really be "spiritual" without it, or you believe attending church makes God love you more, you really need to examine what true spirituality is and (re)acquaint yourself with what the [grace of God](#) means. If, however, you long for warm, accepting fellowship, spiritual encouragement and growth, and the opportunity to serve others in love, then you're on the right track.

While this approach should not minimise your experience or negate your feelings of hurt or pain, it does enable you to move past the burden of bitterness, which, in the end, will destroy peace, joy, freedom and life itself.

True Religion

Religion is defined as “a cultural system of designated behaviours and practices, world views, texts, sanctified places, prophecies, ethics, or organisations, that relates humanity to supernatural, transcendental, or spiritual elements.”

Yet, there is no actual consensus among scholars as to what precisely constitutes a religion.

Nearly 85% of the world’s population identifies as being religious, claiming affiliation with one of the five largest religions; [Christianity](#), [Islam](#), [Hinduism](#), [Buddhism](#) or forms of [folk religion](#). These different religions all have distinct rules, regulations and beliefs that form part of that particular religion.

Christianity is the world’s largest religion, with over 2.4 billion followers. Growing out of Judaism – its earliest converts were Jews who were followers of Jesus Christ in the first century – it quickly spread from Judea into Asia Minor and then further abroad. By the fourth century, Christianity had become the official state religion of the [Roman Empire](#). Christianity has, in fact, played a major role in the shaping of western civilisation.

What Is Religion?

When the [Latin](#) word *religio* found its way into the English language as *religion*, around the 1200s, it took the meaning of “life bound by monastic vows” or monastic orders. It eventually came to distinguish the domain of the church and the domain of civil authorities.

Yet the ancient and medieval world understood the word *religio* quite differently. For the ancients, it carried a meaning of *individual virtue of worship*, never as doctrine,

practice, or actual source of knowledge. In Hebrew, the language of the Old Testament, there is no precise equivalent of the English word *religion*. The Greek word *threskeia*, used in the New Testament, is sometimes translated as religion, however, the term was more correctly understood as 'worship', well into the medieval period.

In the Quran, the Arabic word [*din*](#) is often translated as religion in modern translations, but up until the mid-1600s, translators expressed *din* as law.

Religion, in itself, is a modern, western concept and it was understood in quite a different way by those who lived in the ancient world. Today, religion would perhaps be explained as a system of rules or practices governed by certain beliefs. The ancient world would have viewed this concept as *law* and saw *religion* quite differently; as the idea of worship or reverence of God or the gods, careful pondering of divine things and piety, or diligence.

Religion Has A Bad Reputation

Discussion about religion is often long, complex, divisive and inconclusive. It doesn't come as any surprise that the IPSOS Global Poll released in 2017 shows that a majority of Australians (63%) believe that religion does more harm than good. Only one in four Australians say religion defines them as a person.

Religion has been much maligned – and [*perhaps with good reason*](#). Unfortunately, when men and women get their hands on religion, it is often for the purpose of control and manipulation of others. Many [*terrible acts*](#) have been committed 'in the name of religion' and supposedly with a divine blessing – yet God is often furthest from the minds of those perpetrating such acts. In reality, God is often the last priority; intolerance is the driving force behind many actions that claim permission on religious grounds.

“Christianity itself has a long history of such intolerance, including persecution of Jews, crusades against Muslims, and the Thirty Years’ War, in which religious and nationalist rivalries combined to devastate Central Europe.” | [The New York Times](#)

What Is True Religion?

The aim of this article is not to impress on any reader the ‘rightness’ of our particular beliefs or doctrines. Whether a man or woman chooses to be religious, or not, should be a deeply personal consideration, without manipulation or coercion from others.

Rather, it is intended to be an honest examination of what ‘true religion’ should be for any committed Christian, professing belief in Jesus’ saving work and God’s divine plan for the world.

If we have accepted Jesus as our saviour, our beliefs and our practices must line up and work together in harmony. We must profess and practice true religion, not merely an inadequate form, which hasn’t touched our hearts. Timothy warns against a form of godliness, which appears righteous from the outside but in reality denies the power that godliness has to radically transform us (2 Timothy 3:2-5).

The word *religion* is only used a few times in the Bible. But the concept of religion, as it was originally understood, actually permeates the entire Bible. True religion, at its core, is about the relationship between God and ourselves and how this transforms us from the inside out.

This understanding began early on in the book of Genesis, where men began to call on the name of God (Genesis 4).

“Now men began to worship God, not only in their closets and families, but in public and solemn assemblies. The

worshippers of God began to distinguish themselves: so the margin reads it. 'Then began men to be called by the name of the Lord' – or, to call themselves by it. Now Cain and those that had deserted religion had built a city, and begun to declare for irreligion, and called themselves the sons of men. Those that adhered to God began to declare for Him and His worship, and called themselves the sons of God." | Benson Commentary

Another commentary has this to say:

"The name of God signifies in general 'the whole nature of God, by which He attests His personal presence in the relation into which He has entered with man, the divine self-manifestation, or the whole of that revealed side of the divine nature, which is turned towards man'. In Genesis 4, we have an account of the commencement of that worship of God which consists in prayer, praise, and thanksgiving, or in the acknowledgment and celebration of the mercy and help of God. Those of the family of Seth began, by united invocation of the name of God of grace, to found and to erect the [kingdom of God](#)." – Keil and Delitzsch Biblical Commentary on the Old Testament

True religion – pure religion – is the acknowledgment of our need for God's mercy, our worship of Him and what He has done for us and the application of His character in our lives, because of our thankfulness.

True religion is the seamless unity of believing *and* doing and it's demonstrated throughout the Bible by countless examples of [faithful men](#) and [women](#). (Hebrews 11:1-40). It's an **active faith**, shown by both word and deed and not just empty talk.

"Anyone who sets himself up as "religious" by talking a good game is self deceived. This kind of religion is hot air and only hot air. Real religion, the kind that passes muster

before God the Father, is this: Reach out to the homeless and loveless ('the fatherless and the widow') in their plight, and guard against corruption from the godless world." – James 1: 26-27, MSG

Jesus put it in another way:

"Love the Lord your God with all your heart and with all your soul and with all your mind. This is the first and greatest commandment. And the second is like it: 'Love your neighbour as yourself.'" Matthew 22:37-39, NIV

And again, in Hosea:

"For I desire mercy, not sacrifice, and the knowledge of God rather than burnt offerings." – Hosea 6:6, BSB

What True Religion Isn't

True religion isn't rules-based or rituals-based but is instead firmly rooted in faith. Faith, in response to God's action in our lives, [alters everything about us](#); our daily relationships, our perspective on life, our interactions with family, neighbours, friends and community. When God is present and completely sovereign in our lives, when we adhere to God and declare for Him and His worship, God calls us His children and part of His family. This is religion in its purest and most true form.

God's gift of freedom is easily perverted and often squandered by men or women placing religious burdens and rituals on their fellow man. Jesus condemned the religious leaders of his day for exactly this, commenting that *"they tie up heavy, burdensome loads and lay them on men's shoulders, but they themselves are not willing to lift a finger to move them..."* (Matthew 23:4).

God is not an impersonal force to be used to make people behave in certain prescribed ways. He is a deeply real and loving Father who invites us into a personal relationship with Him. It is always an invitation, never coercion or guilt-driven; we are given space and freedom to answer His invitation. [Through Jesus](#), we have been set free and are invited to participate in God's saving work with humanity.

How important it is for any sincere and genuine Christian to constantly promote this extraordinary message of God's grace and ensure we don't unwittingly return to a life of rule-keeping, which God finds no pleasure in.

What people need to see and experience from us is **true religion** – active, transformative and inspiring. The kind of religion that Jesus demonstrated every day.

*“Is it not clear to you that to go back to that old rule-keeping, peer-pleasing religion would be an abandonment of everything personal and free in my relationship with God? I refuse to do that, to repudiate God's grace. If a living relationship with God could come by rule-keeping, **then Christ died unnecessarily.**” | Galatians 2:21, MSG*

The modern concept of the meaning behind the word religion is an abstraction that involves distinct sets of beliefs or doctrines. Its usage, in this way, began with texts from the 17th century, resulting from events such as the splitting of Christendom during the Protestant Reformation and globalisation in the age of exploration.

However, the word religion, from the Latin *religio*, meaning ‘to bind’, is a word which in the ancient and medieval world was used to refer to *individual virtue of worship; respect for what was sacred, and a reverence for the divine*. It described an attitude of *being* rather than *creed*.

You may be interested to read more in the article: [From Religion To Cruciformity](#).